## Interval estimates

## V. Nestoridis

## § 1. Introduction

In this paper we prove that there exists an absolute constant l>0 such that, for every univalent  $H^1$  function f in the open unit disk D and every  $z_0 \in D$ , there are  $\vartheta \in \mathbf{R}$  and  $\varepsilon$ ,  $l(1-|z_0|) \leq \varepsilon \leq \pi$ , such that

$$f(z_0) = \frac{1}{2\varepsilon} \int_{-\varepsilon}^{\varepsilon} f(e^{i\vartheta} e^{it}) dt.$$

Let f be a holomorphic function in the open unit disk D which belongs to the Hardy class  $H^1([4])$ . According to [1] and [2], every value  $f(z_0)$ ,  $|z_0| < 1$ , is of the form

$$f(z_0) = \frac{1}{|I|} \int_I f(e^{i\vartheta}) d\vartheta,$$

where I is an interval on the unit circle with length |I|,  $0 < |I| \le 2\pi$ . A sketch of the proof is given in Prop. 1, § 2 below. The proof does not provide information on the size or the location of the interval I. Extensions of the previous result in [5, 6] are related to BMO, measures and holomorphic mappings in several variables; still they do not contain quantitative information on the size of I. Some preliminary quantitative results concerning univalent functions can be found in [7] and [8]. Their proof makes use of the classical distortion theorems and especially of the 1/4-Koebe theorem.

The purpose of the present paper is to furnish a brief and complete presentation of the above quantitative results on univalent functions; the general  $H^1$  case is, as far as I know, still open.

The main result, thus, states that if f is  $H^1$  and univalent then  $|I| \ge 2l(1-|z_0|)$ , where l>0 is an absolute constant independent of f and  $z_0$ . In the particular case where  $f(z) = \log(1-z)$ , the length |I| is exactly of the order of  $(1-|z_0|)$ ; however, I do not know the best value of the constant l.