

# Laws of the iterated logarithm for symmetric jump processes

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Based on two-sided heat kernel estimates for a class of symmetric jump processes on metric measure spaces, the laws of the iterated logarithm (LILs) for sample paths, local times and ranges are established. In particular, the LILs are obtained for  $\beta$ -stable-like processes on  $\alpha$ -sets with  $\beta > 0$ .

*Keywords:* law of the iterated logarithm; local time; range; sample path; stable-like process; symmetric jump processes

## 1. Introduction and setting

The law of the iterated logarithm (LIL) describes the magnitude of the fluctuations of stochastic processes. The original statement of LIL for a random walk is due to Khinchin in [26]. In this paper, we discuss various types of the LILs for a large class of symmetric jump processes.

We first recall some known results on LILs of stable processes, which are related to the topics of our paper. Let  $X := (X_t)_{t \geq 0}$  be a strictly  $\beta$ -stable process on  $\mathbb{R}$  in the sense of Sato ([36], Definition 13.1) with  $0 < \beta < 2$  and  $\nu((0, \infty)) > 0$  for the Lévy measure  $\nu$  of  $X$ . Then the following facts are well known (see [36], Propositions 47.16 and 47.21).

**Proposition 1.1.** (1) *Let  $h$  be a positive continuous and increasing function on  $(0, \delta]$  for some  $\delta > 0$ . Then*

$$\limsup_{t \rightarrow 0} \frac{|X_t|}{h(t)} = 0 \quad a.s. \quad \text{or} \quad = \infty \quad a.s.$$

*according to  $\int_0^\delta h(t)^{-\beta} dt < \infty$  or  $= \infty$ , respectively.*

(2) *Assume that  $X$  is not a subordinator. Then there exists a constant  $c \in (0, \infty)$  such that*

$$\liminf_{t \rightarrow 0} \frac{\sup_{0 < s \leq t} |X_s|}{(t / \log |\log t|)^{1/\beta}} = c \quad a.s.$$

Proposition 1.1(1) was obtained by Khinchin in [27]. A multidimensional version of Proposition 1.1(2) was first proved by Taylor in [39], and then a refined version of Proposition 1.1(2) for

(non-symmetric) Lévy processes was established by Wee in [40]. We refer the reader to [1,10, 11,37] and the references therein. Recently, the results in Proposition 1.1 have been extended to some class of Feller processes (see [29] and the references therein).

When  $\beta > 1$ , a local time of  $X$  exists, and various LILs for the local time are known. In the next result, we concentrate on a symmetric  $\beta$ -stable process  $X$  on  $\mathbb{R}$ .

**Proposition 1.2.** *Assume  $\beta \in (1, 2)$ . Then, there exist a local time  $\{l(x, t) : x \in \mathbb{R}, t > 0\}$  and constants  $c_1, c_2 \in (0, \infty)$  such that*

$$\limsup_{t \rightarrow \infty} \frac{\sup_y l(y, t)}{t^{1-1/\beta} (\log \log t)^{1/\beta}} = c_1 \quad a.s. \tag{1.1}$$

and

$$\liminf_{t \rightarrow \infty} \frac{\sup_y l(y, t)}{t^{1-1/\beta} (\log \log t)^{-1+1/\beta}} = c_2 \quad a.s. \tag{1.2}$$

In [23], Griffin showed that (1.2) holds, and in [41] Wee has extended (1.2) to a large class of Lévy processes. As applications of the large deviation method, (1.1) was proved by Donsker and Varadhan in [17]. For the case of diffusions, LILs for the local time have further considered on metric measure spaces including fractals based on the large deviation technique (see [8,20]); however, the corresponding work for (non-Lévy) jump processes is still not available. It would be very interesting to see to what extent the above results for Lévy processes are still true for general jump processes, for example, see [42], page 306. Thus, we are concerned with the following:

**Question 1.1.** *If the generator of the process  $X$  is perturbed so that the corresponding process with new generator is no longer a Lévy process, do the results in Propositions 1.1 and 1.2 still hold?*

In this paper, we consider this problem for a large class of symmetric Markov jump processes on metric measure spaces via heat kernel estimates.

In order to explain our results explicitly, let us first give the framework. Let  $(M, d)$  be a locally compact, separable and connected metric space, and let  $\mu$  be a Radon measure on  $M$  with full support. We assume that  $B(x, r)$  is relatively compact for all  $x \in M$  and  $r > 0$ . Let  $(\mathcal{E}, \mathcal{F})$  be a symmetric regular Dirichlet form on  $L^2(M, \mu)$ . By the Beurling–Deny formula, such form can be decomposed into three terms – the strongly local term, the pure-jump term and the killing term (see [19], Theorem 4.5.2). Throughout this paper, we consider the form that consists of the pure-jump term only; namely there exists a symmetric Radon measure  $n(\cdot, \cdot)$  on  $M \times M \setminus \text{diag}$ , where  $\text{diag}$  denotes the diagonal set  $\{(x, x) : x \in M\}$ , such that

$$\mathcal{E}(u, v) = \int_{M \times M \setminus \text{diag}} (u(x) - u(y))(v(x) - v(y))n(dx, dy) \tag{1.3}$$

for all  $u, v \in \mathcal{F} \cap C_c(M)$ . We denote the associated Hunt process by  $X = (X_t, t \geq 0; \mathbf{P}^x, x \in M; \mathcal{F}_t, t \geq 0)$ . Then there is a properly exceptional set  $\mathcal{N} \subset M$  such that the associated Hunt

process is uniquely determined up to any starting point outside  $\mathcal{N}$ . Let  $(P_t)_{t \geq 0}$  be the semigroup corresponding to  $(\mathcal{E}, \mathcal{F})$ , and set  $\mathbb{R}_+ = (0, \infty)$ . A heat kernel (a transition density) of  $X$  is a non-negative symmetric measurable function  $p(t, x, y)$  defined on  $\mathbb{R}_+ \times M \times M$  such that

$$P_t f(x) = \int_M p(t, x, z) f(z) \mu(dz),$$

$$p(t + s, x, y) = \int_M p(t, x, z) p(s, z, y) \mu(dz),$$

for any Borel function  $f$  on  $M$ , for all  $s, t > 0$ , all  $x \in M \setminus \mathcal{N}$  and  $\mu$ -almost all  $y \in M$ .

We will use “:=” to denote a definition, which is read as “is defined to be”. For  $a, b \in \mathbb{R}$ ,  $a \wedge b := \min\{a, b\}$  and  $a \vee b := \max\{a, b\}$ . The following is our main theorem for the case of  $\beta$ -stable like processes on  $\alpha$ -sets.

**Theorem 1.3 ( $\beta$ -stable-like processes on  $\alpha$ -sets).** *Let  $(M, d, \mu)$  be as above. Consider a symmetric regular Dirichlet form  $(\mathcal{E}, \mathcal{F})$  on  $L^2(M, \mu)$  that has the transition density function  $p(t, x, y)$ . We assume  $\mu$  and  $p(t, x, y)$  satisfy that:*

(i) *there is a constant  $\alpha > 0$  such that*

$$c_1 r^\alpha \leq \mu(B(x, r)) \leq c_2 r^\alpha, \quad x \in M, r > 0, \tag{1.4}$$

(ii) *there also exists a constant  $\beta > 0$  such that for all  $x, y \in M$  and  $t > 0$ ,*

$$c_3 \left( t^{-\alpha/\beta} \wedge \frac{t}{d(x, y)^{\alpha+\beta}} \right) \leq p(t, x, y) \leq c_4 \left( t^{-\alpha/\beta} \wedge \frac{t}{d(x, y)^{\alpha+\beta}} \right). \tag{1.5}$$

*Then, we have the following statements.*

(1) *If  $\varphi$  is a strictly increasing function on  $(0, 1)$  satisfying*

$$\int_0^1 \frac{1}{\varphi(s)^\beta} ds < \infty \quad (\text{resp.} = \infty), \tag{1.6}$$

*then*

$$\limsup_{t \rightarrow 0} \frac{\sup_{0 < s \leq t} d(X_s, x)}{\varphi(t)} = 0 \quad (\text{resp.} = \infty), \quad \mathbf{P}^x\text{-a.e. } \omega, \forall x \in M. \tag{1.7}$$

*Similarly, if  $\varphi$  is defined on  $(1, \infty)$  and the integral in (1.6) is over  $[1, \infty)$ , then (1.7) holds for  $t \rightarrow \infty$  instead of  $t \rightarrow 0$ .*

(2) *There exist constants  $c_5, c_6 \in (0, \infty)$  such that for all  $x \in M$  and  $\mathbf{P}^x$ -a.e.,*

$$\liminf_{t \rightarrow 0} \frac{\sup_{0 < s \leq t} d(X_s, x)}{(t / \log |\log t|)^{1/\beta}} = c_5, \quad \liminf_{t \rightarrow \infty} \frac{\sup_{0 < s \leq t} d(X_s, x)}{(t / \log \log t)^{1/\beta}} = c_6.$$

(3) Assume  $\alpha < \beta$ . Then, there exist a local time  $\{l(x, t) : x \in M, t > 0\}$  and constants  $c_7, c_8, c_9, c_{10} \in (0, \infty)$  such that for all  $x \in M$  and  $\mathbf{P}^x$ -a.e.,

$$\begin{aligned} \limsup_{t \rightarrow \infty} \frac{\sup_y l(y, t)}{t^{1-\alpha/\beta} (\log \log t)^{\alpha/\beta}} &= c_7, & \liminf_{t \rightarrow \infty} \frac{\sup_y l(y, t)}{t^{1-\alpha/\beta} (\log \log t)^{-1+\alpha/\beta}} &= c_8, \\ \limsup_{t \rightarrow \infty} \frac{R(t)}{t^{\alpha/\beta} (\log \log t)^{1-\alpha/\beta}} &= c_9, & \liminf_{t \rightarrow \infty} \frac{R(t)}{t^{\alpha/\beta} (\log \log t)^{-\alpha/\beta}} &= c_{10}, \end{aligned}$$

where  $R(t) := \mu(X([0, t]))$  is the range of the process  $X$ .

Note that in [13], (1.5) is proved for stable-like processes, that is,

$$\mathcal{E}(u, v) = \int_{M \times M \setminus \{x=y\}} (\tilde{u}(x) - \tilde{u}(y))(\tilde{v}(x) - \tilde{v}(y))n(dx, dy), \quad \forall u, v \in \mathcal{F}, \tag{1.8}$$

where  $\tilde{u}$  is a quasi-continuous version of  $u \in \mathcal{F}$ , and the Lévy measure  $n(\cdot, \cdot)$  satisfies

$$c'_1 \frac{\mu(dx)\mu(dy)}{d(x, y)^{\alpha+\beta}} \leq n(dx, dy) \leq c'_2 \frac{\mu(dx)\mu(dy)}{d(x, y)^{\alpha+\beta}},$$

for  $\beta \in (0, 2)$ .  $\beta$ -stable-like processes are perturbations of  $\beta$ -stable processes, and clearly they are no longer Lévy processes in general. Stable-like processes are analogues of uniformly elliptic divergence forms in the framework of jump processes. We emphasize here that, in Theorem 1.3 above, we do not assume  $\beta < 2$  in general (see, for example, Example 5.3). Indeed, in this paper we will consider more general jump processes that include jump processes of mixed types on metric measure spaces, which are given in Section 5.

For the case of diffusions that enjoy the so-called sub-Gaussian heat kernel estimates, LILs corresponding to Theorem 1.3 have been established in [8,20]. However, since the proof uses Donsker–Varadhan’s large deviation theory for Markov processes, some self-similarity of the process is assumed in these papers (see [8], (4.4) and [20], (1.7)). In the present paper, we will not assume such a self-similarity on the process  $X$ . Instead we consider a family of scaling processes and take a (somewhat classical) “bare-hands” approach.

The remainder of the paper is organized as follows. In Section 2, we give the assumptions on estimates of heat kernels we will use, and present their consequences. In Section 3, we establish LILs for sample paths. Section 4 is devoted to the LILs of maximums of local times and ranges of processes. The LILs for jump processes of mixed types on metric measure spaces are given in Section 5 to illustrate the power of our results. Some of the proofs and technical lemmas are left in the Appendix.

Throughout this paper, we will use  $c$ , with or without subscripts and superscripts, to denote strictly positive finite constants whose values are insignificant and may change from line to line. We write  $f \asymp g$  if there exist constants  $c_1, c_2 > 0$  such that  $c_1g(x) \leq f(x) \leq c_2g(x)$  for all  $x$ .

## 2. Heat kernel estimates and their consequences

Let  $(M, d)$  be a locally compact, separable and connected metric space, and let  $\mu$  be a Radon measure on  $M$  with full support such that for any  $x \in M$  and  $r > 0$ ,

$$C_*^{-1}V(r) \leq \mu(B(x, r)) \leq C_*V(r), \tag{2.1}$$

where  $C_* \geq 1$  and  $V : \mathbb{R}_+ \rightarrow \mathbb{R}_+$  is a strictly increasing function satisfying that there exists a constants  $c > 1$  so that

$$V(0) = 0, \quad V(\infty) = \infty \quad \text{and} \quad V(2r) \leq cV(r) \quad \text{for every } r > 0. \tag{2.2}$$

Note that (2.2) is equivalent to the following: there exist constants  $c, d > 0$  such that

$$V(0) = 0, \quad V(\infty) = \infty \quad \text{and} \quad \frac{V(R)}{V(r)} \leq c\left(\frac{R}{r}\right)^d \quad \text{for all } 0 < r < R. \tag{2.3}$$

Let  $(\mathcal{E}, \mathcal{F})$  be a symmetric regular Dirichlet form on  $L^2(M, \mu)$ . In this paper we will consider the following type of estimates for heat kernels: there exists a properly exceptional set  $\mathcal{N}$  and, for given  $T \in (0, \infty]$ , there exist positive constants  $C_1$  and  $C_2$  such that for all  $x \in M \setminus \mathcal{N}$ ,  $\mu$ -almost all  $y \in M$  and  $t \in (0, T)$ ,

$$p(t, x, y) \leq C_1 \left( \frac{1}{V(\phi^{-1}(t))} \wedge \frac{t}{V(d(x, y))\phi(d(x, y))} \right), \tag{2.4}$$

$$C_2 \left( \frac{1}{V(\phi^{-1}(t))} \wedge \frac{t}{V(d(x, y))\phi(d(x, y))} \right) \leq p(t, x, y), \tag{2.5}$$

where  $\phi : \mathbb{R}_+ \rightarrow \mathbb{R}_+$  is a strictly increasing function.

We now state the first set of our assumptions on heat kernels.

**Assumption 2.1.** *There exists a transition density  $p(t, x, y) : \mathbb{R}_+ \times M \times M \rightarrow [0, \infty]$  of the semigroup of  $(\mathcal{E}, \mathcal{F})$  satisfying (2.4) and (2.5) with  $T = \infty$ , and (2.2).*

**Assumption 2.2.**  *$\phi(0) = 0$ , and there exist constants  $c_0 \in (0, 1)$  and  $\theta > 1$  such that for every  $r > 0$*

$$\phi(r) \leq c_0\phi(\theta r). \tag{2.6}$$

It is easy to see that under (2.6),  $\lim_{r \rightarrow \infty} \phi(r) = \infty$ , and there exist constants  $c_0, d_0 > 0$  such that

$$c_0 \left( \frac{R}{r} \right)^{d_0} \leq \frac{\phi(R)}{\phi(r)} \quad \text{for all } 0 < r < R,$$

e.g. the proof of [24], Proposition 5.1.

In this section, we assume the above heat kernel estimates and discuss the consequences. Sometimes we only consider two-sided estimates on the heat kernel for short time. We say that

Assumption 2.1 holds with  $T < \infty$ , if there exists a transition density  $p(t, x, y) : \mathbb{R}_+ \times M \times M \rightarrow [0, \infty]$  of the semigroup of  $(\mathcal{E}, \mathcal{F})$  satisfying (2.4) and (2.5) with  $T < \infty$ , and (2.2). We emphasize that the constants appearing in the statements of this section only depend on heat kernel estimates (2.4) and (2.5).

Before we go on, let us note that (2.4) and (2.5) can be proved in a rather wide framework.

**Theorem 2.3 ([14], Theorem 1.2).** *Let  $(M, d, \mu)$  be a metric measure space given above with  $\mu(M) = \infty$ . We assume that  $\mu(B(x, r)) \asymp V(r)$  for all  $x \in M$  and  $r > 0$  where  $V$  satisfies (2.8) below. We also assume that there exist  $x_0 \in M$ ,  $\kappa \in (0, 1]$  and an increasing sequence  $r_n \rightarrow \infty$  as  $n \rightarrow \infty$  so that for every  $n \geq 1$ ,  $0 < r < 1$  and  $x \in \overline{B}(x_0, r_n)$ , there is some ball  $B(y, \kappa r) \subset B(x, r) \cap \overline{B}(x_0, r_n)$ . Let  $(\mathcal{E}, \mathcal{F})$  be a symmetric regular Dirichlet form on  $L^2(M, \mu)$  such that  $\mathcal{E}$  is given by (1.8) and the Lévy measure  $n(\cdot, \cdot)$  satisfies*

$$c_1 \frac{\mu(dx)\mu(dy)}{V(d(x, y))\phi(d(x, y))} \leq n(dx, dy) \leq c_2 \frac{\mu(dx)\mu(dy)}{V(d(x, y))\phi(d(x, y))}. \tag{2.7}$$

Assume further that  $\phi$  satisfies (2.10) below and that  $\int_0^r (s/\phi(s)) ds \leq c_3 r^2/\phi(r)$  for all  $r > 0$ . Then there exists a jointly continuous heat kernel  $p(t, x, y)$  that enjoys the estimates (2.4) and (2.5) with  $T = \infty$ .

**Remark 2.4.** In [14], Theorem 1.2, an additional assumption was made on the space  $(M, d)$  such that it enjoys some scaling property (see [14], page 282). However, such assumption can be removed by introducing a family of scaled distances as in (4.17) below instead of assuming the existence of a family of scaled spaces, and by discussing similarly to the proof of Proposition 4.8 below.

### 2.1. General case

In this subsection, we state consequences of Assumptions 2.1 and 2.2. The proofs of next two propositions are given in Appendix A.1. We note that Proposition 2.5 and its proof are due to [15].

**Proposition 2.5.** *If  $p(t, x, y)$  satisfies (2.5) with  $T = \infty$  (in particular, if Assumption 2.1 is satisfied), then the process  $X$  is conservative, that is, for any  $x \in M \setminus \mathcal{N}$  and  $t > 0$ ,*

$$\int p(t, x, y)\mu(dy) = 1.$$

**Proposition 2.6.** *Let  $p(t, x, y)$  satisfy Assumptions 2.1 and 2.2 above. Then, we have  $\text{Diam}(M) = \infty$  and  $\mu(M) = \infty$ . Moreover, there exist constants  $c_1, c_2 > 0$ ,  $d_2 \geq d_1 > 0$  such that*

$$c_1 \left(\frac{R}{r}\right)^{d_1} \leq \frac{V(R)}{V(r)} \leq c_2 \left(\frac{R}{r}\right)^{d_2} \quad \text{for every } 0 < r < R < \infty. \tag{2.8}$$

**Proposition 2.7.** *Assume that the regular Dirichlet form  $(\mathcal{E}, \mathcal{F})$  given by (1.3) enjoys the heat kernel  $p(t, x, y)$  such that Assumption 2.1 is satisfied. Then, the jump measure  $n(dx, dy)$  satisfies (2.7).*

For the assertion of  $n(dx, dy)$ , using the heat kernel estimates, we can follow the proof of [6], Theorem 1.2(a)  $\Rightarrow$  (c).

### 2.2. The case that $\phi$ satisfies the doubling property

Throughout this subsection, we assume that  $\phi$  satisfies the doubling property.

**Assumption 2.8.** *There is a constant  $c > 1$  so that*

$$\phi(2r) \leq c\phi(r) \quad \text{for every } r > 0. \tag{2.9}$$

Note that, (2.9) implies that for any  $\theta > 1$  there exists  $c_0 = c_0(\theta) > 1$  such that for every  $r > 0$ ,  $\phi(\theta r) \leq c_0\phi(r)$ . If Assumptions 2.2 and 2.8 are satisfied, then it is easy to see (also see the proof of [24], Proposition 5.1) that  $\phi$  satisfies the following inequality

$$c_3 \left(\frac{R}{r}\right)^{d_3} \leq \frac{\phi(R)}{\phi(r)} \leq c_4 \left(\frac{R}{r}\right)^{d_4} \tag{2.10}$$

for all  $0 < r \leq R$  and some positive constants  $c_i, d_i$  ( $i = 3, 4$ ).

In this subsection, we state consequences of Assumptions 2.1, 2.2 and 2.8. The proofs of Propositions 2.9, 2.11 and 2.12 in this subsection are also given in Appendix A.1.

We first prove the Hölder estimates for  $p(t, x, y)$ . As a result, under Assumptions 2.1, 2.2 and 2.8, even in the case that Assumption 2.1 holds with  $T < \infty$  and that the process  $X$  is conservative, the property exceptional set  $\mathcal{N}$  can be taken to be the empty set, and so (2.4) and (2.5) hold for all  $x, y \in M$  and  $t > 0$ . We will frequently use this fact without explicitly mentioning it.

**Proposition 2.9.** *Suppose Assumptions 2.1, 2.2 and 2.8 hold. Then there exist constants  $\theta \in (0, 1]$  and  $c > 0$  such that for all  $t \geq s > 0$  and  $x_i, y_i \in M$  with  $i = 1, 2$*

$$\begin{aligned} &|p(t, x_1, y_1) - p(s, x_2, y_2)| \\ &\leq \frac{c}{V(\phi^{-1}(s))\phi^{-1}(s)^\theta} (\phi^{-1}(t - s) + d(x_1, x_2) + d(y_1, y_2))^\theta. \end{aligned} \tag{2.11}$$

In particular, for all  $t > 0$  and  $x_i, y_i \in M$  with  $i = 1, 2$

$$|p(t, x_1, y_1) - p(t, x_2, y_2)| \leq \frac{c}{V(\phi^{-1}(t))} \left(\frac{d(x_1, x_2) + d(y_1, y_2)}{\phi^{-1}(t)}\right)^\theta. \tag{2.12}$$

Furthermore, (2.11) and (2.12) still hold true for any  $0 < s < t \leq T$ , if Assumptions 2.2 and 2.8 are satisfied, Assumption 2.1 only holds with  $T < \infty$  and the process  $X$  is conservative.

Using Proposition 2.9, we can get the following theorem.

**Theorem 2.10 (Zero–one law for tail events).** *Let  $p(t, x, y)$  satisfy Assumptions 2.1, 2.2 and 2.8 above, and let  $A$  be a tail event. Then, either  $\mathbf{P}^x(A)$  is 0 for all  $x$  or else it is 1 for all  $x \in M$ .*

For an open set  $D$ , we define

$$p^D(t, x, y) := p(t, x, y) - \mathbf{E}^x \left( p(t - \tau_D, X_{\tau_D}, y) : \tau_D < t \right), \quad t > 0, x, y \in D, \quad (2.13)$$

where  $\tau_D := \inf\{s > 0 : X_s \notin D\}$ . Using the strong Markov property of  $X$ , it is easy to verify that  $p^D(t, x, y)$  is the transition density for  $X^D$ , the subprocess of  $X$  killed upon leaving an open set  $D$ .  $p^D(t, x, y)$  is also called the Dirichlet heat kernel of the process  $X$  killed on exiting  $D$ . The following two statements present a lower bound for the near diagonal estimate of Dirichlet heat kernels and detailed controls of the distribution of the maximal process.

**Proposition 2.11.** *If Assumptions 2.1, 2.2 and 2.8 hold, then there exist constants  $\delta_0, c_0 > 0$  such that for any  $x \in M$  and  $r > 0$ ,*

$$p^{B(x,r)}(\delta_0\phi(r), x', y') \geq c_0V(r)^{-1}, \quad x', y' \in B(x, r/2). \quad (2.14)$$

Furthermore, if Assumptions 2.2 and 2.8 are satisfied, Assumption 2.1 only holds for  $T < \infty$  and the process  $X$  is conservative, then (2.14) holds for all  $x \in M$  and  $r \geq 0$  with  $\delta_0\phi(r) \in (0, T)$ .

**Proposition 2.12.** *If Assumptions 2.1, 2.2 and 2.8 hold, then there exist some constants  $c_0 > 0$  and  $a_1^*, a_2^* \in (0, 1)$  such that for all  $x \in M, r > 0$  and  $n \geq 1$ ,*

$$a_1^{*n} \leq \mathbf{P}^x \left( \sup_{0 \leq s \leq c_0n\phi(r)} d(X_s, x) \leq r \right) \leq a_2^{*n}. \quad (2.15)$$

Furthermore, if Assumptions 2.2 and 2.8 are satisfied, Assumption 2.1 only holds for  $T < \infty$  and the process  $X$  is conservative, then (2.15) holds for all  $x \in M, n \geq 1$  and  $r > 0$  with  $c_0n\phi(r) \leq T$ .

Let us introduce a space–time process  $Z_s = (V_s, X_s)$ , where  $V_s = V_0 + s$ . The law of the space–time process  $s \mapsto Z_s$  starting from  $(t, x)$  will be denoted by  $\mathbf{P}^{(t,x)}$ . For any  $r, \delta > 0$  and  $x \in M$ , we define

$$Q_\delta(t, x, r) = [t, t + \delta\phi(r)] \times B(x, r).$$

We say that a non-negative Borel measurable function  $h(t, x)$  on  $[0, \infty) \times M$  is parabolic in a relatively open subset  $D$  of  $[0, \infty) \times M$ , if for every relatively compact open subset  $D_1 \subset D$ ,  $h(t, x) = \mathbf{E}^{(t,x)}h(Z_{\hat{\tau}_{D_1}})$  for every  $(t, x) \in D_1$ , where  $\hat{\tau}_{D_1} = \inf\{s > 0 : Z_s \notin D_1\}$ .

We now state the following parabolic Harnack inequality.

**Proposition 2.13.** *Assume that Assumptions 2.1, 2.2 and 2.8 hold. For every  $0 < \delta < 1$ , there exists  $c_1 > 0$  such that for every  $z \in M, R > 0$  and every non-negative function  $h$  on  $[0, \infty) \times M$ ,*

that is parabolic on  $[0, 3\delta\phi(R)] \times B(z, 2R)$ ,

$$\sup_{(t,y) \in Q_\delta(\delta\phi(R), z, R)} h(t, y) \leq c_1 \inf_{y \in B(z, R)} h(0, y).$$

By Assumptions 2.1, 2.2 and 2.8 and Proposition 2.7, the density  $J(x, y)$  of the jump measure  $n(dx, dy)$  satisfies the following upper jump smoothness (**UJS**): there exists a constant  $c_1 > 0$  such that for  $\mu$ -a.e.  $x, y \in M$ ,

$$J(x, y) \leq \frac{c_1}{V(r)} \int_{B(x,r)} J(z, y)\mu(dz) \quad \text{whenever } r \leq \frac{1}{2}d(x, y).$$

Noting that  $J(x, y) = \lim_{r \rightarrow 0} \frac{1}{\mu(B(x,r))} \int_{B(x,r)} J(z, y)\mu(dz)$  for  $\mu$ -a.e.  $x, y \in M$ , (**UJS**) is a kind of smooth assumption on the upper bound of jump kernel  $J(x, y)$ . Let  $c$  be the constant in Assumption 2.8, and  $c_0 \in (0, 1)$  be the constant such that for almost all  $x \in M$  and  $r > 0$ ,

$$\mathbf{P}^x(\tau_{B(x,r/2)} \leq c_0\phi(r)) \leq 1/2, \tag{2.16}$$

see e.g. (3.4) below. Since the density  $J(x, y)$  of the jump measure  $n(dx, dy)$  satisfies (**UJS**), Proposition 2.13 can be proved by following the arguments of [14], Theorem 4.12 and [12], Theorem 5.2. See [14], Appendix B and [12], Section 5, for more details. In fact, as explained in the first paragraph of [12], Theorem 5.2, one can first consider the case that  $h$  is non-negative and bounded on  $[0, \infty) \times F$  and establish the result for  $\delta \leq c_0/c$ . Once this is done, one can extend it to all  $\delta < 1$  and any non-negative parabolic function (not necessarily bounded) by a simple chaining argument and the argument in the step 3 of the proof of [12], Theorem 5.2, respectively.

### 3. Laws of the iterated logarithm for sample paths

In this section, we discuss LILs for sample paths of the process  $X$ . Instead of assuming full heat kernel estimates as in Assumption 2.1, we give the estimates that are needed in each statement. Throughout this paper (except Proposition A.4 below), we will always assume that the reference measure  $\mu$  satisfies the uniform volume doubling property in (2.1) and that  $V$  is a strictly increasing function that satisfies (2.2).

#### 3.1. Upper bound for limsup behavior

In this subsection, we assume that the heat kernel  $p(t, x, y)$  on  $(M, d, \mu)$  satisfies the following upper bound estimate for all  $x \in M \setminus \mathcal{N}$ ,  $\mu$ -almost all  $y \in M$  and all  $t \in (a, b)$  with  $a < b$ ,

$$p(t, x, y) \leq \frac{Ct}{V(d(x, y))\phi(d(x, y))}, \tag{3.1}$$

where  $C > 0$ , and  $\phi : \mathbb{R}_+ \rightarrow \mathbb{R}_+$  is a strictly increasing functions satisfying (2.10).

**Theorem 3.1.** *Assume that the process  $X$  is conservative. Then the following statements hold.*

(1) *If  $a = 0$  and  $\phi$  is an increasing function on  $(0, 1)$  such that*

$$\int_0^1 \frac{1}{\phi(\varphi(t))} dt < \infty, \tag{3.2}$$

then

$$\limsup_{t \rightarrow 0} \frac{\sup_{0 \leq s \leq t} d(X_s, x)}{\phi(t)} = 0, \quad \mathbf{P}^x\text{-a.e. } \omega, \forall x \in M \setminus \mathcal{N}.$$

(2) *If  $b = \infty$  and  $\phi$  is an increasing function on  $(1, \infty)$  such that*

$$\int_1^\infty \frac{1}{\phi(\varphi(t))} dt < \infty,$$

then

$$\limsup_{t \rightarrow \infty} \frac{\sup_{0 \leq s \leq t} d(X_s, x)}{\phi(t)} = 0, \quad \mathbf{P}^x\text{-a.e. } \omega, \forall x \in M \setminus \mathcal{N}.$$

**Proof.** We only prove (1), since (2) can be verified similarly. Let us first check that there is a constant  $c_1 > 0$  such that for all  $x \in M \setminus \mathcal{N}$ ,  $r > 0$  and  $t \in (0, b)$ ,

$$\int_{B(x,r)^c} p(t, x, z) \mu(dz) \leq \frac{c_1 t}{\phi(r)}. \tag{3.3}$$

If  $t \geq \phi(r)$ , then the right-hand side of (3.3) is greater than 1 by taking  $c_1 > 1$ , so we may assume that  $t \leq \phi(r)$ . Without loss of generality, we also assume that  $b = 1$ . It follows from (3.1) and the increasing property of  $V$  that, for all  $x \in M \setminus \mathcal{N}$ ,  $\mu$ -almost all  $z \in M$  with  $d(x, z) \geq s$  and each  $t \in (0, 1)$ ,

$$p(t, x, z) \leq \frac{Ct}{V(s)\phi(s)}.$$

This upper bound, along with the uniform volume doubling property of  $\mu$  (e.g., (2.1) and (2.3)) and (2.10), yields that

$$\begin{aligned} \int_{B(x,r)^c} p(t, x, z) \mu(dz) &\leq \sum_{k=0}^\infty \int_{B(x, \theta^{k+1}r) \setminus B(x, \theta^k r)} p(t, x, z) \mu(dz) \\ &\leq \sum_{k=0}^\infty \frac{C}{V(\theta^k r)} \frac{t}{\phi(\theta^k r)} \mu(B(x, \theta^{k+1}r) \setminus B(x, \theta^k r)) \\ &\leq \sum_{k=0}^\infty \frac{c_2 V(\theta^{k+1}r)}{V(\theta^k r)} \frac{t}{\phi(\theta^k r)} \leq c_3 \sum_{k=0}^\infty c_0^k \frac{t}{\phi(r)} \leq \frac{c_4 t}{\phi(r)}. \end{aligned}$$

Recall that  $\tau_{B(x,r)} = \inf\{t > 0 : X_t \notin B(x,r)\}$ . By (3.3) and the strong Markov property and the conservativeness of  $X$ , for all  $x \in M \setminus \mathcal{N}$ ,  $t \in (0, 1)$  and  $r > 0$ ,

$$\begin{aligned} & \mathbf{P}^x(\tau_{B(x,r)} \leq t) \\ &= \mathbf{P}^x(\tau_{B(x,r)} \leq t, X_{2t} \in B(x, r/2)^c) + \mathbf{P}^x(\tau_{B(x,r)} \leq t, X_{2t} \in B(x, r/2)) \\ &\leq \mathbf{P}^x(\tau_{B(x,r)} \leq t, d(X_{2t}, x) \leq r/2) + \mathbf{P}^x(d(X_{2t}, x) \geq r/2) \\ &\leq \mathbf{P}^x(\tau_{B(x,r)} \leq t, d(X_{2t}, X_{\tau_{B(x,r)}}) \geq r/2) + \frac{2c_1t}{\phi(r/2)} \\ &\leq \sup_{s \leq t, d(z,x) \geq r} \mathbf{P}^z(d(X_{2t-s}, z) \geq r/2) + \frac{2c_1t}{\phi(r/2)} \leq \frac{c_5t}{\phi(r/2)}. \end{aligned} \tag{3.4}$$

(Note that the conservativeness is used in the equality above. Indeed, without the assumption of the conservativeness, there must be an extra term

$$\mathbf{P}^x(\tau_{B(x,r)} \leq t, \zeta \leq 2t)$$

in the right-hand side of the equality above, where  $\zeta$  is the lifetime of the process  $X$ .)

Set  $s_k = 2^{-k-1}$  for all  $k \geq 1$ . By (3.4), we have that, for all  $x \in M \setminus \mathcal{N}$

$$\mathbf{P}^x\left(\sup_{0 < s \leq s_k} d(X_s, x) \geq 2\varphi(s_k)\right) = \mathbf{P}^x(\tau_{B(x, 2\varphi(s_k))} \leq s_k) \leq \frac{c_5s_k}{\phi(\varphi(s_{k+1}))}.$$

By the assumption (3.2) and the Borel–Cantelli lemma,

$$\mathbf{P}^x\left(\sup_{0 < s \leq s_k} d(X_s, x) \leq 2\varphi(s_k) \text{ except finite } k \geq 1\right) = 1,$$

which implies that

$$\limsup_{t \rightarrow 0} \frac{\sup_{0 \leq s \leq t} d(X_s, x)}{\varphi(t)} \leq 2, \quad \mathbf{P}^x\text{-a.e. } \omega, \forall x \in M \setminus \mathcal{N}.$$

Therefore, the required assertion follows by considering  $\varepsilon\varphi(r)$  for small  $\varepsilon > 0$  instead of  $\varphi(r)$  and using (2.10). □

**Remark 3.2.** From (3.3), one can easily get similar statements for the limsup behavior of  $d(X_t, x)$  for both  $t \rightarrow 0$  and  $t \rightarrow \infty$ .

### 3.2. Lower bound for limsup behavior

We begin with the assumption that the heat kernel  $p(t, x, y)$  on  $(M, d, \mu)$  satisfies the following off-diagonal lower bound estimate: there are constants  $a, C > 0$  such that for every  $x \in M \setminus \mathcal{N}$ ,

$\mu$ -almost all  $y \in M$  and all  $t \in (a, \infty)$ ,

$$p(t, x, y) \geq \frac{Ct}{V(d(x, y))\phi(d(x, y))}, \quad d(x, y) \geq \phi^{-1}(t), \quad (3.5)$$

where  $V$  and  $\phi$  are strictly increasing functions satisfying (2.8) and (2.9), respectively. The statement below presents lower bound for the limsup behavior of maximal process for  $t \rightarrow \infty$ .

**Theorem 3.3.** *Let  $p(t, x, y)$  satisfy the lower bound estimate (3.5) above. If  $\varphi$  is an increasing function on  $(1, \infty)$  satisfying*

$$\int_1^\infty \frac{1}{\phi(\varphi(t))} dt = \infty, \quad (3.6)$$

then for all  $x \in M \setminus \mathcal{N}$

$$\limsup_{t \rightarrow \infty} \frac{\sup_{0 < s \leq t} d(X_s, x)}{\varphi(t)} = \limsup_{t \rightarrow \infty} \frac{d(X_t, x)}{\varphi(t)} = \infty, \quad \mathbf{P}^x\text{-a.e. } \omega. \quad (3.7)$$

**Proof.** Without loss of generality, we can assume that  $a = 1$  and  $\phi(1) = 1$ . First, choose  $r_0 \geq 2$  such that  $r_0^{-d_1} < c_1$ , where  $d_1$  and  $c_1$  are constants given in (2.8). By (2.8) and (2.9), we have that for all  $s \geq 1$

$$\begin{aligned} \int_{r \geq s} \frac{1}{V(r)\phi(r)} dV(r) &= \sum_{k=0}^\infty \int_{r \in [r_0^k s, r_0^{k+1} s)} \frac{1}{V(r)\phi(r)} dV(r) \\ &\geq \sum_{k=0}^\infty \frac{V(r_0^{k+1} s) - V(r_0^k s)}{V(r_0^{k+1} s)\phi(r_0^{k+1} s)} \\ &\geq \left(1 - \frac{1}{c_1 r_0^d}\right) \sum_{k=0}^\infty \frac{1}{\phi(r_0^{k+1} s)} \\ &\geq \frac{1}{c_0} \left(1 - \frac{1}{c_1 r_0^d}\right) \sum_{k=0}^\infty c^{-(1+\log_2 r_0)(k+1)} \frac{1}{\phi(s)} \\ &=: c_2 \frac{1}{\phi(s)}. \end{aligned}$$

In particular,

$$\inf_{t \geq 1} \int_{r \geq \phi^{-1}(t)} \frac{t}{V(r)\phi(r)} dV(r) > 0, \quad (3.8)$$

and by (3.6),

$$\int_1^\infty dt \int_{r \geq \varphi(t)} \frac{1}{V(r)\phi(r)} dV(r) = \infty. \quad (3.9)$$

For any  $k \geq 1$ , set  $B_k = \{d(X_{2^{k+1}}, X_{2^k}) \geq \varphi(2^{k+1}) \vee \phi^{-1}(2^{k+1})\}$ . Then for every  $x \in M \setminus \mathcal{N}$  and  $k \geq 1$ , by the Markov property,

$$\begin{aligned} \mathbf{P}^x(B_k | \mathcal{F}_{2^k}) &\geq \inf_z \mathbf{P}^z(d(X_{2^k}, z) \geq \varphi(2^{k+1}) \vee \phi^{-1}(2^{k+1})) \\ &\geq C \int_{r \geq \varphi(2^{k+1}) \vee \phi^{-1}(2^{k+1})} \frac{2^k}{V(r)\phi(r)} dV(r). \end{aligned}$$

If there exist infinitely many  $k \geq 1$  such that  $\varphi(2^{k+1}) \leq \phi^{-1}(2^{k+1})$ , then, by (3.8), for infinitely many  $k \geq 1$ ,

$$\mathbf{P}^x(B_k | \mathcal{F}_{2^k}) \geq C \int_{r \geq \phi^{-1}(2^{k+1})} \frac{2^k}{V(r)\phi(r)} dV(r) \geq \frac{C}{2} \inf_{t \geq 1} \int_{r \geq \phi^{-1}(t)} \frac{t}{V(r)\phi(r)} dV(r) =: c_3 > 0$$

and so

$$\sum_{k=1}^{\infty} \mathbf{P}^x(B_k | \mathcal{F}_{2^k}) = \infty. \tag{3.10}$$

If there is  $k_0 \geq 1$  such that for all  $k \geq k_0$ ,  $\varphi(2^{k+1}) > \phi^{-1}(2^{k+1})$ , then

$$\mathbf{P}^x(B_k | \mathcal{F}_{2^k}) \geq C \int_{r \geq \varphi(2^{k+1})} \frac{2^k}{V(r)\phi(r)} dV(r) = \frac{C}{2} \int_{r \geq \varphi(2^{k+1})} \frac{2^{k+1}}{V(r)\phi(r)} dV(r).$$

Combining this with (3.9), we also get (3.10). Therefore, by the second Borel–Cantelli lemma,  $\mathbf{P}^x(\limsup B_n) = 1$ . Whence, for infinitely many  $k \geq 1$ ,

$$d(X_{2^{k+1}}, x) \geq \frac{1}{2}(\varphi(2^{k+1}) \vee \phi^{-1}(2^{k+1}))$$

or

$$d(X_{2^k}, x) \geq \frac{1}{2}(\varphi(2^{k+1}) \vee \phi^{-1}(2^{k+1})) \geq \frac{1}{2}(\varphi(2^k) \vee \phi^{-1}(2^k)).$$

In particular,

$$\limsup_{t \rightarrow \infty} \frac{d(X_t, x)}{\varphi(t) \vee \phi^{-1}(t)} \geq \limsup_{k \rightarrow \infty} \frac{d(X_{2^k}, x)}{\varphi(2^k) \vee \phi^{-1}(2^k)} \geq \frac{1}{2}.$$

By the inequality above, we immediately get that for all  $x \in M \setminus \mathcal{N}$

$$\limsup_{t \rightarrow \infty} \frac{\sup_{0 < s \leq t} d(X_s, x)}{\varphi(t)} \geq \limsup_{t \rightarrow \infty} \frac{d(X_t, x)}{\varphi(t)} \geq \frac{1}{2}, \quad \mathbf{P}^x\text{-a.e. } \omega.$$

Therefore, (3.7) follows by considering  $k\varphi(r)$  for large enough  $k > 1$  instead of  $\varphi(r)$  and using (2.9). □

To consider the lower bound for limsup behavior of maximal process for  $t \rightarrow 0$ , we need the following two-sided off-diagonal estimate for the heat kernel  $p(t, x, y)$  on  $(M, d, \mu)$ , that is, for

every  $x \in M \setminus \mathcal{N}$ ,  $\mu$ -almost all  $y \in M$  and each  $t \in (0, b)$  with some constant  $b > 0$ ,

$$\frac{C_1 t}{V(d(x, y))\phi(d(x, y))} \leq p(t, x, y) \leq \frac{C_2 t}{V(d(x, y))\phi(d(x, y))}, \quad d(x, y) \geq \phi^{-1}(t), \quad (3.11)$$

where  $V$  and  $\phi$  are strictly increasing functions satisfying (2.8) and (2.9), respectively.

**Theorem 3.4.** *Let  $p(t, x, y)$  satisfy two-sided off-diagonal estimate (3.11) above. If  $\varphi$  is an increasing function on  $(0, 1)$  satisfying*

$$\int_0^1 \frac{1}{\phi(\varphi(t))} dt = \infty, \quad (3.12)$$

then for all  $x \in M \setminus \mathcal{N}$ ,

$$\limsup_{t \rightarrow 0} \frac{\sup_{0 < s \leq t} d(X_s, x)}{\varphi(t)} = \limsup_{t \rightarrow 0} \frac{d(X_t, x)}{\varphi(t)} = \infty, \quad \mathbf{P}^x\text{-a.e. } \omega. \quad (3.13)$$

To prove Theorem 3.4, we will adopt the following generalized Borel–Cantelli lemma.

**Lemma 3.5 ([35], Theorem 2.1 or [43], Theorem 1).** *Let  $A_1, A_2, \dots$  be a sequence of events satisfying conditions  $\sum_{n=1}^\infty \mathbf{P}(A_n) = \infty$  and  $\mathbf{P}(A_k \cap A_j) \leq C\mathbf{P}(A_k)\mathbf{P}(A_j)$  for all  $k, j > L$  such that  $k \neq j$  and for some constants  $C \geq 1$  and  $L$ . Then,  $\mathbf{P}(\limsup A_n) \geq 1/C$ .*

**Proof of Theorem 3.4.** For simplicity, we may and will assume that  $b = 1$ ,  $\phi(1) = 1$  and  $2^{-d_1} < c_1$ , where  $d_1$  and  $c_1$  are constants given in (2.8). Then, similar to the proof of Theorem 3.3, under assumptions of the theorem, we have

$$\inf_{t \in (0, 1]} \int_{r \geq \phi^{-1}(t)} \frac{t}{V(r)\phi(r)} dV(r) > 0, \quad (3.14)$$

and, by (3.12),

$$\int_0^1 dt \int_{r \geq \varphi(t)} \frac{1}{V(r)\phi(r)} dV(r) = \infty. \quad (3.15)$$

For some  $t \in (0, 1)$  and any  $k \geq 1$ , set  $s_k = 2^{-k}t$  and

$$A_k = \{d(X_{s_k}, X_{s_{k+1}}) \geq \varphi(s_k) \vee \phi^{-1}(s_k)\}.$$

By the Markov property and the lower bound in (3.11), for all  $x \in M \setminus \mathcal{N}$ ,

$$\begin{aligned} \mathbf{P}^x(A_k) &\geq \inf_z \mathbf{P}^z(d(X_{s_{k+1}}, z) \geq \varphi(s_k) \vee \phi^{-1}(s_k)) \\ &\geq C_1 \inf_z \int_{d(y, z) \geq \varphi(s_k) \vee \phi^{-1}(s_k)} \frac{s_{k+1}}{V(d(z, y))\phi(d(z, y))} \mu(dy) \\ &\geq c_2 \int_{r \geq \varphi(s_k) \vee \phi^{-1}(s_k)} \frac{s_k}{V(r)\phi(r)} dV(r) =: c_2 c_{1, s_k}. \end{aligned}$$

In particular, if  $\varphi(\theta) \geq \phi^{-1}(\theta)$ , then

$$c_{1,\theta} = \int_{r \geq \varphi(\theta)} \frac{\theta}{V(r)\phi(r)} dV(r);$$

if  $\varphi(\theta) \leq \phi^{-1}(\theta)$ , then

$$c_{1,\theta} = \int_{r \geq \phi^{-1}(\theta)} \frac{\theta}{V(r)\phi(r)} dV(r). \tag{3.16}$$

Combining these two estimates above with (3.14) and (3.15) yields that

$$\sum_{k=1}^{\infty} \mathbf{P}^x(A_k) = \infty.$$

On the other hand, for any  $k < j$ , by the Markov property and the upper bound for the heat kernel (3.11),

$$\begin{aligned} \mathbf{P}^x(A_k \cap A_j) &\leq \mathbf{E}^x(\mathbb{1}_{A_j} \mathbf{P}^{X_{s_k}}(d(X_{s_{k+1}}, X_0) \geq \varphi(s_k) \vee \phi^{-1}(s_k))) \\ &\leq \mathbf{P}^x(A_j) \sup_z \mathbf{P}^z(d(X_{s_{k+1}}, z) \geq \varphi(s_k) \vee \phi^{-1}(s_k)) \\ &\leq c_3 \mathbf{P}^x(A_j) c_{1,s_k} \leq c_3^2 c_{1,s_j} c_{1,s_k}. \end{aligned}$$

From this and (3.16), we can easily see that there is a constant  $C_0 \geq 1$  such that

$$\mathbf{P}^x(A_k \cap A_j) \leq C_0 \mathbf{P}^x(A_k) \mathbf{P}^x(A_j).$$

Therefore, according to Lemma 3.5,  $\mathbf{P}^x(\limsup A_n) \geq 1/C_0$ , which along with the Blumenthal 0–1 law implies that  $\mathbf{P}^x(\limsup A_n) = 1$ . Whence, for infinitely many  $k \geq 1$ ,

$$d(X_{s_k}, x) \geq \frac{1}{2}(\varphi(s_k) \vee \phi^{-1}(s_k))$$

or

$$d(X_{s_{k+1}}, x) \geq \frac{1}{2}(\varphi(s_k) \vee \phi^{-1}(s_k)) \geq \frac{1}{2}(\varphi(s_{k+1}) \vee \phi^{-1}(s_{k+1})).$$

In particular,

$$\limsup_{t \rightarrow 0} \frac{d(X_t, x)}{\varphi(t) \vee \phi^{-1}(t)} \geq \limsup_{k \rightarrow \infty} \frac{d(X_{s_k}, x)}{\varphi(s_k) \vee \phi^{-1}(s_k)} \geq \frac{1}{2}.$$

Hence, (3.13) follows by considering  $k\varphi(r)$  for large  $k > 1$  instead of  $\varphi(r)$  and using (2.9).  $\square$

**Remark 3.6.** The proof of Theorem 3.3 is based only on off-diagonal lower bound of the heat kernel estimate for long time, while in the proof of Theorem 3.4 explicit two-sided off-diagonal estimate of the heat kernel for small time is used. Unlike the case of Theorem 3.3, we do not know how to prove Theorem 3.4 by using only the off-diagonal lower bound of the heat kernel estimate.

### 3.3. Liminf laws of the iterated logarithm

In this part, we discuss Chung-type liminf laws of the iterated logarithm. To this end, we assume that the heat kernel  $p(t, x, y)$  on  $(M, d, \mu)$  satisfies the following two-sided estimates with  $T \in (0, \infty]$ : for every  $x \in M \setminus \mathcal{N}$ ,  $\mu$ -almost all  $y \in M$  and each  $0 < t < T$ ,

$$\begin{aligned}
 C_1 \left( \frac{1}{V(\phi^{-1}(t))} \wedge \frac{t}{V(d(x, y))\phi(d(x, y))} \right) &\leq p(t, x, y), \\
 p(t, x, y) &\leq C_2 \left( \frac{1}{V(\phi^{-1}(t))} \wedge \frac{t}{V(d(x, y))\phi(d(x, y))} \right),
 \end{aligned}
 \tag{3.17}$$

where  $V$  and  $\phi$  are strictly increasing functions satisfying (2.8) and (2.10), respectively.

**Theorem 3.7.** *Assume that the process  $X$  is conservative. Let  $p(t, x, y)$  satisfy two-sided estimate (3.17) above with  $0 < T < \infty$ . Then there exists a constant  $c \in (0, \infty)$  such that*

$$\liminf_{t \rightarrow 0} \frac{\sup_{0 < s \leq t} d(X_s, x)}{\phi^{-1}(t/\log|\log t|)} = c, \quad \mathbf{P}^x\text{-a.e. } \omega, \forall x \in M.$$

**Proof.** The following proof is based on the idea of proofs in [18], Chapter 3 (see also the proof of [29], Theorem 2). Without loss of generality, we can assume that  $T = 1$ , and  $\mathcal{N} = \emptyset$  due to Proposition 2.9.

Let  $(a_k)_{k \geq 1}$  be the sequence defined by  $a_k = \phi^{-1}(e^{-k^2})$  so that  $\phi(a_k) = e^{-k^2}$ . For any  $k \geq 1$ , set  $\lambda_k = \frac{2}{3|\log a_1^*|} \log(1+k)$ ,  $u_k = c_0 \lambda_k e^{-k^2}$  and  $\sigma_k = \sum_{i=k+1}^{\infty} u_i$ , where  $c_0 > 0$  and  $a_1^* \in (0, 1)$  are the constants in Proposition 2.12. We will prove that there are  $\xi, c_1 \in (0, \infty)$  such that for all  $x \in M$

$$\mathbf{P}^x \left( \sup_{2a_{2m} \leq r \leq 2a_m} \frac{\tau_{B(x,r)}}{\phi(r) \log|\log \phi(r)|} \leq \xi \right) \leq c_1 \exp(-m^{1/4}), \quad m \geq 1.$$

For  $k \geq 1$ , let  $G_k = \{\sup_{\sigma_k \leq s \leq \sigma_{k-1}} d(X_s, X_{\sigma_k}) > a_k\}$ . By the Markov property, the conservativeness of the process  $X$  and Proposition 2.12, for all  $x \in M$ ,

$$\begin{aligned}
 \mathbf{P}^x(G_k) &\leq \sup_z \mathbf{P}^z \left( \sup_{0 \leq s \leq u_k} d(X_s, z) > a_k \right) \\
 &= 1 - \inf_z \mathbf{P}^z \left( \sup_{0 \leq s \leq u_k} d(X_s, z) \leq a_k \right) \\
 &= 1 - a_1^{*\lambda_k} = 1 - (1+k)^{-2/3} \leq \exp(-c_2 k^{-2/3}).
 \end{aligned}$$

For  $k \geq 1$ , let  $H_k = \{\sup_{0 < s \leq \sigma_k} d(X_s, x) > a_k\}$ . Then, for all  $x \in M$  and for all  $k \geq 1$ ,

$$\mathbf{P}^x(H_k) \leq \frac{c_3 \sigma_k}{\phi(a_k)} \leq \frac{c_4 \sum_{i=1}^{\infty} e^{-(k+i)^2} \log(1+k+i)}{e^{-k^2}} \leq c_5 e^{-k},$$

where the first inequality follows from (3.4) and the doubling property of  $\phi$ .

For  $m \geq 1$ , define  $A_m = \bigcap_{k=m}^{2m} D_k$ , where  $D_k = \{\sup_{0 < s \leq \sigma_{k-1}} d(X_s, x) > 2a_k\}$ . Since  $D_k \subset G_k \cup H_k$ ,  $A_m \subset (\bigcap_{k=m}^{2m} G_k) \cup (\bigcup_{k=m}^{2m} H_k)$ . By using the Markov property again, we find that for all  $x \in M$ ,

$$\begin{aligned} \mathbf{P}^x(A_m) &\leq \mathbf{P}^x\left(\bigcap_{k=m}^{2m} G_k\right) + \mathbf{P}^x\left(\bigcup_{k=m}^{2m} H_k\right) \\ &\leq \prod_{k=m}^{2m} \exp(-c_2 k^{-2/3}) + c_5 \sum_{k=m}^{2m} e^{-k} \leq c_6 \exp(-m^{1/4}). \end{aligned}$$

Therefore,

$$\begin{aligned} c_6 \exp(-m^{1/4}) &\geq \mathbf{P}^x\left(\bigcap_{k=m}^{2m} \left\{ \frac{\sup_{0 < s \leq \sigma_{k-1}} d(X_s, x)}{2a_k} > 1 \right\}\right) \\ &= \mathbf{P}^x\left(\inf_{m \leq k \leq 2m} \frac{\sup_{0 < s \leq \sigma_{k-1}} d(X_s, x)}{2a_k} > 1\right) \\ &= \mathbf{P}^x\left(\sup_{m \leq k \leq 2m} \frac{\tau_{B(x, 2a_k)}}{\sigma_{k-1}} < 1\right) \geq \mathbf{P}^x\left(\sup_{m \leq k \leq 2m} \frac{\tau_{B(x, 2a_k)}}{u_k} < 1\right) \\ &\geq \mathbf{P}^x\left(\sup_{2a_{2m} \leq r \leq 2a_m} \frac{\tau_{B(x, r)}}{\phi(r) \log |\log \phi(r)|} \leq \xi\right) \end{aligned}$$

for some  $\xi \in (0, \infty)$ . Using this equality, by the Borel–Cantelli lemma, we conclude that

$$\limsup_{r \rightarrow 0} \frac{\tau_{B(x, r)}}{\phi(r) \log |\log \phi(r)|} \geq \xi.$$

On the other hand, with  $l_k := \phi^{-1}(e^{-k})$  for  $k \geq 1$ , we have

$$B_k := \left\{ \sup_{l_{k+1} \leq r \leq l_k} \frac{\tau_{B(x, r)}}{\phi(r) \log |\log \phi(r)|} \geq b \right\} \subset \left\{ \tau_{B(x, l_k)} \geq b e^{-1} \phi(l_k) \log |\log \phi(l_k)| \right\}.$$

Taking  $b = -4/\log a_2^*$  where  $a_2^* \in (0, 1)$  is the constant in Proposition 2.12, we know from Proposition 2.12 that  $\mathbf{P}^x(B_k) \leq k^{-4/e}$ . Thus, by the Borel–Cantelli lemma again,

$$\limsup_{r \rightarrow 0} \frac{\tau_{B(x, r)}}{\phi(r) \log |\log \phi(r)|} \in [\xi, b],$$

which implies that

$$\limsup_{r \rightarrow 0} \frac{\tau_{B(x, r)}}{\phi(r) \log |\log \phi(r)|} = C, \quad \mathbf{P}^x\text{-a.e. } \omega, \forall x \in M,$$

for some constant  $C > 0$ , also thanks to the Blumenthal 0–1 law. The desired assertion follows from the equality above.  $\square$

For the behavior of  $\liminf$  for maximal process with  $t \rightarrow \infty$ , we have the following conclusion similar to Theorem 3.7.

**Theorem 3.8.** *Let  $p(t, x, y)$  satisfy two-sided estimate (3.17) for all  $t > 0$ , that is,  $T = \infty$ . Then there exists a constant  $c \in (0, \infty)$  such that*

$$\liminf_{t \rightarrow \infty} \frac{\sup_{0 < s \leq t} d(X_s, x)}{\phi^{-1}(t/\log \log t)} = c, \quad \mathbf{P}^x\text{-a.e. } \omega, \forall x \in M.$$

**Proof.** Since the proof is the same as that of Theorem 3.7 with some modifications, we just highlight a few differences. Note that, by Proposition 2.5, the process  $X$  is conservative. With the notions in the argument above, we define the sequences  $a_k, \sigma_k$  and sets  $G_k, D_k$  as  $\phi(a_k) = e^{k^2}$ ,  $\sigma_k = \sum_{i=1}^{k-1} u_i$  and

$$G_k = \left\{ \sup_{\sigma_k \leq s \leq \sigma_{k+1}} d(X_s, X_{\sigma_k}) > a_k \right\}, \quad D_k = \left\{ \sup_{0 < s \leq \sigma_{k+1}} d(X_s, x) > 2a_k \right\},$$

respectively. To conclude the proof, we use Theorem 2.10 instead of Blumenthal 0–1 law.  $\square$

**Remark 3.9.** It can be easily observed that the behavior of  $\limsup$  does not change if we consider  $\sup_{0 < s \leq t} d(X_s, x)$  instead of  $d(X_t, x)$ . However, the  $\liminf$  behavior for  $d(X_t, x)$  can be different from that of  $\sup_{0 < s \leq t} d(X_s, x)$ . For instance, if the process  $X$  is recurrent, that is,  $\int_1^\infty \frac{1}{V(\phi^{-1}(t))} dt = \infty$ , then for all  $x \in M \setminus \mathcal{N}$ ,  $\liminf_{t \rightarrow \infty} d(X_t, x) = 0$ .

### 4. Laws of the iterated logarithm for local times

In this section, we discuss the LILs for local time. We assume Assumptions 2.1, 2.2 and 2.8 throughout the section. Recall that, under Assumptions 2.1, 2.2 and 2.8, (2.8) holds for  $V$  by Proposition 2.6, and (2.10) is satisfied for  $\phi$  by the remark below Assumption 2.8. Note that (2.8) and (2.10) are equivalent to the existence of constants  $c_5, \dots, c_8 > 1$  and  $L_0 > 1$  such that for every  $r > 0$ ,

$$c_5\phi(r) \leq \phi(L_0r) \leq c_6\phi(r) \quad \text{and} \quad c_7V(r) \leq V(L_0r) \leq c_8V(r).$$

In particular,

$$\int_r^\infty \frac{dV(s)}{V(s)\phi(s)} \asymp \frac{1}{\phi(r)}, \quad r > 0. \tag{4.1}$$

### 4.1. Estimates for resolvent densities

For  $\lambda > 0$ , we define the  $\lambda$ -resolvent density (i.e., the density function of the  $\lambda$ -resolvent operator) by

$$u^\lambda(x, y) = \int_0^\infty e^{-\lambda t} p(t, x, y) dt.$$

For each  $A \subset M$ , set

$$\tau_A := \inf\{t > 0 : X_t \notin A\}, \quad \sigma_A := \inf\{t > 0 : X_t \in A\}$$

and

$$\sigma_A^0 := \inf\{t \geq 0 : X_t \in A\}.$$

For simplicity, we write  $\sigma_x^0 := \sigma_{\{x\}}^0$ .

For an open subset  $A \subset M$  with  $A \neq M$ , define

$$u_A(x, y) = \int_0^\infty p^A(t, x, y) dt, \quad x, y \in A,$$

where  $p^A(t, \cdot, \cdot)$  is the Dirichlet heat kernel of the process  $X$  killed on exiting  $A$ , see (2.13).

**Proposition 4.1.** *Suppose that*

$$\int_0^\infty e^{-\lambda t} \frac{1}{V(\phi^{-1}(t))} dt \asymp \frac{\lambda^{-1}}{V(\phi^{-1}(\lambda^{-1}))}, \quad \lambda > 0. \tag{4.2}$$

*Then the following three statements hold.*

(i) *There exist  $c_1, c_2 > 0$  such that*

$$c_1 \frac{\phi(r)}{V(r)} \leq u_{B(x,r)}(x, x) \leq c_2 \frac{\phi(r)}{V(r)} \quad \text{for all } x \in M, r > 0.$$

(ii) *There exists  $c_3 > 0$  such that for any  $x_0 \in M, R > 0$  and any  $x, y \in B(x_0, R/4)$ ,*

$$\mathbf{P}^x(\sigma_y^0 > \tau_{B(x_0,R)}) \leq c_3 \frac{\phi(d(x, y))}{V(d(x, y))} \frac{1}{u_{B(x_0,R)}(y, y)}.$$

(iii) *It holds that*

$$1 - \mathbf{E}^y[e^{-\sigma_x^0}] \leq c_4 \frac{\phi(d(x, y))}{V(d(x, y))}$$

*for all  $x, y \in M$ .*

**Remark 4.2.** The exponent on the right-hand side of (iii) (which is  $\beta - \alpha$  when  $d_1 = d_2 = \alpha$  and  $d_3 = d_4 = \beta$  in (2.8) and (2.10)) is sharp in general, and we do need this exponent later. We may be able to obtain the Hölder continuity by using the Harnack inequality in Proposition 2.13, but we cannot get the sharp exponent with that approach (cf. Proposition 2.9). Another possible approach is to use the properties of the so-called resistance form (see, for example, [28]), but they require various preparations, so we take this “bare-hands” approach.

**Proof of Proposition 4.1.** The following arguments are based on [3], Section 4 and [7], Section 5, but with highly non-trivial modifications due to the generality and the effects of jumps.

(i) The lower bound is easy. Set  $A = B(x, r)$ . By (3.4) and (2.10), there exists a constant  $c_1 > 0$  such that for all  $x \in M$  and  $r > 0$ ,

$$\mathbf{P}^x(\tau_A \leq c_1\phi(r)) \leq \frac{1}{2}$$

and so, by conservativeness of the process (Proposition 2.5), we have

$$\mathbf{E}^x(\tau_A) \geq c_1\phi(r)\mathbf{P}^x(\tau_A \geq c_1\phi(r)) \geq \frac{c_1}{2}\phi(r).$$

We then have

$$\frac{c_1}{2}\phi(r) \leq \mathbf{E}^x(\tau_A) = \int_A u_A(x, y)\mu(dy) \leq u_A(x, x)\mu(A) \leq c_2V(r)u_A(x, x),$$

where we used the fact  $u_A(x, y) = u_A(y, x) = \mathbf{P}^y(\sigma_x^0 < \sigma_{Ac}^0)u_A(x, x) \leq u_A(x, x)$ . Thus, the lower bound is established.

Next, we prove the upper bound. Let  $\text{Exp}_\lambda$  be an independent exponential distributed random variable with mean  $\lambda^{-1}$ . In the following, with some abuse of notation, we also use  $\mathbf{P}^x$  for the product probability of  $\mathbf{P}^x$  and the law of  $\text{Exp}_\lambda$ . We claim that there exists a constant  $c_3 > 0$  such that

$$\mathbf{P}^x(\text{Exp}_\lambda \leq \tau_A) \leq (c_3\lambda\phi(r)) \wedge 1, \quad r, \lambda > 0, x \in M. \tag{4.3}$$

To prove this, we first note that

$$\mathbf{P}^x(\tau_A \geq t) \leq \exp(-t/(c_3\phi(r))), \quad r, t > 0, x \in M. \tag{4.4}$$

Indeed, since for any  $x \in M$  and  $t, r > 0$ ,

$$\mathbf{P}^x(\tau_{B(x, 2r)} \geq t) \leq \int_{B(x, 2r)} p(t, x, y)\mu(dy) \leq \frac{c_4V(2r)}{V(\phi^{-1}(t))},$$

by (2.8) and (2.10), there is a constant  $c_5 > 0$  such that

$$\mathbf{P}^x(\tau_{B(x, 2r)} \geq c_5\phi(r)) \leq 1/2$$

for all  $x \in M$  and  $r > 0$ . So, by induction and the Markov property, we have for each  $k \in \mathbb{N}$ ,

$$\mathbf{P}^x(\tau_A \geq c_5(k + 1)\phi(r)) \leq \mathbf{E}^x[1_{\{\tau_A \geq c_5k\phi(r)\}}\mathbf{P}^{X_{c_5k\phi(r)}}(\tau_{B(X_0, 2r)} \geq c_5\phi(r))] \leq (1/2)^{k+1},$$

which immediately yields (4.4). Using (4.4), we have

$$\begin{aligned} \mathbf{P}^x(\text{Exp}_\lambda \leq \tau_A) &= \int_0^\infty \lambda e^{-\lambda t} \mathbf{P}^x(\tau_A \geq t) dt \leq \int_0^\infty \lambda e^{-\lambda t} \exp(-t/(c_3\phi(r))) dt \\ &= \lambda(\lambda + 1/(c_3\phi(r)))^{-1} \leq c_3\lambda\phi(r), \end{aligned}$$

so (4.3) is established.

Now using (4.3) with the choice of  $\lambda = (2c_3\phi(r))^{-1}$ , the fact that  $u_A(y, x) \leq u_A(x, x)$  and the strong Markov property, we have

$$u_A(x, x) \leq u^\lambda(x, x) + \mathbf{P}^x(\text{Exp}_\lambda \leq \tau_A)u_A(x, x) \leq u^\lambda(x, x) + (1/2)u_A(x, x).$$

This, along with (2.4), (4.2) and (2.10), gives us

$$u_A(x, x) \leq 2u^\lambda(x, x) \leq 2 \int_0^\infty e^{-\lambda t} \frac{1}{V(\phi^{-1}(t))} dt \leq c_6 \frac{\phi(r)}{V(r)}.$$

(ii) Write  $A = B(x_0, R)$  and  $B = B(y, c_*d(x, y))$ , where  $0 < c_* < 1$  is chosen later. Using the strong Markov property and Proposition 2.5,

$$u_A(y, y) = u_B(y, y) + \mathbf{E}^y(1 - f_y(X_{\tau_B}))u_A(y, y),$$

where  $f_y(x) := \mathbf{P}^x(\sigma_y^0 > \tau_A)$ . Thus,

$$u_B(y, y) = u_A(y, y)\mathbf{E}^y[f_y(X_{\tau_B})]. \tag{4.5}$$

Since  $f_y(\cdot)$  is harmonic on  $A \setminus \{y\}$ , by Proposition 2.13 (we only use the elliptic Harnack inequality here), there exist two constants  $c_1, c_2 > 0$  such that

$$c_1 \leq f_y(z)/f_y(z') \leq c_2, \quad \forall z, z' \in B(y, c_*kd(x, y)) \setminus B, \tag{4.6}$$

where we choose  $k > 0$  to satisfy  $1 < c_*k < 3/2$ . Note that  $1 < c_*k$  is required in order to guarantee that  $x \in B(y, c_*kd(x, y)) \setminus B$ . Using the jump kernel of the process  $X$  (see Proposition 2.7) and the Lévy system formula (see, for example, [14], Appendix A), we have

$$\begin{aligned} \mathbf{P}^y(X_{\tau_B \wedge t} \notin B(y, c_*kd(x, y))) &= \mathbf{E}^y \left[ \int_0^{\tau_B \wedge t} \int_{B(y, c_*kd(x, y))^c} J(X_s, u) \mu(du) ds \right] \\ &\leq \mathbf{E}^y \left[ \int_0^{\tau_B \wedge t} \int_{B(y, c_*kd(x, y))^c} \frac{c_3\mu(du) ds}{V(d(X_s, u))\phi(d(X_s, u))} \right] \\ &\leq \frac{c_4\mathbf{E}^y[\tau_B \wedge t]}{\phi(c_*(k-1)d(x, y))} \leq c_5(k-1)^{-d_3}, \end{aligned}$$

where in the last line we have used (2.10), (4.1) and the fact that for any  $x, y \in M$ ,  $\mathbf{E}^y(\tau_B) \leq c_0\phi(c_*d(x, y))$  due to (4.4) (e.g. see (A.2)). Note that the constant  $c_5 > 0$  is independent of

$c_*$  and  $k$ . We choose  $k$  large enough and  $c_*$  small enough such that  $c_5(k - 1)^{-d_3} < 1/2$  and  $1 < c_*k < 3/2$ . Taking  $t \rightarrow \infty$  in the inequality above, we have

$$\mathbf{P}^y(X_{\tau_B} \notin B(y, c_*kd(x, y))) \leq 1/2.$$

Using this, (4.5) and (4.6), we find that

$$\begin{aligned} \mathbf{P}^y(\sigma_y^0 > \tau_A)/2 &= f_y(x)/2 \leq c_2 \mathbf{E}^y[1_{\{X_{\tau_B} \in B(y, c_*kd(x, y))\}} f_y(X_{\tau_B})] \leq c_2 \mathbf{E}^y[f_y(X_{\tau_B})] \\ &= c_2 \frac{u_B(y, y)}{u_A(y, y)} \leq c_6 \frac{1}{u_A(y, y)} \frac{\phi(d(x, y))}{V(d(x, y))}, \end{aligned}$$

where we use (i) in the last inequality. We thus obtain (ii).

(iii) From (4.2), we know that

$$c^{-1} \frac{\lambda^{-1}}{V(\phi^{-1}(\lambda^{-1}))} \leq \int_0^\infty e^{-\lambda t} \frac{1}{V(\phi^{-1}(t))} dt \leq c \frac{\lambda^{-1}}{V(\phi^{-1}(\lambda^{-1}))}$$

for some constant  $c \geq 1$  and  $\lambda > 0$ . Then, for all  $r > 0$ ,

$$c^{-1} \frac{\phi(r)}{V(r)} \leq \int_0^\infty e^{-t/\phi(r)} \frac{1}{V(\phi^{-1}(t))} dt \leq c \frac{\phi(r)}{V(r)},$$

which implies that for any  $s, t > 0$ ,

$$\frac{\phi(s)}{V(s)} \leq c^2 \frac{\phi(s+t)}{V(s+t)}. \tag{4.7}$$

Using (4.7), the desired inequality is trivial when  $d(x, y) \geq e^{-1}$  by taking  $c_4 = \frac{c^2 V(e^{-1})}{\phi(e^{-1})}$ . Let  $n \in \mathbb{N}$  be such that  $e^{-n-1} \leq d(x, y) < e^{-n}$  and set  $\tau_m = \tau_{B(y, e^{-m})}$  for each  $m \in \mathbb{N}$ . Then,

$$\begin{aligned} 1 - \mathbf{E}^y[e^{-\sigma_x^0}] &= \mathbf{P}^y(\sigma_x^0 \geq \text{Exp}_1) \\ &\leq \mathbf{P}^y(\sigma_x^0 \geq \text{Exp}_1, \text{Exp}_1 < \tau_n) + \sum_{m=1}^n \mathbf{P}^y(\sigma_x^0 \geq \text{Exp}_1, \tau_m \leq \text{Exp}_1 < \tau_{m-1}) \\ &\quad + \mathbf{P}^y(\sigma_x^0 \geq \text{Exp}_1, \text{Exp}_1 \geq \tau_0) \\ &\leq \mathbf{P}^y(\text{Exp}_1 < \tau_n) + \sum_{m=1}^n \mathbf{P}^y(\sigma_x^0 \geq \text{Exp}_1, \tau_m \leq \text{Exp}_1 < \tau_{m-1}) + \mathbf{P}^y(\sigma_x^0 \geq \tau_0) \\ &\leq \mathbf{P}^y(\text{Exp}_1 < \tau_n) + \sum_{m=1}^n \mathbf{P}^y(1_{\{\sigma_x^0 \geq \tau_m, \text{Exp}_1 \geq \tau_m, X_{\tau_m} \in B(y, e^{-m+1})\}} \mathbf{P}^{X_{\tau_m}}(\text{Exp}_1 < \tau_{m-1})) \\ &\quad + \mathbf{P}^y(\sigma_x^0 \geq \tau_0) \end{aligned}$$

$$\begin{aligned}
 &\leq \mathbf{P}^y(\text{Exp}_1 < \tau_n) + \sum_{m=1}^n \mathbf{P}^y(\sigma_x^0 \geq \tau_m) \sup_{z \in B(y, e^{-m+1})} \mathbf{P}^z(\text{Exp}_1 < \tau_{B(y, e^{-m+1})}) \\
 &\quad + \mathbf{P}^y(\sigma_x^0 \geq \tau_0) \\
 &\leq c_1 \phi(e^{-n}) + c_2 \sum_{m=1}^n \phi(e^{-n}) V(e^{-m}) / V(e^{-n}) + c_3 \phi(e^{-n}) / V(e^{-n}) \\
 &\leq c_4 \phi(e^{-n}) / V(e^{-n}) \leq c_5 \phi(d(x, y)) / V(d(x, y)),
 \end{aligned}$$

where we used (i), (ii), (4.3), (2.8) and (2.10) in the fifth inequality, and (2.8) and (2.10) in the last line. □

### 4.2. Existence and estimates for local times

Let  $(A_t)_{t \geq 0}$  be a continuous additive functional of the process  $X$ , i.e.:

- $t \mapsto A_t$  is almost surely continuous and nondecreasing with  $A_0 = 0$ ;
- $A_t \in \mathcal{F}_t$ ;
- $A_{t+s}(\omega) = A_t(\omega) + A_s(\theta_t \omega)$  for all  $s, t \geq 0$ .

Set  $T_A = \inf\{t > 0 : A_t > 0\}$ .  $A_t$  is called a local time of the process  $X$  at  $x$ , if  $\mathbf{P}^x(T_A = 0) = 1$  and  $\mathbf{P}^y(T_A = 0) = 0$  for all  $y \notin x$ . The reason that  $A_t$  is called a local time at  $x$  for the process  $X$  is that the function  $t \mapsto A_t$  is the distribution function of a measure supported on the set  $\{t | X_t = x\}$ , see, for example, [9], V. 3. The next proposition gives us a necessary and sufficient condition for the existence of a local time.

**Proposition 4.3.** *The process  $X$  has a local time for all  $x \in M$ , if and only if*

$$\int_0^1 \frac{1}{V(\phi^{-1}(t))} dt < \infty. \tag{4.8}$$

Moreover, we can choose a version of the local time at  $x$ , which will denote by  $l(x, t)$ , by requiring the following property.

(1) *The function  $(\omega, t, x) \mapsto l(x, t)(\omega)$  is jointly measurable such that the following density of occupation formula holds for all non-negative Borel measurable function  $f$ ,*

$$\int_0^t f(X_s) ds = \int_M f(x) l(x, t) \mu(dx). \tag{4.9}$$

(2) *For any  $x, y \in M$  and  $\lambda > 0$ ,*

$$\mathbf{E}^x \left( \int_0^\infty e^{-\lambda t} dl(y, t) \right) = u^\lambda(x, y). \tag{4.10}$$

**Proof.** According to [33], Theorem 3.2, the process  $X$  has a local time for all  $x \in M$  if and only if

$$u^\lambda(x, x) < \infty \quad \text{for all } x \in M \text{ and some } \lambda > 0.$$

Using Assumption 2.1 and the doubling properties of  $V$  and  $\phi$ ,

$$u^\lambda(x, x) = \int_0^\infty e^{-\lambda t} p(t, x, x) dt < \infty \quad \text{for all } x \in M$$

if and only if

$$\int_0^1 e^{-\lambda t} \frac{1}{V(\phi^{-1}(t))} dt < \infty,$$

which in turn is equivalent to (4.8).

Local times are defined up to a multiplicative constant, see [9], V. 3.13. By [22], Theorem 1 and [9], VI. 4.18, we can choose a version of local times satisfying the desired properties (i) and (ii), also see the remark below [33], Theorem 3.2.

Below we suppose that the local time  $l(x, t)$  is always chosen to satisfy (1) and (2) in Proposition 4.3, if (4.8) is satisfied. Note that, (4.2) implies (4.8). By the strong Markov property and (4.10),

$$\begin{aligned} u^\lambda(x, y) &= \mathbf{E}^x \int_0^\infty e^{-\lambda t} dl(y, t) = \mathbf{E}^x \int_{\sigma_y^0}^\infty e^{-\lambda t} dl(y, t) \\ &= \mathbf{E}^x e^{-\lambda \sigma_y^0} \mathbf{E}^y \int_0^\infty e^{-\lambda t} dl(y, t) = \mathbf{E}^x e^{-\lambda \sigma_y^0} u^\lambda(y, y). \end{aligned}$$

So,

$$\mathbf{E}^x [e^{-\lambda \sigma_y^0}] = u^1(x, y)/u^1(y, y), \tag{4.11}$$

which is continuous because of the continuity of  $p(t, x, y)$ , see Proposition 2.9. □

Let  $d_2$  and  $d_3$  be the constants in (2.8) and (2.10), respectively. Throughout the remainder of this section, we always assume the following assumption.

**Assumption 4.4.**  $d_3 > d_2$ .

The functions  $V$  and  $\phi$ , respectively characterize the underlying space and the process in question. Assumption 4.4 means that the walk dimension of the process is greater than the dimension of the space, which implies that the process could stay at every point for efficiently long time; that is, the local time of the process exists.

The following lemma is easy.

**Lemma 4.5.** *Under Assumption 4.4, (4.2) holds. In particular,*

$$\int_0^t \frac{1}{V(\phi^{-1}(s))} ds \asymp \frac{t}{V(\phi^{-1}(t))}, \quad t > 0, \tag{4.12}$$

and so (4.8) is satisfied.

**Proof.** Let  $f(t) := \frac{1}{V(\phi^{-1}(t))}$  and

$$w(\lambda) := \int_0^\infty e^{-\lambda t} f(t) dt = \lambda^{-1} \int_0^\infty e^{-s} f(s/\lambda) ds.$$

Since  $f$  is decreasing, we see that

$$w(\lambda) \geq \lambda^{-1} \int_{1/2}^1 e^{-s} f(s/\lambda) ds \geq \lambda^{-1} f(1/\lambda) \int_{1/2}^1 e^{-s} ds = c_0 \lambda^{-1} f(1/\lambda).$$

On the other hand, it follows from (2.8) and (2.10) that

$$c_1 \left(\frac{R}{r}\right)^{d_1/d_4} \leq \frac{V(\phi^{-1}(R))}{V(\phi^{-1}(r))} \leq c_2 \left(\frac{R}{r}\right)^{d_2/d_3} \tag{4.13}$$

holds for all  $0 < r \leq R$  and some constants  $c_1, c_2 > 0$ . This along with the assumption  $d_3 > d_2$  yields that

$$\begin{aligned} \frac{\lambda w(\lambda)}{f(1/\lambda)} &= \int_0^1 e^{-s} \frac{f(s/\lambda)}{f(1/\lambda)} ds + \int_1^\infty e^{-s} \frac{f(s/\lambda)}{f(1/\lambda)} ds \\ &\leq c_2 \int_0^1 e^{-s} s^{-d_2/d_3} ds + \int_1^\infty e^{-s} ds < \infty. \end{aligned}$$

We have proved (4.2).

We now verify (4.12). By the increasing properties of  $V$  and  $\phi$ , for any  $t > 0$ ,

$$\int_0^t \frac{1}{V(\phi^{-1}(s))} ds \geq \frac{t}{V(\phi^{-1}(t))}.$$

The upper bound of (4.12) can be obtained from (4.2) as follows:

$$\int_0^t \frac{1}{V(\phi^{-1}(s))} ds \leq e \int_0^t e^{-s/t} \frac{1}{V(\phi^{-1}(s))} ds \leq e \int_0^\infty e^{-s/t} \frac{1}{V(\phi^{-1}(s))} ds \leq \frac{c_3 t}{V(\phi^{-1}(t))}.$$

The proof is complete. □

From now on, we will always consider versions of the local time at  $x$ , denote by  $l(x, t)$ , satisfying the results in Proposition 4.3. The following statement is Kac’s moment formula of the local time. Since (4.2) implies (4.10), this directly follows from [34], Theorem 3.10.1.

**Proposition 4.6.** For any  $x, y_i \in M$  with  $1 \leq i \leq n$  and  $t > 0$ ,

$$\mathbf{E}^x \prod_{i=1}^n l(y_i, t) = \sum_{\pi} \mathbf{E}^x l(y_{\pi_1}, t) \cdots \mathbf{E}^{y_{\pi_{n-1}}} l(y_{\pi_n}, t),$$

where the sum runs over all permutations  $\pi$  of  $\{1, \dots, n\}$ . In particular, for any  $x, y \in M$  and  $n \geq 1$ ,

$$\mathbf{E}^x(l(y, t))^n = n! \mathbf{E}^x l(y, t) (\mathbf{E}^y l(y, t))^{n-1}.$$

Proposition 4.1 combining with some general theory yields the following. (See [16], Theorem 1.1, for the discrete version.)

**Proposition 4.7.** *There exists a positive constant  $c_1 > 0$  such that for all  $x, y, z \in M$  and  $u, \delta > 0$ ,*

$$\mathbf{P}^z \left( \sup_{0 \leq t \leq u} |l(x, t) - l(y, t)| > \delta \right) \leq 2e^u e^{-c_1 \delta \sqrt{V(d(x,y))/\phi(d(x,y))}}. \tag{4.14}$$

**Proof.** Let

$$q(x, y) := (1 - \mathbf{E}^x[e^{-\sigma_y^0}] \mathbf{E}^y[e^{-\sigma_x^0}])^{1/2}. \tag{4.15}$$

Note that, since  $y \mapsto \mathbf{E}^y[e^{-\sigma_x}]$  is continuous (see (4.11)), by [9], V. 3.25 and 3.28

$$\mathbf{P}^z \left( \sup_{0 \leq t \leq u} |l(x, t) - l(y, t)| > \delta \right) \leq 2e^u e^{-\delta/(2q(x,y))}.$$

Since Proposition 4.1(iii) implies that

$$q(x, y) \leq (1 - \mathbf{E}^x[e^{-\sigma_y^0}]) + (1 - \mathbf{E}^y[e^{-\sigma_x^0}]) \leq c_1 \phi(d(x, y)) / V(d(x, y)), \tag{4.16}$$

the proof is complete. □

The next proposition is an analogue of [20], Lemma 5.5. Since we do not have self-similarity of the process, serious modifications of the proof are needed. We will also use a version of Garsia’s lemma (Lemma A.1), which is proved in Appendix A.2.

**Proposition 4.8.** *There exist a version of the local time  $l(x, t)(\omega)$  such that almost surely  $(x, t) \rightarrow l(x, t)(\omega)$  is continuous; moreover, there exist constants  $c_1, c_2 > 0$  such that for all  $z \in M, L, u, A > 0$ ,*

$$\begin{aligned} & \mathbf{P}^z \left( \sup_{d(x,y) \leq L} \sup_{0 \leq t \leq u} |l(x, t) - l(y, t)| \geq A \right) \\ & \leq \frac{c_1 V(\phi^{-1}(u) \vee L)^2}{V(L)^2} \exp \left( -c_2 A \frac{V(\phi^{-1}(u) \vee L)}{\phi(\phi^{-1}(u) \vee L)} \sqrt{\frac{V((L/\phi^{-1}(u)) \wedge 1)}{\phi((L/\phi^{-1}(u)) \wedge 1)}} \right). \end{aligned}$$

**Proof.** First, note that Assumption 4.4 and (4.16) (where  $q$  is defined by (4.15)) imply that the local time  $l(x, t)(\omega)$  exists and it is jointly continuous almost surely.

In fact, since  $\sup_{z \in M} u^1(z, z) < \infty$ , by (4.11) we see that for any  $x, y \in M$ ,

$$d_1(x, y)^2 := u^1(x, x) + u^1(y, y) - 2u^1(x, y) \leq 2 \left( \sup_{z \in M} u^1(z, z) \right) q(x, y)^2 \leq (c'_0)^2 q(x, y)^2.$$

Moreover, by (2.8), (2.10), Assumption 4.4 and (4.16), for any  $x_0 \in M$  and any  $x, y \in B(x_0, 1)$  it holds that

$$q(x, y) \leq c'_1 \frac{\phi(d(x, y))}{V(d(x, y))} \leq c'_2 d(x, y)^{d_3 - d_2}.$$

Thus, for all  $x \in B(x_0, 1)$  and  $\varepsilon \in (0, c'_0 c'_2)$  small enough so that  $(\varepsilon / (c'_0 c'_2))^{1/(d_3 - d_2)} + d(x_0, x) < 1$ , we have

$$\begin{aligned} \mu(\{y \in B(x_0, 1) : d_1(x, y) < \varepsilon\}) &\geq \mu(B(x, (\varepsilon / (c'_0 c'_2))^{1/(d_3 - d_2)})) \\ &\geq c'_3 V((\varepsilon / (c'_0 c'_2))^{1/(d_3 - d_2)}) \geq c'_4 \varepsilon^{d_2 / (d_3 - d_2)}. \end{aligned}$$

Therefore, by [34], Theorem 6.3.3 (with  $T = B(x_0, 1)$ ,  $d_X = d_1$  and  $\mu$  being  $\frac{1}{\mu(B(x_0, 1))} \mu$ ), we have the almost sure continuity of the mean zero Gaussian process  $\{G_1(x) : x \in B(x_0, 1)\}$  with covariance  $u^1(\cdot, \cdot)$ , and so by [34], Theorem 9.4.1,  $\{l(x, t) : x \in B(x_0, 1), t \geq 0\}$  is jointly continuous almost surely. Since this is satisfied for any  $x_0 \in M$ ,  $\{l(x, t) : x \in M, t \geq 0\}$  is jointly continuous almost surely.

Since we will use a scaling argument in the remainder of the proof, we prepare a scaled distance and a scaled measure. Below, without loss of generality, we assume  $\phi(1) = 1$ . For each  $\delta > 0$ , define a metric  $d_{(\delta)}$  and a measure  $\mu_{(\delta)}$  on  $M$  by

$$\begin{aligned} d_{(\delta)}(x, y) &:= \delta^{-1} d(x, y), & \forall x, y \in M, \\ \mu_{(\delta)}(J) &:= V(\delta)^{-1} \mu(J), & \forall J \subset \mathcal{B}(M). \end{aligned} \tag{4.17}$$

For  $\delta > 0$ , let  $(M, d_{(\delta)}, \mu_{(\delta)})$  be the scaled metric measure space defined by (4.17), and  $X^{(\delta)} := \{X_{\phi(\delta)t} : t \geq 0\}$  be the scaled process in  $(M, d_{(\delta)}, \mu_{(\delta)})$ . We also let

$$V_{(\delta)}(r) = V(\delta r) / V(\delta), \quad \phi_{(\delta)}(r) = \phi(\delta r) / \phi(\delta)$$

and

$$B_{d_{(\delta)}}(x, r) = \{x \in M : d_{(\delta)}(x, y) < r\}.$$

Then,  $\mu_{(\delta)}(B_{d_{(\delta)}}(x, r)) \asymp V_{(\delta)}(r)$  uniformly on  $\delta, r > 0$  and  $x \in M$ ,

$$c_1 \left(\frac{R}{r}\right)^{d_1} \leq \frac{V_{(\delta)}(R)}{V_{(\delta)}(r)} \leq c_2 \left(\frac{R}{r}\right)^{d_2} \quad \text{for every } \delta > 0, 0 < r < R < \infty, \tag{4.18}$$

and

$$c_3 \left(\frac{R}{r}\right)^{d_3} \leq \frac{\phi_{(\delta)}(R)}{\phi_{(\delta)}(r)} \leq c_4 \left(\frac{R}{r}\right)^{d_4} \quad \text{for every } \delta > 0, 0 < r < R < \infty. \tag{4.19}$$

In particular, if  $(M, d, \mu)$  is an  $\alpha$ -set, that is, satisfies (1.4), then it is easy to see that  $(M, d_{(\delta)}, \mu_{(\delta)})$  with  $V(r) = r^\alpha$  is also an  $\alpha$ -set, and  $\mu_{(\delta)}$  satisfies (1.4) with the same constants  $c_1, c_2 > 0$ .

Note that the transition density function  $p^{(\delta)}(t, x, y)$  of  $X^{(\delta)}$  with respect to the measure  $\mu_{(\delta)}$  is related to that of  $X$  by the formula

$$p^{(\delta)}(t, x, y) = V(\delta)p(\phi(\delta)t, x, y)$$

for all  $t > 0$  and  $x, y \in M$ . Thus, from Assumptions 2.1, we have that all  $x, y \in M$  and  $t, \delta \in (0, \infty)$ ,

$$p^{(\delta)}(t, x, y) \leq C_1 \left( \frac{1}{V_{(\delta)}(\phi_{(\delta)}^{-1}(t))} \wedge \frac{t}{V_{(\delta)}(d_{(\delta)}(x, y))\phi_{(\delta)}(d_{(\delta)}(x, y))} \right),$$

$$C_2 \left( \frac{1}{V_{(\delta)}(\phi_{(\delta)}^{-1}(t))} \wedge \frac{t}{V_{(\delta)}(d_{(\delta)}(x, y))\phi_{(\delta)}(d_{(\delta)}(x, y))} \right) \leq p^{(\delta)}(t, x, y).$$

Let  $l^{(\delta)}(x, t)$  be its local time with respect to the measure  $\mu_{(\delta)}$ , which exists by Proposition 4.3, (4.18), (4.19) and the assumption  $d_2 < d_3$ . Let  $\mathbf{P}_{(\delta)}$  be its probability space.

In the following, set  $\delta' = \delta^{-1}$ . Then, from (4.9) we see that  $(V(\delta')/\phi(\delta'))l(y, \phi(\delta')t)$  under  $\mathbf{P}^x$  corresponds to  $l^{(\delta')}(y, t)$  under  $\mathbf{P}_{(\delta')}^x$ . Thus, choosing  $\delta = (1/\phi^{-1}(u)) \wedge L^{-1}$ , we have

$$\begin{aligned} & \mathbf{P}^z \left( \sup_{d(x,y) \leq L} \sup_{0 \leq t \leq u} |l(x, t) - l(y, t)| \geq A \right) \\ &= \mathbf{P}^z \left( \sup_{d(x,y) \leq L} \sup_{0 \leq t \leq u/\phi(\delta')} V(\delta')/\phi(\delta') \right. \\ & \quad \times |l(x, \phi(\delta')t) - l(y, \phi(\delta')t)| \geq AV(\delta')/\phi(\delta') \Big) \tag{4.20} \\ &\leq \mathbf{P}_{(\delta')}^z \left( \sup_{d_{(\delta')}(x,y) \leq \delta L} \sup_{0 \leq t \leq u/\phi(\delta')} |l^{(\delta')}(x, t) - l^{(\delta')}(y, t)| \geq AV(\delta')/\phi(\delta') \right) \\ &\leq \mathbf{P}_{(\delta')}^z \left( \sup_{d_{(\delta')}(x,y) \leq \delta L} \sup_{0 \leq t \leq 1} |l^{(\delta')}(x, t) - l^{(\delta')}(y, t)| \geq AV(\delta')/\phi(\delta') \right). \end{aligned}$$

Set  $U(r) = \sqrt{\phi(r)/V(r)}$  and  $H = B_{d_{(\delta')}}(x_0, 1/2)$  for some  $x_0 \in M$ , and define

$$\Gamma_{\delta'}(H) := \iint_{H \times H} \left( \exp \left( c_* \frac{\sup_{0 \leq t \leq 1} |l^{(\delta')}(x, t) - l^{(\delta')}(y, t)|}{U(d_{(\delta')}(x, y))} \right) - 1 \right) \mu_{(\delta')}(dx) \mu_{(\delta')}(dy),$$

$$F_{\delta'} := \iint_{d_{(\delta')}(x,y) \leq 1} \left( \exp \left( c_* \frac{\sup_{0 \leq t \leq 1} |l^{(\delta')}(x, t) - l^{(\delta')}(y, t)|}{U(d_{(\delta')}(x, y))} \right) - 1 \right) \mu_{(\delta')}(dx) \mu_{(\delta')}(dy),$$

for small constant  $c_* > 0$ . Clearly  $\Gamma_{\delta'}(H) \leq F_{\delta'}$  and, by (2.8) and (2.10),

$$c_L \left(\frac{R}{r}\right)^{(d_3-d_2)/2} \leq \frac{U(R)}{U(r)} \leq c_U \left(\frac{R}{r}\right)^{(d_4-d_1)/2} \tag{4.21}$$

holds for all  $0 < r \leq R$  and some positive constants  $c_L, c_U$ . We will prove in the end of this proof that  $\mathbf{E}_{(\delta')}^z[F_{\delta'}]$  is uniformly bounded (with respect to  $\delta$ ) so that  $\Gamma_{\delta'}(H) \leq F_{\delta'} < \infty$ . Assuming this fact for the moment, we can apply Lemma A.1 with  $\Psi(x) = e^{c_*x} - 1$  and  $q(u) = U(u)$ , and deduce

$$|l^{(\delta')}(x, t) - l^{(\delta')}(y, t)| \leq c_0 \int_0^{d_{(\delta')}(x,y)} \log(c_1 \Gamma_{\delta'}(H) V_{(\delta')}(u)^{-2} + 1) \frac{U(u) du}{u}$$

for  $\mu_{(\delta)}$ -almost all  $x, y \in B_{d_{(\delta')}}(x_0, 1/16)$  and  $t \leq 1$ , and  $c_0, c_1$  are independent of  $x_0$ . Due to (4.18) and (4.21), as stated in Lemma A.1 the above estimate holds for  $l^{(\delta')}(y, t)$  under  $\mathbf{P}_{(\delta')}^z$  uniformly (i.e., with the same constants  $c_0, c_1 > 0$  for all  $\delta > 0$ ). By (4.21) again, there exist constants  $c_2, c_3 > 0$  independent of  $\delta$  such that for  $\mu_{(\delta)}$ -almost all  $x, y \in M$  with  $d_{(\delta')}(x, y) \leq \delta L$  and  $t \leq 1$ ,

$$\begin{aligned} |l^{(\delta')}(x, t) - l^{(\delta')}(y, t)| &\leq c_0 \int_0^{\delta L} \log(c_1 F_{\delta'} V_{(\delta')}(u)^{-2} + 1) \frac{U(u) du}{u} \\ &\leq c_2 U(\delta L) (\log(1 + c_3 F_{\delta'} V_{(\delta')}(\delta L)^{-2})). \end{aligned} \tag{4.22}$$

Indeed, by (4.18) and (4.21),

$$\begin{aligned} &\int_0^{\delta L} \log(c_1 F_{\delta'} V_{(\delta')}(u)^{-2} + 1) \frac{U(u) du}{u} \\ &\leq \sum_{k=0}^{\infty} (\log(1 + c_1 F_{\delta'} V_{(\delta')}(\delta L/2^{k+1})^{-2})) U(\delta L/2^k) \\ &\leq c'_2 (\log(1 + c_3 F_{\delta'} V_{(\delta')}(\delta L)^{-2})) U(\delta L) \sum_{k=0}^{\infty} 2^{-k(d_3-d_2)/2} \\ &\leq c_2 U(\delta L) (\log(1 + c_3 F_{\delta'} V_{(\delta')}(\delta L)^{-2})). \end{aligned}$$

Plugging this into (4.20), we have

$$\begin{aligned} &\mathbf{P}^z \left( \sup_{d(x,y) \leq L} \sup_{0 \leq t \leq u} |l(x, t) - l(y, t)| \geq A \right) \\ &\leq \mathbf{P}_{(\delta')}^z (c_2 U(\delta L) \log(1 + c_3 F_{\delta'} V_{(\delta')}(\delta L)^{-2}) > AV(\delta')/\phi(\delta')) \\ &= \mathbf{P}_{(\delta')}^z (\log(1 + c_3 F_{\delta'} V_{(\delta')}(\delta L)^{-2}) \geq c_2^{-1} AV(\delta')/(U(\delta L)\phi(\delta'))) \\ &\leq e^{-c_2^{-1} AV(\delta')/(U(\delta L)\phi(\delta'))} (1 + c_3 \mathbf{E}_{(\delta')}^z[F_{\delta'}/V_{(\delta')}(\delta L)^2]) \end{aligned}$$

$$\begin{aligned} &\leq \frac{c_4}{V_{(\delta')}(\delta L)^2} e^{-c_2^{-1}AV(\delta')/(U(\delta L)\phi(\delta'))} (1 + \mathbf{E}_{(\delta')}^z[F_{\delta'}]) \\ &= \frac{c_4V(\phi^{-1}(u) \vee L)^2}{V(L)^2} e^{-c_2^{-1}AV(\phi^{-1}(u) \vee L)/(U((L/\phi^{-1}(u)) \wedge L)\phi(\phi^{-1}(u) \vee L))} (1 + \mathbf{E}_{(\delta')}^z[F_{\delta'}]), \end{aligned}$$

where we used Chebyshev’s inequality in the second inequality, the fact that  $\delta L \leq 1$  (so that  $V_{(\delta')}(\delta L) \leq 1$ ) in the third inequality and put  $\delta = (1/\phi^{-1}(u)) \wedge L^{-1}$  in the last equality.

Finally, we will check the integrability of  $F_{\delta'}$ . Using (4.14) for  $l^{(\delta')}(y, t)$  under  $\mathbf{P}_{(\delta')}^z$  (note that (4.14) holds uniformly, i.e., with the same constant  $c_5 > 0$  for all  $\delta' > 0$ ), we have

$$\mathbf{P}_{(\delta')}^z \left( \sup_{0 \leq t \leq 1} |l^{(\delta')}(x, t) - l^{(\delta')}(y, t)| \geq kU(d_{(\delta')}(x, y)) \right) \leq 2e^{1-c_5k}.$$

Let  $c_* = c_5/2$ , and

$$I_{(\delta')}(x, y, s) = \exp \left( c_* \frac{\sup_{0 \leq t \leq s} |l^{(\delta')}(x, t) - l^{(\delta')}(y, t)|}{U(d_{(\delta')}(x, y))} \right).$$

Thus, we have

$$\begin{aligned} &\mathbf{E}_{(\delta')}^z [I_{(\delta')}(x, y, 1)] \\ &\leq \sum_{k=0}^{\infty} e^{c_*(k+1)} \mathbf{P}_{(\delta')}^z \left( k \leq \frac{\sup_{0 \leq t \leq 1} |l^{(\delta')}(x, t) - l^{(\delta')}(y, t)|}{U(d_{(\delta')}(x, y))} \leq k + 1 \right) \\ &\leq 2e^{1+c_*} \sum_{k=0}^{\infty} e^{-c_5k/2} =: K < \infty. \end{aligned}$$

Note that this value is uniformly bounded for all  $\delta' > 0$ . Take an open covering

$$\{d_{(\delta')}(x, y) \leq 1\} \subset \bigcup_i (B_{(\delta')}(x_i, 2) \times B_{(\delta')}(x_i, 2))$$

such that each point in  $\{d_{(\delta')}(x, y) \leq 1\}$  is covered by at most a (uniformly) finite number of  $\{B_{(\delta')}(x_i, 2) \times B_{(\delta')}(x_i, 2)\}_i$ , say  $C_0$ . Using the doubling property of the volume and the assumption that balls are relatively compact, such a covering is possible. For each  $x, y$  with  $d_{(\delta')}(x, y) \leq 1$ ,

$$\begin{aligned} &\mathbf{E}_{(\delta')}^z [I_{(\delta')}(x, y, 1) - 1] \\ &= \mathbf{E}_{(\delta')}^z [1_{\{\sigma_{B_{(\delta')}(x_i, 2)} \leq 1\}} \mathbf{E}^{X_{\sigma_{B_{(\delta')}(x_i, 2)}}^{(\delta')}} [I_{(\delta')}(x, y, 1 - \sigma_{B_{(\delta')}(x_i, 2)}) - 1]] \\ &\leq (K - 1) \mathbf{P}_{(\delta')}^z (\sigma_{B_{(\delta')}(x_i, 2)} \leq 1). \end{aligned}$$

So

$$\begin{aligned} \mathbf{E}_{(\delta')}^z[F_{\delta'}] &= \iint_{d_{(\delta')}(x,y) \leq 1} \mathbf{E}_{(\delta')}^z[I_{(\delta')}(x,y,1) - 1] d\mu_{(\delta')}(x) d\mu_{(\delta')}(y) \\ &\leq c_6(K - 1) \sum_i \mathbf{P}_{(\delta')}^z(\sigma_{B_{(\delta')}(x_i,2)} \leq 1). \end{aligned}$$

Here we note that  $\mu_{(\delta')}(B_{(\delta')}(x_i, 2)) \leq c'_6 V(2)$ , i.e.  $\mu_{(\delta')}(B_{(\delta')}(x_i, 2))$  is uniformly bounded. Noting that

$$\begin{aligned} &\mathbf{E}_{(\delta')}^z \left[ \int_{B_{(\delta')}(x_i,4)} l^{(\delta')}(y,4) \mu_{(\delta')}(dy) \right] \\ &= \mathbf{E}_{(\delta')}^z \left[ \int_0^4 1_{B_{(\delta')}(x_i,4)}(X_s^{(\delta')}) ds \right] \\ &\geq \mathbf{E}_{(\delta')}^z \left[ \int_{\sigma_{B_{(\delta')}(x_i,2)}}^{3+\sigma_{B_{(\delta')}(x_i,2)}} 1_{B_{(\delta')}(x_i,4)}(X_s^{(\delta')}) ds : \sigma_{B_{(\delta')}(x_i,2)} \leq 1 \right] \\ &\geq \mathbf{E}_{(\delta')}^z \left[ \mathbf{E}_{(\delta')}^{X_{\sigma_{B_{(\delta')}(x_i,2)}^{(\delta')}}} \left[ \int_0^3 1_{B_{(\delta')}(x_i,4)}(X_s^{(\delta')}) ds \right] 1_{\{\sigma_{B_{(\delta')}(x_i,2)} \leq 1\}} \right] \\ &\geq c_7 \mathbf{P}_{(\delta')}^z(\sigma_{B_{(\delta')}(x_i,2)} \leq 1), \end{aligned}$$

where the last inequality is due to the fact that

$$\mathbf{E}_{(\delta')}^{X_{\sigma_{B_{(\delta')}(x_i,2)}^{(\delta')}}} \left[ \int_0^3 1_{B_{(\delta')}(x_i,4)}(X_s^{(\delta')}) ds \right]$$

is uniformly bounded from below. Indeed, since  $\phi_{(\delta')}(1) = 1$  for all  $\delta' > 0$ , using Proposition 2.11 for the scaled process and the semigroup property for the Dirichlet heart kernel, we have

$$\begin{aligned} &\inf_{w \in B_{(\delta')}(x_i,2)} \mathbf{E}_{(\delta')}^w \left[ \int_0^3 1_{B_{(\delta')}(x_i,4)}(X_s^{(\delta')}) ds \right] \\ &\geq 3 \inf_{w \in B_{(\delta')}(x_i,2)} \mathbf{P}_{(\delta')}^w(\tau_{B_{(\delta')}(x_i,4)} \geq 3) \\ &= 3 \inf_{w \in B_{(\delta')}(x_i,4)} \int_{B_{(\delta')}(x_i,2)} p^{(\delta), B_{(\delta')}(x_i,4)}(3, w, y) \mu_{(\delta')}(dy) \geq c_8. \end{aligned}$$

We thus obtain

$$\begin{aligned} \sum_i \mathbf{P}_{(\delta')}^z(\sigma_{B_{(\delta')}(x_i,2)} \leq 1) &\leq c_9 \sum_i \mathbf{E}_{(\delta')}^z \left[ \int_{B_{(\delta')}(x_i,4)} l^{(\delta')}(y,4) \mu_{(\delta')}(dy) \right] \\ &\leq c_{10} \mathbf{E}_{(\delta')}^z \left[ \int_{M^{(\delta')}} l^{(\delta')}(y,4) \mu_{(\delta')}(dy) \right] = 4c_{10}, \end{aligned}$$

so we conclude  $\mathbf{E}_{(\delta')}^z[F_{\delta'}]$  is uniformly bounded. □

**Remark 4.9.** In lines 8 and 12 of [20], page 526,  $(N/(1 - c))^{n(t)}$  should be changed to  $N^{n(t)\rho}/(1 - c)^{n(t)\rho/2}$ . Because of the typos, in the statement of [20], Lemma 5.5,  $\exp(-c_{55}t a^\rho \delta^{-\rho\theta/2})$  should be changed to  $\exp(-c_{55}t^{(1+d_s/2)\rho/2} a^\rho \delta^{-\rho\theta/2})$ .

### 4.3. Laws of the iterated logarithm for the maximum of local times and ranges of processes

In the subsection, we always assume that Assumption 4.4 is satisfied. In particular, according to Proposition 4.8, the joint continuous version of the local time of the process  $X$ , which is denoted by  $l(x, t)$  as before, exists for all  $x \in M$ . Denote by

$$L^*(t) = \sup_{x \in M} l(x, t), \quad t > 0.$$

We will establish two LILs for  $L^*(t)$ .

**Remark 4.10.** Even for one-dimensional Lévy process, some mild assumptions like Assumption 4.4 on characteristic exponent (also called symbol) are required to establish LILs of associated local times, see [41].

First, we have the following LIL for  $L^*(t)$ .

**Theorem 4.11.** *Under Assumption 4.4, there exists a constant  $c_0 \in (0, \infty)$  such that*

$$\limsup_{t \rightarrow \infty} \frac{L^*(t)}{t/V(\phi^{-1}(t/\log \log t))} = c_0, \quad \mathbf{P}^x\text{-a.e. } \omega, \forall x \in M.$$

We need the following tail probability estimate for the local time  $l(x, t)$ .

**Lemma 4.12.** *Under Assumption 4.4, there exists a constant  $c_1 > 0$  such that for all  $x, y \in M$  and  $t, b > 0$ ,*

$$\mathbf{P}^y \left( l(x, t) \geq \frac{bt}{V(\phi^{-1}(t))} \right) \leq 2e^{-c_1 b}.$$

**Proof.** For any  $\varepsilon > 0$ , by Assumption 2.1,

$$\mathbf{P}^y(d(X_s, x) \leq \varepsilon) = \int_{B(x, \varepsilon)} p(s, y, z) \mu(dz) \leq \frac{C_2}{V(\phi^{-1}(s))} \mu(B(x, \varepsilon)),$$

and so

$$\int_0^t \mathbf{P}^y(d(X_s, x) \leq \varepsilon) ds \leq C_2 \mu(B(x, \varepsilon)) \int_0^t \frac{1}{V(\phi^{-1}(s))} ds.$$

Combining this with the fact

$$l(x, t) = \lim_{\varepsilon \rightarrow 0} \frac{1}{\mu(B(x, \varepsilon))} \int_0^t \mathbb{1}_{B(x, \varepsilon)}(X_s) ds,$$

we have

$$\mathbf{E}^y(l(x, t)) \leq C_2 \int_0^t \frac{1}{V(\phi^{-1}(s))} ds. \tag{4.23}$$

Furthermore, according to the estimate above and Proposition 4.6, we find that

$$\mathbf{E}^y(l(x, t)^n) \leq n! \left( C_2 \int_0^t \frac{1}{V(\phi^{-1}(s))} ds \right)^n, \quad n \geq 0,$$

which implies that

$$\mathbf{E}^y \left( \exp \left( \frac{l(x, t)}{2C_2 \int_0^t \frac{1}{V(\phi^{-1}(s))} ds} \right) \right) \leq 2. \tag{4.24}$$

The desired assertion is a direct consequence of the inequality above, the Chebyshev inequality and (4.12).  $\square$

**Remark 4.13.** Alternatively one can obtain the exponential integrability (4.24) directly from (4.23), by applying Khas'misnii's lemma, see, for example, [38], Lemma B.1.2.

**Proposition 4.14.** *There are constants  $c_1, c_2 > 0$  such that for  $b \geq 1$ ,*

$$\sup_{t > 0, x \in M} \mathbf{P}^x \left( L^*(t) \geq \frac{bt}{V(\phi^{-1}(t))} \right) \leq c_1 b^{-c_2}.$$

**Proof.** Let  $f$  be an increasing function such that  $f(1) = 1$  and  $\lim_{r \rightarrow \infty} f(r) = \infty$ . By (3.4), the doubling property of  $\phi$  and (2.10), we find that for any  $x \in M$  and  $t > 0$  and  $b \geq 1$ ,

$$\begin{aligned} & \mathbf{P}^x \left( L^*(t) \geq \frac{2bt}{V(\phi^{-1}(t))} \right) \\ & \leq \mathbf{P}^x \left( \sup_{d(z,x) \leq f(b)\phi^{-1}(t)} l(z, t) \geq \frac{2bt}{V(\phi^{-1}(t))} \right) + \mathbf{P}^x \left( \sup_{0 \leq s \leq t} d(X_s, x) \geq f(b)\phi^{-1}(t) \right) \\ & \leq \mathbf{P}^x \left( \sup_{d(z,x) \leq f(b)\phi^{-1}(t)} l(z, t) \geq \frac{2bt}{V(\phi^{-1}(t))} \right) + \frac{c_0 t}{\phi(f(b)\phi^{-1}(t))} \\ & \leq \mathbf{P}^x \left( \sup_{d(z,x) \leq f(b)\phi^{-1}(t)} l(z, t) \geq \frac{2bt}{V(\phi^{-1}(t))} \right) + c_1 f(b)^{-d_3} \end{aligned}$$

for some constant  $c_1 > 0$ .

On the one hand, by Lemma 4.12, there is a constant  $c_2 > 0$  such that for all  $x \in M, t > 0$  and  $b \geq 1$

$$\begin{aligned} & \mathbf{P}^x \left( \sup_{d(z,x) \leq f(b)\phi^{-1}(t)} l(z,t) \geq \frac{2bt}{V(\phi^{-1}(t))} \right) \\ & \leq \mathbf{P}^x \left( \sup_{d(z,x) \leq f(b)\phi^{-1}(t)} |l(z,t) - l(x,t)| \geq \frac{bt}{V(\phi^{-1}(t))} \right) + \mathbf{P}^x \left( l(x,t) \geq \frac{bt}{V(\phi^{-1}(t))} \right) \\ & \leq \mathbf{P}^x \left( \sup_{d(z,x) \leq f(b)\phi^{-1}(t)} |l(z,t) - l(x,t)| \geq \frac{bt}{V(\phi^{-1}(t))} \right) + 2e^{-c_2 b}. \end{aligned}$$

On the other hand, according to Proposition 4.8, there are constants  $c_3, c_4 > 0$  such that for all  $t > 0$  and  $b \geq 1$ ,

$$\begin{aligned} & \mathbf{P}^x \left( \sup_{d(z,x) \leq f(b)\phi^{-1}(t)} |l(z,t) - l(x,t)| \geq \frac{bt}{V(\phi^{-1}(t))} \right) \\ & \leq c_3 \exp \left( -c_4 b \frac{t}{V(\phi^{-1}(t))} \frac{V(f(b)\phi^{-1}(t))}{\phi(f(b)\phi^{-1}(t))} \right) \\ & = c_3 \exp \left( -c_4 b \frac{V(f(b)\phi^{-1}(t))}{V(\phi^{-1}(t))} \frac{\phi(\phi^{-1}(t))}{\phi(f(b)\phi^{-1}(t))} \right) \\ & \leq c_5 \exp(-c_6 b f(b)^{d_1} f(b)^{-d_4}) = c_5 \exp \left( -\frac{c_6 b}{f(b)^\theta} \right), \end{aligned}$$

where  $\theta := d_4 - d_1 > 0$ .

Combining with all the estimates above, we find that

$$\sup_{t>0} \mathbf{P}^x \left( L^*(t) \geq \frac{bt}{V(\phi^{-1}(t))} \right) \leq c_7 \left[ f(b)^{-d_3} + e^{-c_2 b} + \exp \left[ -\left( \frac{c_6 b}{f(b)^\theta} \right) \right] \right].$$

The proof is finished by taking  $f(r) = r^{1/(2\theta)}$  in the inequality above. □

Now, we are ready to prove Theorem 4.11.

**Proof of Theorem 4.11.** (i) (*Upper bound*): According to Proposition 4.14, we find that

$$\sup_{t>0, x \in M} \mathbf{P}^x \left( L^*(t) \geq \frac{bt}{V(\phi^{-1}(t))} \right) \rightarrow 0, \quad b \rightarrow \infty.$$

Then, according to Proposition A.2 and the (stronger) doubling properties of  $V$  and  $\phi$ , we know that

$$\limsup_{t \rightarrow \infty} \frac{L^*(t)}{t/V(\phi^{-1}(t/\log \log t))} = \limsup_{t \rightarrow \infty} \frac{L^*(t)}{\frac{(t/\log \log t)}{V(\phi^{-1}(t/\log \log t))} (\log \log t)} \leq c_0.$$

(ii) (*Lower bound*): Let  $R(t) = \mu(X([0, t]))$  be the range of the process. By Theorem 3.8, there is a sequence  $\{t_n\}$  such that  $t_n \rightarrow \infty$  as  $n \rightarrow \infty$ , and

$$\sup_{0 \leq s \leq t_n} d(X_s, x) \leq c_1 \phi^{-1}\left(\frac{t_n}{\log \log t_n}\right).$$

Since  $R(t) \leq c_2 V(\sup_{0 \leq s \leq t} d(X_s, x))$ ,

$$R(t_n) \leq c_3 V\left(\phi^{-1}\left(\frac{t_n}{\log \log t_n}\right)\right).$$

In particular,

$$\liminf_{t \rightarrow \infty} \frac{R(t)}{V(\phi^{-1}(t/\log \log t))} \leq c_3. \tag{4.25}$$

By the fact that

$$t = \int_{X([0,t])} l(x, t) \mu(dx) \leq L^*(t)R(t), \tag{4.26}$$

we get

$$\limsup_{t \rightarrow \infty} \frac{L^*(t)}{t/V(\phi^{-1}(t/\log \log t))} \geq \limsup_{t \rightarrow \infty} \frac{t}{R(t)t/V(\phi^{-1}(t/\log \log t))} \geq \frac{1}{c_3}.$$

From those two inequalities above, we have proved the desired assertion by zero–one law for tail events (see Theorem 2.10). □

Next, we turn to another LIL.

**Theorem 4.15.** *Under Assumption 4.4, there exists a constant  $c_0 \in (0, \infty)$  such that*

$$\liminf_{t \rightarrow \infty} \frac{L^*(t)}{(t/\log \log t)/V(\phi^{-1}(t/\log \log t))} = c_0, \quad \mathbf{P}^x\text{-a.e. } \omega, \forall x \in M.$$

**Proof.** (i) (*Lower bound*): Let  $R(t)$  be the range of the process. Then, by (3.4),

$$\mathbf{P}^x(R(t) \geq r) \leq \mathbf{P}^x\left(\sup_{0 \leq s \leq t} d(X_s, x) \geq V^{-1}(c_1 r)\right) \leq \frac{c_2 t}{\phi(V^{-1}(c_1 r))}.$$

According to the doubling properties of  $V$  and  $\phi$ ,

$$\sup_{x \in M, t > 0} \mathbf{P}^x(R(t) \geq bV(\phi^{-1}(t))) \rightarrow 0, \quad b \rightarrow \infty.$$

This, along with Proposition A.2 and the doubling properties of  $V$  and  $\phi$  again, yields that

$$\limsup_{t \rightarrow \infty} \frac{R(t)}{V(\phi^{-1}(t/\log \log t)) \log \log t} \leq c_3. \tag{4.27}$$

Also due to (4.26), we get that

$$\begin{aligned} & \liminf_{t \rightarrow \infty} \frac{L^*(t)}{(t/\log \log t)/V(\phi^{-1}(t/\log \log t))} \\ & \geq \liminf_{t \rightarrow \infty} \frac{t}{R(t)(t/\log \log t)/V(\phi^{-1}(t/\log \log t))} \geq \frac{1}{c_3}. \end{aligned}$$

(ii) (*Upper bound*): Below, we turn to prove that

$$\liminf_{t \rightarrow \infty} \frac{L^*(t)}{(t/\log \log t)/V(\phi^{-1}(t/\log \log t))} \leq c_4,$$

which along with the inequality above and zero–one law for tail events (see Theorem 2.10) yields the required assertion.

Let  $t_k = e^{k^2}$ . Then,

$$\begin{aligned} & \liminf_{t \rightarrow \infty} \frac{L^*(t)}{(t/\log \log t)/V(\phi^{-1}(t/\log \log t))} \\ & \leq \limsup_{k \rightarrow \infty} \frac{L^*(t_k)}{(t_{k+1}/\log \log t_{k+1})/V(\phi^{-1}(t_{k+1}/\log \log t_{k+1}))} \\ & \quad + \liminf_{k \rightarrow \infty} \sup_{x \in M} \frac{l(x, t_{k+1}) - l(x, t_k)}{(t_{k+1}/\log \log t_{k+1})/V(\phi^{-1}(t_{k+1}/\log \log t_{k+1}))}. \end{aligned}$$

From Theorem 4.11, (4.13) and the assumption  $d_3 > d_2$ , we know that

$$\limsup_{k \rightarrow \infty} \frac{L^*(t_k)}{(t_{k+1}/\log \log t_{k+1})/V(\phi^{-1}(t_{k+1}/\log \log t_{k+1}))} = 0.$$

So, by the Markov property and the second Borel–Cantelli lemma, it suffices to prove that there is a constant  $C > 0$  such that for any  $x \in M$ ,

$$\sum_{k=1}^{\infty} \mathbf{P}^x \left( \sup_{x \in M} (l(x, t_{k+1}) - l(x, t_k)) < C \frac{t_{k+1}/\log \log t_{k+1}}{V(\phi^{-1}(t_{k+1}/\log \log t_{k+1}))} \middle| \mathcal{F}_{t_k} \right) = \infty.$$

For this, we follow the proofs of [8], Proposition 4.8 and [41], Theorem 3.2, but with some significant modifications. Note that, using Assumption 2.1, we have that there is a constant  $c_0 = c_0(d_3) \in (0, 1)$  such that for every  $t > 0$  and balls  $B_1$  and  $B_2$  of radius  $2\phi^{-1}(t)$  with  $B_1 \cap B_2 \neq \emptyset$ ,

$$\begin{aligned} & \inf_{t > 0, z \in B_1} \int_{B_2} p(t, z, y) \mu(dy) \\ & \geq c \inf_{t > 0, z \in B_1} \int_{B_2} \left( \frac{1}{V(\phi^{-1}(t))} \wedge \frac{t}{V(d(z, y))\phi(d(z, y))} \right) \mu(dy) \tag{4.28} \\ & \geq c \inf_{t > 0} \left( \frac{1}{V(\phi^{-1}(t))} \wedge \frac{t}{V(8\phi^{-1}(t))\phi(8\phi^{-1}(t))} \right) \mu(B_2) \geq c_0, \end{aligned}$$

where in the last inequality we used the doubling properties of  $V$  and  $\phi$ .

Let  $\gamma = -4 \log(c_0/2)$  and constants  $\rho > 2$  and  $c_* > 0$  will be chosen later. Set  $s = \gamma t / \log \log t$  for  $t > e^2$ . According to Lemma A.4, there exists a sequence  $\{A_i\}_{i=0}^\infty$  depending on  $x$  and  $s$  such that each  $A_i$  is a ball of radius  $2\phi^{-1}(s)$ ,  $\lim_{i \rightarrow \infty} d(x, A_i) = \infty$ , and the following hold:

$$x \in A_0, \quad A_i \cap A_{i+1} \neq \emptyset \quad \text{for all } i \in \mathbb{N}, \quad A_i \cap A_j = \emptyset \quad \text{for all } |i - j| \geq 2.$$

For  $k \geq 1$ , set

$$E_k = \left\{ \sup_{x \in M} (l(x, ks) - l(x, (k-1)s)) \leq c_*(t/\log \log t) / V(\phi^{-1}(t/\log \log t)), \right. \\ \left. \sup_{0 \leq u < s} d(X_{(k-1)s+u}, X_{(k-1)s}) \leq \rho \phi^{-1}(s), X_{ks} \in A_{2k} \right\}.$$

Let

$$B_1 := \{L^*(s) \leq c_*(t/\log \log t) / V(\phi^{-1}(t/\log \log t))\}, \\ B_2 := \left\{ \sup_{0 < u < s} d(X_u, X_0) \leq \rho \phi^{-1}(s) \right\} \quad \text{and} \quad B_{3,k} := \{X_s \in A_{2k}\}.$$

By the strong Markov property, for all  $x \in M$ ,

$$\mathbf{P}^x \left( \bigcap_{k=1}^{n_0} E_k \mid \mathcal{F}_{(n_0-1)s} \right) = \left( \prod_{k=1}^{n_0-1} \mathbb{1}_{E_k} \right) \mathbf{P}^{X_{(n_0-1)s}}(E_{n_0}) \\ = \left( \prod_{k=1}^{n_0-1} \mathbb{1}_{E_k} \right) \mathbf{P}^{X_{(n_0-1)s}}(B_1 \cap B_2 \cap B_{3,n_0}). \tag{4.29}$$

First, let  $c_1, d_1$  and  $d_4$  be the constants in (4.13). For  $s > 0$  and  $c_* > 0$  with  $c_*c_1\gamma^{-1+(d_1/d_4)} \geq 1$ , using Proposition 4.14, we have

$$\sup_{z \in M} \mathbf{P}^z(B_1^c) \leq \sup_{z \in M} \mathbf{P}^z(L^*(s) \geq c_*c_1\gamma^{-1+(d_1/d_4)}s / V(\phi^{-1}(s))) \\ \leq c_2(c_*c_1\gamma^{-1+(d_1/d_4)})^{-c_3},$$

where in the first inequality we have used (4.13), and  $c_2, c_3$  are positive constants independent of  $s$  and  $c_*$ . Second, according to Propositions 2.5 and 2.12, there is a constant  $c_4 \in (0, 1)$  such that for all  $s > 0$  and  $\rho \geq 1$ ,

$$\sup_{z \in M} \mathbf{P}^z(B_2^c) \leq \sup_{z \in M} \mathbf{P}^z \left( \sup_{0 < u < s} d(X_u, z) \geq \rho \phi^{-1}(s) \right) \leq c_4^\rho.$$

Third, by (4.28), for any  $k \geq 1$ ,

$$\inf_{z \in A_{2(k-1)}} \mathbf{P}^z(B_{3,k}) = \inf_{z \in A_{2(k-1)}} \int_{A_{2k}} p(s, z, y) \mu(dy) \geq c_0.$$

Combining with all the estimates above and the fact

$$\mathbf{P}(D_1 \cap D_2 \cap D_3) \geq \mathbf{P}(D_3) - \mathbf{P}(D_1^c) - \mathbf{P}(D_2^c),$$

we find that

$$\inf_{z \in A_{2(k-1)}} \mathbf{P}^z(E_k) = \inf_{z \in A_{2(k-1)}} \mathbf{P}^z(B_1 \cap B_2 \cap B_{3,k}) \geq c_0 - c_2(c_*c_1\gamma^{-1+(d_1/d_4)})^{-c_3} - c_4^\rho.$$

Now we choose  $c_*$  and  $\rho$  depending on  $d_1, d_4$  and  $c_i, i = 1, \dots, 4$ , large enough such that  $\inf_{z \in A_{2(k-1)}} \mathbf{P}^z(E_k) \geq c_0/2$ . By this and (4.29), we find that for all  $x \in M$  and  $t > e^2$ ,

$$\mathbf{P}^x \left( \bigcap_{k=1}^{n_0} E_k \right) \geq (c_0/2)^{n_0} \geq (c_0/2)(\log t)^{-1/4},$$

where  $n_0 = \lfloor \frac{\log \log t}{\gamma} \rfloor + 1 = \lfloor \frac{\log \log t}{-4 \log(c_0/2)} \rfloor + 1$ . Since there is a constant  $C = C(c_*, \rho) > 0$  such that

$$\bigcap_{k=1}^{n_0} E_k \subset \{L^*(t) < C(t/\log \log t)/V(\phi^{-1}(t/\log \log t))\},$$

we get for all  $x \in M$  and  $t > e^2$ ,

$$\mathbf{P}^x \{L^*(t) < C(t/\log \log t)/V(\phi^{-1}(t/\log \log t))\} \geq (c_0/2)(\log t)^{-1/4}.$$

Therefore,

$$\begin{aligned} \mathbf{P}^x \left( \sup_{x \in M} (l(x, t_{k+1}) - l(x, t_k)) < C(t_{k+1}/\log \log t_{k+1})/V(\phi^{-1}(t_{k+1}/\log \log t_{k+1})) \mid \mathcal{F}_{t_k} \right) \\ \geq \inf_{z \in M} \mathbf{P}^z (L^*(t_{k+1}) < C(t_{k+1}/\log \log t_{k+1})/V(\phi^{-1}(t_{k+1}/\log \log t_{k+1}))) \\ \geq (c_0/2)(k+1)^{-1/2}, \end{aligned}$$

whose summation on  $k$  diverges. This completes the proof. □

As in the proofs of Theorems 4.11 and 4.15, let  $R(t) = \mu(X([0, t]))$  be the range of the process  $X$ . As a direct application of previous theorems, we have the following statements for the ranges.

**Theorem 4.16.** *Under Assumption 4.4, there exist constants  $c_0, c_1 \in (0, \infty)$  such that*

$$\limsup_{t \rightarrow \infty} \frac{R(t)}{V(\phi^{-1}(t/\log \log t)) \log \log t} = c_0, \quad \mathbf{P}^x \text{-a.e. } \omega, \forall x \in M, \tag{4.30}$$

$$\liminf_{t \rightarrow \infty} \frac{R(t)}{V(\phi^{-1}(t/\log \log t))} = c_1, \quad \mathbf{P}^x \text{-a.e. } \omega, \forall x \in M. \tag{4.31}$$

**Proof.** First, the upper bound of (4.30) is already obtained in (4.27). The lower bound of (4.30) is a consequence of (4.26) and Theorem 4.15. Next, the upper bound of (4.31) is already obtained in (4.25). The lower bound of (4.31) is a consequence of (4.26) and Theorem 4.11. Finally, the zero–one law for tail events (Theorem 2.10) yields the desired results.  $\square$

### 5. Examples: Jump processes of mixed types on metric measure spaces

We now give three examples. The first one is the  $\beta$ -stable-like processes on  $\alpha$ -set. This is the case  $d_1 = d_2 = \alpha$  and  $d_3 = d_4 = \beta$  in (2.8) and (2.10), and our results can be written simply as Theorem 1.3 in Section 1.

The other two examples below are essentially taken from [14], Example 2.3(1) and (2). We recall the framework on the metric measure space from here. Let  $(M, d, \mu)$  be a locally compact, separable and connected metric space such that there is a strictly increasing function  $V$  satisfying (2.1) and (2.8), i.e. for any  $x \in M$  and  $r > 0$ ,  $\mu(B(x, r)) \asymp V(r)$ , and there exist constants  $c_1, c_2 > 0, d_2 \geq d_1 > 0$  such that

$$c_1 \left(\frac{R}{r}\right)^{d_1} \leq \frac{V(R)}{V(r)} \leq c_2 \left(\frac{R}{r}\right)^{d_2} \quad \text{for every } 0 < r < R < \infty.$$

**Example 5.1.** Assume that there exist  $0 < \beta_1 \leq \beta_2 < \infty$  and a probability measure  $\nu$  on  $[\beta_1, \beta_2]$  such that

$$\phi(r) = \int_{\beta_1}^{\beta_2} r^\beta \nu(d\beta), \quad r > 0.$$

Clearly,  $\phi$  is a continuous strictly increasing function such that (2.10) holds with  $d_3 = \beta_1$  and  $d_4 = \beta_2$ . Consider a regular Dirichlet form  $(\mathcal{E}, \mathcal{F})$  on  $L^2(M, \mu)$  such that  $\mathcal{E}$  is given by (1.8) and the Lévy measure  $n(\cdot, \cdot)$  satisfies (2.7) with the function  $\phi$  given above. Then the associated Hunt process has the transition density function  $p(t, x, y)$  satisfying Assumption 2.1 with the functions  $V$  and  $\phi$  given above. Furthermore, we have the following assertions.

- (i) All the statements of theorems in Section 3 hold for sample paths of the process  $X$ .
- (ii) If  $d_2 < \beta_1$ , then the local time of the process  $X$  exists, and all the theorems in Section 4 hold for local times and the range of the process  $X$ .

**Example 5.2.** Consider the following increasing function

$$\phi(r) = \left( \int_{\beta_1}^{\beta_2} r^{-\beta} \nu(d\beta) \right)^{-1}, \quad r > 0,$$

where  $\nu$  is a probability measure on  $[\beta_1, \beta_2] \subset (0, \infty)$ . We can check easily that for this example (2.10) also holds with  $d_3 = \beta_1$  and  $d_4 = \beta_2$ . Consider a regular Dirichlet form  $(\mathcal{E}, \mathcal{F})$  on  $L^2(M, \mu)$  such that  $\mathcal{E}$  is given by (1.8) and the Lévy measure  $n(\cdot, \cdot)$  satisfies (2.7) with the function  $\phi$  given above. Then the associated Hunt process has the transition density function

$p(t, x, y)$  satisfying Assumption 2.1 with the functions  $V$  and  $\phi$  given above. Furthermore, we have the same conclusions for the process  $X$  as these in Example 5.1.

**Example 5.3.** We give an example where  $\beta$  could be strictly larger than 2. Assume that  $(M, d, \mu)$  enjoys the following:

- (i)  $\mu$  is a  $\alpha$ -set, namely  $d_1 = d_2 = \alpha$ .
- (ii) There exists a  $\mu$ -symmetric conservative diffusion on  $M$  which has a symmetric jointly continuous transition density  $\{q(t, x, y) : t > 0, x, y \in M\}$  with the following estimates for all  $t > 0, x, y \in M$ :

$$c_1 t^{-\alpha/\beta_*} \exp\left(-c_2 \left(\frac{d(x, y)^{\beta_*}}{t}\right)^{1/(\beta_*-1)}\right) \leq q(t, x, y) \leq c_3 t^{-\alpha/\beta_*} \exp\left(-c_4 \left(\frac{d(x, y)^{\beta_*}}{t}\right)^{1/(\beta_*-1)}\right),$$

where  $\beta_* \geq 2$ .

It is known that various fractals including the Sierpinski gaskets and Sierpinski carpets satisfy the conditions and for those cases, typically  $\beta_* > 2$ . For example, for Sierpinski gaskets,  $\beta_* = \log 5 / \log 2$  and  $\alpha = \log 5 / \log 2$  (see [2,31] for details).

Now, for  $0 < \gamma < 1$ , let  $\{\xi_t\}_{t>0}$  be the strictly  $\gamma$ -stable subordinator; namely let  $\{\xi_t\}_{t>0}$  be a one dimensional non-negative Lévy process with the generating function  $\mathbf{E}[\exp(-u\xi_t)] = \exp(-tu^\gamma)$ . Assume further that  $\{\xi_t\}_{t>0}$  is independent of the diffusion process above. Then the subordinate process of the diffusion by the  $\gamma$ -stable subordinator has the following heat kernel

$$p(t, x, y) = \int_0^\infty q(u, x, y)\eta_t(u) du \quad \text{for all } t > 0, x, y \in M,$$

where  $\{\eta_t(u) : t > 0, u \geq 0\}$  is the transition density of  $\{\xi_t\}_{t>0}$ . It is easy to check that  $p(t, x, y)$  satisfies (1.5) with  $\beta = \gamma\beta_*$ , so the conclusions of Theorem 1.3 hold (see [30] for details).

## Appendix: Some proofs and technical lemmas

In this appendix, we give some proofs of the results in Section 2, and also present some technical lemmas that are used in the paper.

### A.1. Proofs of some results in Section 2

**Proof of Proposition 2.5.** Let  $\zeta$  be the lifetime of the process  $X$  and  $M_0 = M \setminus \mathcal{N}$ . By (2.5), we have that for any  $t > 0$  and every  $x \in M_0$ ,

$$\mathbf{P}^x(\zeta > t) \geq \int_{B(x, \phi^{-1}(t))} p(t, x, y)\mu(dy) \geq \int_{B(x, \phi^{-1}(t))} \frac{C_1}{V(\phi^{-1}(t))} \mu(dy) \geq C_1 C_*^{-1} > 0.$$

Let  $u(x) := \mathbf{P}^x(\zeta = \infty)$ . Then  $u(x) = \lim_{t \rightarrow \infty} \mathbf{P}^x(\zeta > t) \geq C_1 C_*^{-1} > 0$  for every  $x \in M_0$ . Note that  $u(X_t) = 1_{\{\zeta > t\}} u(X_t) = \mathbf{E}^x(1_{\{\zeta = \infty\}} | \mathcal{F}_t)$  is a bounded martingale with  $\lim_{t \rightarrow \infty} u(X_t) = 1_{\{\zeta = \infty\}}$ . Let  $\{K_j; j \geq 1\}$  be an increasing sequence of compact sets so that  $\bigcup_{j=1}^\infty K_j = M$  and define  $\tau_j = \inf\{t \geq 0 : X_t \notin K_j\}$ . Since  $X$  admits no killings inside  $M$ , we have  $\tau_j < \zeta$  a.s. Clearly,  $\lim_{j \rightarrow \infty} \tau_j = \zeta$ . By the optional stopping theorem, we have for  $x \in M_0$ ,

$$\begin{aligned} u(x) &= \lim_{j \rightarrow \infty} \mathbf{E}^x u(X_{\tau_j}) = \mathbf{E}^x \left( \lim_{j \rightarrow \infty} u(X_{\tau_j}) \right) = \mathbf{E}^x \left( \lim_{j \rightarrow \infty} u(X_{\tau_j}) 1_{\{\zeta < \infty\}} + \lim_{t \rightarrow \infty} u(X_t) 1_{\{\zeta = \infty\}} \right) \\ &\geq C_1 C_*^{-1} \mathbf{P}^x(\zeta < \infty) + \mathbf{P}^x(\zeta = \infty). \end{aligned}$$

It follows that  $\mathbf{P}^x(\zeta < \infty) = 0$  for every  $x \in M_0$ . The proof is complete. □

**Proof of Proposition 2.6.** Fix a point  $x_0 \in M$  and let  $u_t(x) = p(t, x_0, x)$ . By Proposition 2.5,  $\|u_t\|_1 = 1$ ; on the other hand,  $\|u_t\|_\infty \leq \frac{C_2}{V(\phi^{-1}(t))}$ . Hence, noting  $V(\infty) = \infty$ , we have

$$\mu(M) \geq \frac{\|u_t\|_1}{\|u_t\|_\infty} \rightarrow \infty, \quad t \rightarrow \infty,$$

that is,  $\mu(M) = \infty$ . Due to (1) the measure of any ball is finite, and so  $M$  is not contained in any ball, which proves  $\text{diam}(M) = \infty$ . The last assertion immediately follows from [24], Corollary 5.3, and the fact that  $M$  is connected. □

**Proof of Proposition 2.9.** For simplicity, we only deal with the case that both Assumptions 2.1 and 2.8 hold true. The proof is essentially the same as that of [13], Theorem 4.11, and we shall highlight a few different steps.

For each  $A \subset [0, \infty) \times M$ , define  $\sigma_A = \inf\{t > 0 : Z_t \in A\}$  and  $A_s = \{y \in M : (s, y) \in A\}$ . Let  $Q(t, x, r) = [t, t + c_0\phi(r)] \times B(x, r)$ , where  $c_0 \in (0, 1)$  is the constant in (2.16). Then, following the argument of [14], Lemma 6.2 and using Proposition 2.7 and the Lévy system for the process  $X$  (see [14], Appendix A), we can obtain that there is a constant  $c_1 > 0$  such that for all  $x \in M \setminus \mathcal{N}$ ,  $t, r > 0$  and any compact subset  $A \subset Q(t, x, r)$

$$\mathbf{P}^{(t,x)}(\sigma_A < \tau_{Q(t,x,r)}) \geq c_1 \frac{m \otimes \mu(A)}{V(r)\phi(r)}, \tag{A.1}$$

where  $m \otimes \mu$  is a product measure of the Lebesgue measure  $m$  on  $\mathbb{R}_+$  and  $\mu$  on  $M$ . Note that unlike [14], Lemma 6.2, here (A.1) is satisfied for all  $r > 0$  not only  $r \in (0, 1]$ , which is due to the fact (2.16) holds for all  $r > 0$ .

Also by the Lévy system of the process  $X$ , we find that there is a constant  $c_2 > 0$  such that for all  $x \in M \setminus \mathcal{N}$ ,  $t, r > 0$  and  $s \geq 2r$ ,

$$\begin{aligned} \mathbf{P}^{(t,x)}(X_{\tau_{Q(t,x,r)}} \notin B(x, s)) &= \mathbf{E}^{(t,x)} \int_0^{\tau_{Q(t,x,r)}} \int_{B(x,s)^c} J(X_v, u) \mu(du) dv \\ &\leq c_2 \left( \int_{r > s/2} \frac{dV(r)}{V(r)\phi(r)} \right) \mathbf{E}^x \tau_{B(x,r)}. \end{aligned}$$

On one hand, by the doubling properties of  $V$  and  $\phi$ , we have

$$\int_{r>s/2} \frac{dV(r)}{V(r)\phi(r)} = \sum_{k=0}^{\infty} \int_{r \in (2^{k-1}s, 2^k s]} \frac{dV(r)}{V(r)\phi(r)} \leq \sum_{k=0}^{\infty} \frac{V(2^k s) - V(2^{k-1} s)}{V(2^{k-1} s)\phi(2^{k-1} s)} \leq c_3 \frac{1}{\phi(s)}.$$

On the other hand, for all  $x \in M \setminus \mathcal{N}$  and  $r, t > 0$ , by (4.4) (which is proved by the doubling property (2.9) of  $\phi$  only),

$$\mathbf{P}^x(\tau_{B(x,r)} \geq t) \leq \exp(-c_4 t / \phi(r)),$$

which implies that

$$\mathbf{E}^x(\tau_{B(x,r)}) = \int_0^{\infty} \mathbf{P}^x(\tau_{B(x,r)} \geq t) dt \leq c_5 \phi(r). \tag{A.2}$$

Therefore, there is a constant  $c_6 > 0$  such that for all  $x \in M \setminus \mathcal{N}$ ,  $t, r > 0$  and  $s \geq 2r$ ,

$$\mathbf{P}^{(t,x)}(X_{\tau_{Q(t,x,r)}} \notin B(X, s)) \leq c_6 \frac{\phi(r)}{\phi(s)}. \tag{A.3}$$

Having (A.1) and (A.3) at hand, one can follow the argument of [13], Theorem 4.11, to get that the Hölder continuity of bounded parabolic functions (see the definition before Proposition 2.13), and so the desired assertion (2.11) for the heart kernel  $p(t, x, y)$ . Furthermore, (2.12) is an immediately consequence of (2.11).  $\square$

**Proof of Theorem 2.10.** The proof is similar to the one of [8], Proposition 2.3. For completeness, we provide the full proof here. (See [4] for the original proof.) Let  $\varepsilon > 0$  and  $A$  be a tail event. Fix  $x_0 \in M$ . By the martingale convergence theorem,  $\mathbf{E}^{x_0}[1_A | \mathcal{F}_t] \rightarrow 1_A$  a.s. as  $t \rightarrow \infty$ . Choose  $t_0$  large enough so that

$$\mathbf{E}^{x_0} |\mathbf{E}^{x_0}[1_A | \mathcal{F}_{t_0}] - 1_A| < \varepsilon. \tag{A.4}$$

Set  $Y := \mathbf{E}^{x_0}[1_A | \mathcal{F}_{t_0}]$ . Then

$$|\mathbf{P}^{x_0}(A) - \mathbf{E}^{x_0}(Y; A)| = |\mathbf{E}^{x_0}(1_A; A) - \mathbf{E}^{x_0}(Y; A)| < \varepsilon. \tag{A.5}$$

On the other hand, using (3.4) and the doubling property of  $\phi$ , we can take  $c_1 > 0$  large so that

$$\mathbf{P}^{x_0} \left( \sup_{s \leq t_0} d(X_s, x_0) > c_1 \phi^{-1}(t_0) \right) < \varepsilon. \tag{A.6}$$

By Proposition 2.9, we now choose  $t_1$  large so that for all  $f \in L^\infty(M)$  and  $x \in M$  with  $d(x, x_0) \leq c_1 \phi^{-1}(t_0)$ ,

$$|P_{t_1} f(x) - P_{t_1} f(x_0)| < \varepsilon \|f\|_\infty. \tag{A.7}$$

Since  $A$  is a tail event, there exists an event  $C$  such that  $A = C \circ \theta_{t_0+t_1}$ . Let  $f(z) = \mathbf{P}^z(C)$ . Then by the Markov property at time  $t_1$ ,

$$\mathbf{E}^w(1_C \circ \theta_{t_1}) = \mathbf{E}^w \mathbf{E}^{X_{t_1}} 1_C = \mathbf{E}^w f(X_{t_1}) = P_{t_1} f(w). \tag{A.8}$$

Thus the Markov property at time  $t_0$  and (A.8) further give us

$$\mathbf{E}^{x_0}(Y; A) = \mathbf{E}^{x_0}[Y \mathbf{E}^{X_{t_0}}(1_C \circ \theta_{t_1})] = \mathbf{E}^{x_0}[Y P_{t_1} f(X_{t_0})] \tag{A.9}$$

and

$$\mathbf{P}^{x_0}(A) = \mathbf{E}^{x_0} 1_A = \mathbf{E}^{x_0} \mathbf{E}^{X_{t_0}}(1_C \circ \theta_{t_1}) = \mathbf{E}^{x_0}[P_{t_1} f(X_{t_0})]. \tag{A.10}$$

Let  $A_{t_0} = \{d(X_{t_0}, x_0) \leq c_1 \phi^{-1}(t_0)\}$ . Using (A.6) and (A.7), we see that

$$\begin{aligned} & |\mathbf{E}^{x_0}[Y P_{t_1} f(X_{t_0})] - P_{t_1} f(x_0) \mathbf{E}^{x_0} Y| \\ & \leq 2\mathbf{P}_x(A_{t_0}^c) + |\mathbf{E}^{x_0}[Y P_{t_1} f(X_{t_0}); A_{t_0}] - P_{t_1} f(x_0) \mathbf{E}^{x_0}[Y; A_{t_0}]| \\ & < 2\varepsilon + |\mathbf{E}^{x_0}[Y | P_{t_1} f(X_{t_0}) - P_{t_1} f(x_0); A_{t_0}]| \leq 3\varepsilon. \end{aligned} \tag{A.11}$$

Similarly

$$|\mathbf{E}^{x_0} P_{t_1} f(X_{t_0}) - P_{t_1} f(x_0)| \leq 3\varepsilon. \tag{A.12}$$

Combining (A.5), (A.9), (A.10), (A.11) and (A.12),

$$\begin{aligned} & |\mathbf{P}^{x_0}(A) - \mathbf{P}^{x_0}(A) \mathbf{E}^{x_0} Y| \\ & \leq |\mathbf{P}^{x_0}(A) - \mathbf{E}^{x_0}(Y; A)| + |\mathbf{E}^{x_0}[Y P_{t_1} f(X_{t_0})] - P_{t_1} f(x_0) \mathbf{E}^{x_0} Y| \\ & \quad + |P_{t_1} f(x_0) \mathbf{E}^{x_0} Y - \mathbf{E}^{x_0} P_{t_1} f(X_{t_0}) \mathbf{E}^{x_0} Y| \leq 7\varepsilon. \end{aligned}$$

Using this and (A.4),  $|\mathbf{P}^{x_0}(A) - \mathbf{P}^{x_0}(A) \mathbf{P}^{x_0}(A)| \leq 8\varepsilon$ . Since  $\varepsilon$  is arbitrary, we deduce  $\mathbf{P}^{x_0}(A) = [\mathbf{P}^{x_0}(A)]^2$ , and so  $\mathbf{P}^{x_0}(A)$  is 0 or 1. Since  $\mathbf{P}^x(A) = \mathbf{E}^x P_{t_1} f(X_{t_0}) = P_{t_0}(P_{t_1} f)(x)$  is continuous in  $x$  (which is easily seen from Proposition 2.9) and  $M$  is connected, we further conclude that either  $\mathbf{P}^x(A)$  is 0 for all  $x \in M$  or else it is 1 for all  $x \in M$ . The proof is complete.  $\square$

**Proof of Proposition 2.11.** For any  $x', y' \in B(x, r/2)$  and  $t > 0$ ,

$$p(t, x', y') = p^{B(x,r)}(t, x', y') + \mathbf{E}^x(p(t - \tau_{B(x,r)}, X_{\tau_{B(x,r)}}, y') : \tau_{B(x,r)} < t).$$

On the one hand,

$$\mathbf{E}^x(p(t - \tau_{B(x,r)}, X_{\tau_{B(x,r)}}, y') : \tau_{B(x,r)} < t) \leq \sup_{s \leq t; d(y,z) \geq r/2} p(s, z, y) \leq \frac{C_2 t}{V(r/2)\phi(r/2)}.$$

For any  $\delta \in (0, 1/2)$ , any  $x', y' \in B(x, \frac{1}{2}\delta r)$  and  $t = \phi(\delta r)$ ,

$$p(t, x', y') \geq C_1 \left( \frac{1}{V(\phi^{-1}(t))} \wedge \frac{t}{V(d(x', y'))\phi(d(x', y'))} \right) \geq \frac{C_1}{V(\delta r)},$$

so

$$p^{B(x,r)}(t, x', y') \geq \frac{C_1}{V(\delta r)} - \frac{C_2}{V(r/2)}.$$

By the doubling property of  $V$ , we find that

$$p^{B(x,r)}(t, x', y') \geq \frac{C_3}{V(r)}$$

providing that  $\delta \in (0, 1/2)$  is small enough. Having this at hand, one can follow the argument of [5], Lemma 2.3, and use the doubling property of  $\phi$  to get the first required assertion. The second assertion of the proposition directly follows from the argument above.  $\square$

**Proof of Proposition 2.12.** Here we only prove the case that Assumption 2.1 and 2.8 hold. According to (3.4) and the doubling property of  $\phi$ , for any  $r > 0$  and all  $x \in M$ ,

$$\mathbf{P}^x \left( \sup_{0 \leq s \leq c_0 \phi(r)} d(X_s, X_0) \leq 2r \right) \leq a_2^*$$

holds with some constants  $c_0 > 0$  and  $a_2^* \in (0, 1)$  independent of  $x$  and  $r$ . Then, for any  $n \geq 1$  and  $x \in M$ , by the Markov property,

$$\begin{aligned} & \mathbf{P}^x \left( \sup_{0 \leq s \leq c_0 n \phi(r)} d(X_s, x) \leq r \right) \\ & \leq \mathbf{E}^x \left( \mathbb{1}_{\{\sup_{0 \leq s \leq c_0(n-1)\phi(r)} d(X_s, x) \leq r\}}; \mathbf{P}^{X_{c_0(n-1)\phi(r)}} \left( \sup_{0 \leq s \leq c_0 \phi(r)} d(X_s, X_0) \leq 2r \right) \right) \\ & \leq a_2^* \mathbf{P}^x \left( \sup_{0 \leq s \leq c_0(n-1)\phi(r)} d(X_s, x) \leq r \right). \end{aligned}$$

This proves the upper bound.

On the other hand, according to Proposition 2.11, there are constants  $\delta_0, c_1 > 0$  such that for all  $x \in M$  and any  $r > 0$ ,

$$p^{B(x,r)}(\delta_0 \phi(r), x', y') \geq c_1 V(r)^{-1}, \quad x', y' \in B(x, r/2),$$

where  $p^{B(x,r)}(t, x', y')$  denotes the Dirichlet heat kernel of the process killed by exiting  $B(x, r)$ . Then, choosing  $m = \lceil c_0/\delta_0 \rceil + 1$ ,

$$\begin{aligned} & \mathbf{P}^x \left( \sup_{0 \leq s \leq \delta_0 m n \phi(r)} d(X_s, x) \leq r \right) \\ & = \int_{B(x,r)} p^{B(x,r)}(\delta_0 m n \phi(r), x, y) \mu(dy) \\ & \geq \int_{B(x,r/2)} \int_{B(x,r/2)} \cdots \int_{B(x,r/2)} p^{B(x,r)}(\delta_0 \phi(r), x, x_1) \mu(dx_1) \\ & \quad \times p^{B(x,r)}(\delta_0 \phi(r), x_1, x_2) \mu(dx_2) \cdots \int_{B(x,r/2)} p^{B(x,r)}(\delta_0 \phi(r), x_{m-1}, y) \mu(dy) \\ & \geq (c_1 V(r)^{-1} \mu(B(x, r/2)))^{mn}. \end{aligned}$$

Thanks to the doubling property of  $V$ , there exists a constant  $a_1^* \in (0, 1)$  such that for all  $x \in M$ ,  $r > 0$  and  $n \geq 1$ ,

$$\mathbf{P}^x \left( \sup_{0 \leq s \leq \delta_0 mn \phi(r)} d(X_s, x) \leq r \right) \geq a_1^{*n}.$$

By the fact that

$$\mathbf{P}^x \left( \sup_{0 \leq s \leq c_0 n \phi(r)} d(X_s, x) \leq r \right) \geq \mathbf{P}^x \left( \sup_{0 \leq s \leq \delta_0 mn \phi(r)} d(X_s, x) \leq r \right),$$

the proof is complete. □

### A.2. Some technical results

The first result is an extended version of Garsia’s lemma ([21], Lemma 1), see [7], Lemma 6.1, for a version of Garsia’s lemma for a fractal.

**Lemma A.1.** *Let  $(M, d, \mu)$  satisfy (2.1) and (2.8). Suppose  $q : [0, \infty) \rightarrow [0, \infty)$  is a measurable function with  $q(0) = 0$  and that there exist constants  $C_1, C_2$  and  $\gamma_1, \gamma_2$  such that*

$$C_1 \left( \frac{r}{R} \right)^{\gamma_1} \leq \frac{q(r)}{q(R)} \leq C_2 \left( \frac{r}{R} \right)^{\gamma_2} \quad \text{for every } 0 < r \leq R < \infty. \tag{A.13}$$

Let  $\Psi : [0, \infty) \rightarrow [0, \infty)$  be a non-negative strictly increasing convex function such that  $\lim_{u \rightarrow \infty} \Psi(u) = \infty$ . For any  $x_0 \in M$  and  $R_0 > 0$ , let  $H = B(x_0, R_0)$  and  $f : H \rightarrow \mathbb{R}^d$  be a measurable function. If

$$\Gamma(H) := \iint_{H \times H} \Psi \left( \frac{|f(x) - f(y)|}{q(d(x, y))} \right) \mu(dx) \mu(dy) < \infty,$$

then there exist  $c_1, c_2 > 0$  that depends only on the constants in (2.8) and (A.13) such that

$$|f(x) - f(y)| \leq c_1 \int_0^{d(x,y)} \Psi^{-1} \left( \frac{c_2 \Gamma(H)}{V(u)^2} \right) \frac{q(u) du}{u}, \tag{A.14}$$

for  $\mu \times \mu$ -a.e.  $(x, y) \in B(x_0, R_0/8) \times B(x_0, R_0/8)$ . If  $f$  is continuous, then (A.14) holds every  $(x, y) \in B(x_0, R_0/8) \times B(x_0, R_0/8)$ .

**Proof.** For fixed  $(x, y) \in B(x_0, R_0/8) \times B(x_0, R_0/8)$  and  $k \geq 0$ , let  $a_k := 2^{-k+1} d(x, y)$  and  $B_k$  be open balls with radii  $a_k$  such that  $B_{k+1} \subset B_k$  and  $x, y \in B_0 \subset H$ . We denote  $f_k := \frac{1}{\mu(B_k)} \int_{B_k} f d\mu$ . For  $(z, w) \in B_{k-1}$ , we have  $d(z, w) \leq 2a_{k-1}$ , so by (A.13),  $C_2 q(2a_{k-1}) \geq q(d(z, w))$ . Thus, since  $\Psi$  is increasing,

$$\Psi \left( \frac{|f(z) - f(w)|}{C_0 q(2a_{k-1})} \right) \leq \Psi \left( \frac{|f(z) - f(w)|}{q(d(z, w))} \right), \quad (z, w) \in B_{k-1} \times B_k.$$

Using this, the increasing property and the convexity of  $\Psi$  and the Jensen inequality,

$$\begin{aligned}
 & \Psi\left(\frac{|f_{k-1} - f_k|}{C_2q(2a_{k-1})}\right) \\
 & \leq \Psi\left(\frac{1}{\mu(B_{k-1})\mu(B_k)} \int_{B_{k-1} \times B_k} \frac{|f(z) - f(w)|}{C_2q(2a_{k-1})} \mu(dw)\mu(dz)\right) \\
 & \leq \frac{1}{\mu(B_{k-1})\mu(B_k)} \int_{B_{k-1} \times B_k} \Psi\left(\frac{|f(z) - f(w)|}{q(d(z, w))}\right) \mu(dw)\mu(dz) \\
 & \leq \frac{\Gamma(H)}{\mu(B_{k-1})\mu(B_k)} \leq c_1 \frac{\Gamma(H)}{V(a_k)^2},
 \end{aligned} \tag{A.15}$$

where in the last inequality we used (2.1) and (2.8).

On the other hand, for  $k \geq 1$

$$\begin{aligned}
 & \int_{a_{k+1}}^{a_k} \Psi^{-1}\left(\frac{c_1\Gamma(H)}{V(u)^2}\right) \frac{q(u) du}{u} \\
 & \geq q(2a_{k-1})\Psi^{-1}\left(\frac{c_1\Gamma(H)}{V(a_k)^2}\right) \int_{a_{k+1}}^{a_k} \frac{q(u) du}{q(2a_{k-1}) u} \\
 & \geq q(2a_{k-1})\Psi^{-1}\left(\frac{c_1\Gamma(H)}{V(a_k)^2}\right) \int_{a_{k+1}}^{a_k} C_1\left(\frac{u}{2a_{k-1}}\right)^{\gamma_1} \frac{du}{u} \\
 & = C_1q(2a_{k-1})\Psi^{-1}\left(\frac{c_1\Gamma(H)}{V(a_k)^2}\right) (2a_{k-1})^{-\gamma_1} \int_{a_{k+1}}^{a_k} u^{\gamma_1-1} du \\
 & = c_2q(2a_{k-1})\Psi^{-1}\left(\frac{c_1\Gamma(H)}{V(a_k)^2}\right).
 \end{aligned} \tag{A.16}$$

Thus, by (A.15) and (A.16), for  $k \geq 1$ ,

$$|f_{k-1} - f_k| \leq C_0q(2a_{k-1})\Psi^{-1}\left(\frac{c_1\Gamma(H)}{V(a_k)^2}\right) \leq c_3 \int_{a_{k+1}}^{a_k} \Psi^{-1}\left(\frac{c_1\Gamma(H)}{V(u)^2}\right) \frac{q(u) du}{u}$$

which implies

$$\limsup_{k \rightarrow \infty} |f_k - f_0| \leq \sum_{k=1}^{\infty} |f_{k-1} - f_k| \leq c_2 \int_0^{d(x,y)} \Psi^{-1}\left(\frac{c_1\Gamma(H)}{V(u)^2}\right) \frac{q(u) du}{u}. \tag{A.17}$$

Suppose that  $f$  is continuous at  $x$ . Then, let  $B_0 = B(x, a_0)$ , so that  $x, y \in B_0 = B(x, 2d(x, y)) \subset B(x_0, R_0)$ . By considering  $B_k = B(x, a_k)$  for  $k \geq 1$ , we get from (A.17) that

$$|f(x) - f_0| \leq c_2 \int_0^{d(x,y)} \Psi^{-1}\left(\frac{c_1\Gamma(H)}{V(u)^2}\right) \frac{q(u) du}{u}.$$

Similarly, we get from (A.17) that, if  $f$  is continuous at  $y$  then

$$|f(y) - f_0| \leq c_2 \int_0^{d(x,y)} \Psi^{-1}\left(\frac{c_1 \Gamma(H)}{V(u)^2}\right) \frac{q(u) du}{u}.$$

Thus, if  $f$  is continuous at both  $x$  and  $y$ ,

$$|f(x) - f(y)| \leq |f(x) - f_0| + |f(y) - f_0| \leq 2c_2 \int_0^{d(x,y)} \Psi^{-1}\left(\frac{c_1 \Gamma(H)}{V(u)^2}\right) \frac{q(u) du}{u}.$$

The general case follows from Lebesgue differentiation theorem (e.g. see [25], Theorem 1.8).  $\square$

The following proposition gives an upper bound for LILs. Since it can be proved by a simple modification of the proof of [8], Theorem 3.1, we skip the proof.

**Proposition A.2.** *Let  $X$  be a strong Markov process on  $(M, d, \mu)$ . Suppose  $(F_t)_{t \geq 0}$  is a continuous adapted non-decreasing functional of  $X$  satisfying the following conditions.*

(1) *There exists an increasing function  $\varphi$  on  $\mathbb{R}_+$  satisfying the doubling property and such that*

$$\sup_{x \in M, t > 0} \mathbf{P}^x(F_t \geq b\varphi(t)) \rightarrow 0 \quad \text{as } b \rightarrow \infty.$$

(2)  $F_t - F_s \leq F_{t-s} \circ \theta_s, 0 < s \leq t$ .

Then, there exists a constant  $C \in (0, \infty)$  such that

$$\limsup_{t \rightarrow \infty} \frac{F_t}{\varphi(t/\log \log t) \log \log t} \leq C, \quad \mathbf{P}^x\text{-a.e. } \omega, \forall x \in M.$$

**Remark A.3.** Similar to the remark after the proof of [8], Theorem 3.1, Proposition A.2 can be used to derive upper bounds for LIL of  $L^*(t) = \sup_{x \in M} l(x, t)$  and the range  $R(t) = \mu(X([0, t]))$  of jump processes. Note that, in our setting the continuity of  $L^*(t)$  is a consequence of Proposition 4.14, the strong Markov property and the Borel–Cantelli lemma; while one can use Theorem 3.7 and the fact  $R(t) \leq c_1 V(\sup_{0 \leq s \leq t} d(X_s, x))$  for all  $t > 0$  and some constant  $c_1 > 0$  to obtain the continuity of  $R(t)$ .

**Proposition A.4.** *Let  $(M, d, \mu)$  be a connected metric measure space such that  $\text{diam } M = \infty$  and the volume doubling condition holds, i.e. there exists  $c_1 > 0$  such that*

$$\mu(B(x, 2r)) \leq c_1 \mu(B(x, r)), \quad x \in M, r > 0.$$

Then, for each  $x_0 \in M$  and  $R > 0$ , there exists a sequence  $\{A_i\}_{i=0}^\infty$  such that each  $A_i$  is a ball of radius  $R$ ,  $\lim_{i \rightarrow \infty} d(x_0, A_i) = \infty$ , and the following hold:

$$x_0 \in A_0, \quad A_i \cap A_{i+1} \neq \emptyset \quad \text{for all } i \in \mathbb{N}, \quad A_i \cap A_j = \emptyset \quad \text{for all } |i - j| \geq 2.$$

**Proof.** First, by [32], Lemma 3.1(i), there exists a constant  $N_0 \in \mathbb{N}$  such that for each  $R > 0$ , there exists an open covering  $\{B(z_i, R)\}_{i=0}^\infty$  of  $M$  with the property that no point in  $M$  is more than  $N_0$  of the balls. We say a subset  $\Lambda$  of  $\{z_i\}_i$  is linked if for each  $z_i, z_j \in \Lambda$ , there is a chain  $z^0 = z_i, z^1, \dots, z^l = z_j \in \Lambda$  such that  $z^k \sim z^{k+1}$  (by which we mean  $B(z^k, R) \cap B(z^{k+1}, R) \neq \emptyset$ ) for all  $k = 0, 1, \dots, l - 1$ . Take  $x_0 \in M$ . We may assume without loss of generality that  $x_0 = z_0$ . For each  $k \in \mathbb{N}$ , we may take a linked set  $G_k \subset \{z_i\}_i \cap B(x_0, 4kR)^c$  such that  $\sharp G_k = \infty$ . (Indeed, if there is no such linked sets, then because  $\text{diam } M = \infty$  and  $M$  is connected, there are infinite number of mutually disjoint and non-empty linked sets  $\{L_j\}$  such that  $\sharp L_j < \infty$  and  $L_j \subset \{z_i\}_i \cap B(x_0, 4kR)^c$ . We may assume that each  $L_j$  is maximal (i.e., no elements in  $\{z_i\}_i \cap B(x_0, 4kR)^c \cap L_j^c$  is linked to  $L_j$ ). Because  $M$  is connected, from each  $L_j$ , there exists  $\hat{x}_j \in L_j$  such that  $B(\hat{x}_j, R) \cap B(x_0, 4kR) \neq \emptyset$ . By construction,  $\{B(\hat{x}_j, R)\}_j$  are mutually disjoint, but this contradicts to the volume doubling assumption.) We fix one such a linked set  $G_k$  which is maximal; we may choose  $G_k \supset G_{k+1} \supset \dots$ . Set  $G_0 = \{z_i\}_i$ .

We now construct a desired chain inductively that contains a sequence  $\{z_{m_k}\}_{k=0}^\infty \subset \{z_i\}$ . Take  $z_{m_0} = x_0$ . For each  $k \geq 0$ , given  $z_{m_k} \in G_k \cap B(x_0, (4k + 2)R)$ , take a chain  $y_0^k = z_{m_k}, y_1^k, \dots, y_{s_k}^k$  such that  $y_i^k \sim y_{i+1}^k$  for  $i = 0, \dots, s_k - 1$ ,  $y_j^k \in G_k \setminus G_{k+1}$ ,  $j = 0, \dots, s_k - 1$  and  $y_{s_k}^k =: z_{m_{k+1}} \in G_{k+1}$ . Then it holds that  $z_{m_{k+1}} \in B(x_0, (4(k + 1) + 2)R)$ . Now let  $\tilde{y}_0^k = y_0^k$  and define  $\tilde{y}_i^k, i \geq 1$  inductively as the maximum  $j$  such that  $y_j^k \sim \tilde{y}_{i-1}^k$ . Then we have a sequence  $\tilde{y}_0^k = z_{m_k}, \tilde{y}_1^k, \dots, \tilde{y}_{s'_k}^k = z_{m_{k+1}}$  such that  $\tilde{y}_i^k \sim \tilde{y}_{i+1}^k$  and  $\tilde{y}_i^k \approx \tilde{y}_j^k$  if  $|i - j| \geq 2$ . By doing this procedure iteratively, and doing the same procedure (i.e., procedure to produce  $\{\tilde{y}_i^k\}$  from  $\{y_i^k\}$ ) again for each adjacent sequences (this is necessary because the sequences of balls made by the adjacent sequences  $\{\tilde{y}_0^k = z_{m_k}, \tilde{y}_1^k, \dots, \tilde{y}_{s'_k}^k = z_{m_{k+1}}\}$  and  $\{\tilde{y}_0^{k+1} = z_{m_{k+1}}, \tilde{y}_1^{k+1}, \dots, \tilde{y}_{s'_{k+1}}^{k+1} = z_{m_{k+2}}\}$  could overlap many times), we have the desired chain.  $\square$

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