# A PINCHING PROBLEM ON SUBMANIFOLDS WITH PARALLEL MEAN CURVATURE VECTOR FIELD IN A SPHERE 

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#### Abstract

Let $M^{n}$ be a closed oriented submanifold with nonzero parallel mean curvature vector field immersed into a unit sphere $S^{n+p}$. Denote by $S$ the square of the length of the second fundamental form. We consider a pinching problem on $S$. We give a pinching constant $C$ on $S$ which depends only on $n$ and $p$. It is better than one given by Xu [12]. When $p=1,2$ or $n \geq 8$, we show that it is the best possible among this kind of pinching constants. We also characterize those $M^{n}$ with $S=C$.


## 1. Introduction

Let $M^{n}$ be a closed oriented submanifold of dimension $n$ with parallel mean curvature vector field immersed into an $(n+p)$-dimensional unit sphere $S^{n+p}$. Denote by $H$ the mean curvature and by $S$ the square of the length of the second fundamental form. We propose to consider the pinching problem on $S$, that is, finding a constant $C$ such that, if $S<C$ on $M^{n}$, then $M^{n}$ is totally umbilical. The constant $C$ so obtained is called the pinching constant of $S$. Moreover, for any $\varepsilon>0$, if there exists an $M^{n}$ in $S^{n+p}$ such that $M^{n}$ is not totally umbilical and $C \leq S<C+\varepsilon$, we say that $C$ is the best possible pinching constant. It is known that, for a closed oriented submanifold of dimension $n$ with parallel mean curvature vector field immersed into an $(n+p)$-dimensional unit sphere $S^{n+p}$, it is totally umbilical if and only if it is an $n$-sphere in $S^{n+p}$.

When $M^{n}$ is minimal, Simons [11] obtained a pinching constant $n /(2-1 / p)$ of $S$ and showed that it can be attained. Chern-do Carmo-Kobayashi [3] and Lawson [6] classified those minimal submanifolds with $S=n /(2-1 / p)$ in $S^{n+p}$. When $p \geq 2$, Li's [7] improved Simons' pinching constant to $2 n / 3$, and showed that it can be attained only by Veronese surface in a totally geodesic $S^{4}$ of $S^{n+p}$.

The pinching problem on $S$ for submanifolds with parallel mean curvature vector field immersed into a sphere was firstly studied by Okumura [8, 9]. Up to now, there are many remarkable results obtained. The pinching constant depending on $H$ was firstly obtained by Okumura and improved by Alencar-do Carmo [1] (for $p=1$ ) and by Xu [13] (for $p \geq 1$ ). Since $H$ is a geometric
invariant depending on a specific immersion, it is meaningful to give a pinching constant independent of any specific immersions.

The pinching constant depending only on $n$ and $p$ was firstly obtained by Yau [14]. He proved that, for a closed submanifold $M^{n}$ with parallel mean curvature vector field immersed into $S^{n+p}, p>1$, if $S \leq n /\{3+\sqrt{n}-1 /(p-1)\}$, then $M^{n}$ lies in a totally geodesic $S^{n+1}$ of $S^{n+p}$. This result was improved by Xu [12], who showed that, under the same assumptions as above, if $S \leq$ $\min \{2 n /(1+\sqrt{n}), n /\{2-1 /(p-1)\}\}$, then $M^{n}$ lies in a totally geodesic $S^{n+1}$ of $S^{n+p}$. Furthermore, under additional assumptions, Xu [12] proved that $M^{n}$ is totally umbilical.

Among all the possible pinching constants depending only on $n$ and $p$, it is significant to find the best possible one. The author [5] showed that $2 \sqrt{n-1}$ is the best possible pinching constant depending on $n$ for $p=1$. In this paper, we will give a pinching constant $C$ of $S$ depending on $n$ and $p$. It is better than the one given by Xu [12]. When $p=1,2$ or $n \geq 8$, we assert that it is the best possible one among this kind of pinching constants. We also characterize those $M^{n}$ with $S=C$.

Precisely, we propose to prove the following theorems. Denote by $S^{n}(r)$ the standard $n$-dimensional sphere of radius $r$ and define $C$ by

$$
\begin{equation*}
C=\min \left\{2 \sqrt{n-1}, \frac{n}{1+(1 / 2) \operatorname{sgn}(p-2)}\right\} \tag{*}
\end{equation*}
$$

where $\operatorname{sgn}(\cdot)$ is the standard sign function. Then we have:
Theorem 1. Let $M^{n}$ be an oriented closed submanifold immersed into the unit sphere $S^{n+p}$, with nonzero parallel mean curvature vector field. If $S<C$, then $S$ is constant and $M^{n}$ is a small sphere $S^{n}(1 / \sqrt{1+S / n})$ in $S^{n+p}$.

Theorem 2. Let $M^{n}$ be an oriented closed submanifold immersed into the unit sphere $S^{n+p}$, with nonzero parallel mean curvature vector field. Suppose $n>2$ and $S=C$. Then:
(i) If $p=1,2$ or $n \geq 8$, then $C=2 \sqrt{n-1}$ and $M^{n}$ is either a small sphere $S^{n}\left(r_{0}\right)$ in $S^{n+p}$ or a torus $S^{1}(r) \times S^{n-1}(s)$ in a totally geodesic sphere $S^{n+1}$ of $S^{n+p}$, where $r_{0}^{2}=n /(n+2 \sqrt{n-1}), r^{2}=1 /(1+\sqrt{n-1})$ and $s^{2}=\sqrt{n-1} /(1+\sqrt{n-1})$;
(ii) If $p>2$ and $n \leq 7$, then $C=2 n / 3$ and $M^{n}$ is a small $n$-sphere $S^{n}(\sqrt{3 / 5})$ in $S^{n+p}$.

Theorem 3. (i) Let $M^{2}$ be an oriented closed surface immersed into the unit sphere $S^{2+p}$, with nonzero parallel mean curvature vector field. If $p>1$ and $S=C$, then $M^{2}$ is a small sphere $S^{2}(1 / \sqrt{2})(p=2)$ or $S^{2}(\sqrt{3 / 5})(p \geq 3)$ in $S^{2+p}$.
(ii) For any $\varepsilon>0$, there exists a pseudo-umbilical surface $M_{\varepsilon}^{2}$ in $S^{2+p}$ such that:
(a) $M_{\varepsilon}^{2}$ is not totally umbilical;
(b) $M_{\varepsilon}^{2}$ is one with nonzero parallel mean curvature vector field;
(c) $C<S_{\varepsilon}<C+\varepsilon$, where $S_{\varepsilon}$ is the square of the length of the second fundamental form of $M_{\varepsilon}^{2}$.

Corollary 2. Above theorems show that, when $p=1,2, n=2$ or $n \geq 8, C$ is the best possible pinching constant of $S$ depending only on $n$ and $p$.

We also get a result concerning Erbacher's problem discussed in [3].
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## 2. Formulas of Simons' type

Let $M^{n}$ be a closed oriented submanifold with nonzero parallel mean curvature vector field immersed into the unit sphere $S^{n+p}$. From now on, we identify $M^{n}$ with its immersed image and agree on the following index ranges:

$$
1 \leq i, j, k, \ldots \leq n ; \quad 1 \leq \alpha, \beta, \gamma, \ldots \leq p ; \quad q \leq A, B, C, \ldots \leq n+p
$$

Take a local orthonormal frame $\left\{e_{A}\right\}_{A=1}^{n+p}$ in $\mathscr{T}\left(S^{n+p}\right)$ on $M$ such that $\left\{e_{i}\right\}_{l=1}^{n}$ lies in the tangent bundle $\mathscr{T}(M)$ and $\left\{e_{\alpha}\right\}_{\alpha=n+1}^{n+p}$ in the normal bundle $\mathcal{N}(M)$. Let $\left\{\omega_{A}\right\}_{A=1}^{n+p}$ be the dual coframe of $\left\{e_{A}\right\}_{A=1}^{n+p}$. Let $\left(\omega_{A B}\right)_{A, B=1}^{n+p}$ denote the Riemannian connection matrix associated with $\left\{\omega_{A}\right\}_{A=1}^{n+p}$. Then $\left(\omega_{i j}\right)_{i, J=1}^{n}$ defines a Riemannian connection in $\mathscr{T}(M)$ and $\left(\omega_{\alpha \beta}\right)_{\alpha, \beta=n+1}^{n+p}$ defines a normal connection in $\mathcal{N}(M)$.

It follows that the second fundamental form of $M$ can be expressed as

$$
I I=\sum_{(i, \alpha)} \omega_{i} \otimes \omega_{i \alpha} \otimes e_{\alpha}=\sum_{(i, j, \alpha)} h_{i j}^{\alpha} \omega_{i} \otimes \omega_{j} \otimes e_{\alpha}
$$

where $\omega_{i \alpha}=\sum_{(j)} h_{i j}^{\alpha} \omega_{j}$ and $h_{i j}^{\alpha}=h_{j i}^{\alpha}$ for all $\alpha=n+1, \ldots, n+p$ and $i, j=1, \ldots, n$.
Denote $L_{\alpha}=\left(h_{i j}^{\alpha}\right)_{n \times n}$ and $H_{\alpha}=(1 / n) \sum_{(i)} h_{i i}^{\alpha}$ for $\alpha=n+1, \ldots, n+p$. Then the mean curvature vector field $\xi$ is expressed as $\xi=\sum_{(\alpha)} H_{\alpha} e_{\alpha}$. We denote by $H$ the length of $\xi$ and by $S$ the square of the length of the second fundamental form, i.e., $H=\|\xi\|$ and $S=\sum_{(\alpha, i, j)}\left(h_{i j}^{\alpha}\right)^{2}$. The Riemannian curvature tensor $\left\{R_{i j k l}\right\}$ and the normal curvature tensor $\left\{R_{\alpha \beta k l}\right\}$ are expressed as

$$
R_{i j k l}=\left(\delta_{i k} \delta_{j l}-\delta_{i l} \delta_{j k}\right)+h_{i k}^{\alpha} h_{j l}^{\alpha}-h_{i l}^{\alpha} h_{j k}^{\alpha}, \quad R_{\alpha \beta k l}=h_{k m}^{\alpha} h_{m l}^{\beta}-h_{l m}^{\alpha} h_{m k}^{\beta} .
$$

Define the first and the second covariant derivatives of $\left\{h_{i j}^{\alpha}\right\}$, say $\left\{h_{i j k}^{\alpha}\right\}$ and $\left\{h_{i j k l}^{\alpha}\right\}$ by

$$
\begin{gather*}
\nabla h_{i j}^{\alpha}=h_{i j k}^{\alpha} \omega_{k} \equiv d h_{i j}^{\alpha}+h_{m j}^{\alpha} \omega_{m i}+h_{i m}^{\alpha} \omega_{m j}+h_{i j}^{\beta} \omega_{\beta \alpha}  \tag{1}\\
\nabla h_{i j k}^{\alpha}=h_{i j k l}^{\alpha} \omega_{l} \equiv d h_{i j k}^{\alpha}+h_{m j k}^{\alpha} \omega_{m i}+h_{i m k}^{\alpha} \omega_{m j}+h_{i j m}^{\alpha} \omega_{m k}+h_{i j k}^{\beta} \omega_{\beta \alpha} . \tag{2}
\end{gather*}
$$

It follows from Ricci's identity that

$$
\begin{equation*}
h_{i j k}^{\alpha}=h_{i k j}^{\alpha}, \quad h_{i j k l}^{\alpha}-h_{i j l k}^{\alpha}=h_{m j}^{\alpha} R_{m i k l}+h_{i m}^{\alpha} R_{m j k l}+h_{i j}^{\beta} R_{\beta \alpha k l} . \tag{3}
\end{equation*}
$$

The Laplacian of $h_{i j}^{\alpha}$ is defined by $\Delta h_{i j}^{\alpha}=\sum_{(k)} h_{i j k k}^{\alpha}$. Using (3), we have

$$
\begin{aligned}
\Delta h_{i j}^{\alpha}= & h_{k m}^{\alpha} R_{m i j k}+h_{i m}^{\alpha} R_{m k j k}+h_{i k}^{\beta} R_{\beta \alpha j k} \\
= & h_{k m}^{\alpha}\left(\delta_{m j} \delta_{i k}-\delta_{m k} \delta_{i j}+h_{m j}^{\beta} h_{i k}^{\beta}-h_{m k}^{\beta} h_{i j}^{\beta}\right) \\
& +h_{i m}^{\alpha}\left(\delta_{m j} \delta_{k k}-\delta_{m k} \delta_{k j}+h_{m j}^{\beta} h_{k k}^{\beta}-h_{m k}^{\beta} h_{k j}^{\beta}\right) \\
& +h_{i k}^{\beta}\left(h_{j m}^{\beta} h_{m k}^{\alpha}-h_{k m}^{\beta} h_{m j}^{\alpha}\right) \\
= & n h_{i j}^{\alpha}-n H_{\alpha} \delta_{i j}+n H_{\beta} h_{i m}^{\alpha} h_{m j}^{\beta}-S_{\alpha \beta} h_{i j}^{\beta} \\
& +2 h_{i k}^{\beta} h_{k m}^{\alpha} h_{m j}^{\beta}-h_{i m}^{\alpha} h_{m k}^{\beta} h_{k j}^{\beta}-h_{i k}^{\beta} h_{k m}^{\beta} h_{m j}^{\alpha},
\end{aligned}
$$

where we denote $S_{\alpha \beta}=\sum_{(i, j)} h_{i j}^{\alpha} h_{i j}^{\beta}$ for $\alpha, \beta=n+1, \ldots, n+p$.
Define $N(A)=\sum_{(i, j)} a_{i j}^{2}$ for a matrix $A=\left(a_{i j}\right)_{i, j=1}^{n}$ and denote $S_{\alpha}=S_{\alpha \alpha}$ for all $\alpha$. Then we have, for every fixed $\alpha$,

$$
\begin{align*}
\sum_{(i, j)} h_{i j}^{\alpha} \Delta h_{i j}^{\alpha}= & n S_{\alpha}-n^{2} H_{\alpha}^{2}+n \sum_{(\beta)} H_{\beta} \operatorname{Tr}\left(L_{\alpha}^{2} L_{\beta}\right)-S_{n+1 \alpha}^{2}-\sum_{(\beta>n+1)} S_{\alpha \beta}^{2}  \tag{4}\\
& -N\left(L_{\alpha} L_{n+1}-L_{n+1} L_{\alpha}\right)-\sum_{(\beta>n+1)} N\left(L_{\alpha} L_{\beta}-L_{\beta} L_{\alpha}\right)
\end{align*}
$$

Choose $e_{n+1}$ to have the same direction as $\xi$ such that $\xi=H e_{n+1}$. Then we have

$$
\begin{equation*}
H_{n+1}=H ; \quad H_{\alpha}=0, \quad \alpha=n+2, \ldots, n+p . \tag{5}
\end{equation*}
$$

Since $\xi$ is nonzero and parallel, we have that $H \neq 0$ is constant and $e_{n+1}$ is parallel. It follows that $L_{n+1} L_{\alpha}=L_{\alpha} L_{n+1}$. From (4), we obtain

$$
\begin{align*}
\sum_{(i, j)} h_{i j}^{n+1} \Delta h_{i j}^{n+1}= & n S_{n+1}+n H \operatorname{Tr}\left(L_{n+1}\right)^{3}-n^{2} H^{2}-S_{n+1}^{2}-\sum_{(\beta>n+1)}\left(S_{n+1 \beta}\right)^{2}  \tag{6}\\
\sum_{(i, j)} h_{i j}^{\alpha} \Delta h_{i j}^{\alpha}= & n S_{\alpha}+n H \operatorname{Tr} L_{n+1}\left(L_{\alpha}\right)^{2}-\left(S_{n+1 \alpha}\right)^{2}-\sum_{(\beta>n+1)}\left(S_{\alpha \beta}\right)^{2} \\
& -\sum_{(\beta>n+1)} N\left(L_{\beta} L_{\alpha}-L_{\alpha} L_{\beta}\right), \quad \alpha>n+1
\end{align*}
$$

We recall that a submanifold is said to be pseudo-umbilical if the mean curvature vector field is nonzero and lies in an umbilical direction of the
fundamental form. Define $\tilde{S}_{n+1}$ by

$$
\begin{equation*}
\tilde{S}_{n+1}=\sum_{(i, j)}\left(h_{i j}^{n+1}-H \delta_{i j}\right)^{2} . \tag{**}
\end{equation*}
$$

It is easy to get the following
Lemma 1. Let $\tilde{S}_{n+1}$ be defined as in (**). Then $\tilde{S}_{n+1}=S_{n+1}-n H^{2} \geq 0$ and the equality holds if and only if $M^{n}$ is pseudo-umbilical.

We denote $f=\operatorname{Tr}\left(L_{n+1}\right)^{3}$ and $S_{I}=\sum_{(\beta>n+1)} S_{\beta}$. It follows from (6) that

$$
\begin{equation*}
\sum_{(i, j)} h_{i j}^{n+1} \Delta h_{i j}^{n+1}=n S_{n+1}+n H f-n^{2} H^{2}-S_{n+1}^{2}-\sum_{(\beta>n+1)}\left(S_{n+1 \beta}\right)^{2} . \tag{8}
\end{equation*}
$$

Using the same arguments as in [5], we have

$$
\begin{align*}
\sum_{(i, j)} h_{i j}^{n+1} \Delta h_{i j}^{n+1} \geq & \tilde{S}_{n+1}\left\{n-\left(\tilde{S}_{n+1}-n H^{2}\right)-\frac{n-2}{\sqrt{n-1}} H \sqrt{n \tilde{S}_{n+1}}\right\}  \tag{9}\\
& -\sum_{(\beta>n+1)}\left(S_{n+1 \beta}\right)^{2}
\end{align*}
$$

It follows from (5) that

$$
\begin{equation*}
\sum_{(\beta>n+1)}\left(S_{n+1 \beta}\right)^{2}=\sum_{(\beta>n+1)}\left\{\sum_{(i, j)}\left(h_{i j}^{n+1}-H \delta_{i j}\right) h_{i j}^{\beta}\right\}^{2} . \tag{10}
\end{equation*}
$$

By applying Schwarz's inequality to the right hand-side of (10), we have

$$
\begin{equation*}
\sum_{(\beta>n+1)}\left(S_{n+1 \beta}\right)^{2} \leq \tilde{S}_{n+1} S_{I} \tag{11}
\end{equation*}
$$

Substituting (11) into (9), we have

$$
\begin{align*}
\sum_{(i, j)} h_{i j}^{n+1} \Delta h_{i j}^{n+1} & \geq \tilde{S}_{n+1}\left\{n-\left(\tilde{S}_{n+1}-n H^{2}\right)-S_{I}-\frac{n-2}{\sqrt{n-1}} H \sqrt{n \tilde{S}_{n+1}}\right\}  \tag{12}\\
& =\tilde{S}_{n+1}\left\{n-\tilde{S}+n H^{2}-\frac{n-2}{\sqrt{n-1}} H \sqrt{n \tilde{S}_{n+1}}\right\} \\
& \geq \tilde{S}_{n+1}\left\{n-\tilde{S}+n H^{2}-\frac{n-2}{\sqrt{n-1}} H \sqrt{n \tilde{S}}\right\}
\end{align*}
$$

where $\tilde{S}=\tilde{S}_{n+1}+S_{I}=S-n H^{2}$.
Using the same arguments as in [5] to the last term of (12), we obtain

$$
\sum_{(i, j)} h_{i j}^{n+1} \Delta h_{i j}^{n+1} \geq \tilde{S}_{n+1}\left(n-\frac{n}{2 \sqrt{n-1}} S\right)
$$

It follows that

$$
\begin{equation*}
\frac{1}{2} \Delta S_{n+1}=\sum_{(i, j, k)}\left(h_{i j k}^{n+1}\right)^{2}+\sum_{(i, j)} h_{i j}^{n+1} \Delta h_{i j}^{n+1} \geq \tilde{S}_{n+1}\left(n-\frac{n}{2 \sqrt{n-1}} S\right) \tag{13}
\end{equation*}
$$

Taking integrations on both sides of (13) on $M^{n}$, we obtain

$$
\begin{equation*}
0 \geq \int_{M^{n}} \tilde{S}_{n+1}\left(n-\frac{n}{2 \sqrt{n-1}} S\right) \tag{14}
\end{equation*}
$$

If $S \leq 2 \sqrt{n-1}$, we have from (13), (14) and Hopf's Lemma that $S_{n+1}$ is constant and

$$
\tilde{S}_{n+1}\left(n-\frac{n}{2 \sqrt{n-1}} S\right)=0
$$

It follows from Lemma that $\tilde{S}_{n+1}$ is also a constant. Therefore we obtain the following

Proposition 1. Let $M^{n}$ be a closed submanifold immersed into a unit sphere $S^{n+p}$, with nonzero parallel mean curvature vector field. If $S \leq 2 \sqrt{n-1}$, then we have:
(i) $S=2 \sqrt{n-1}$; or
(ii) $\tilde{S}_{n+1}=0$ and $M^{n}$ is pseudo-umbilical.

If $M^{n}$ is not pseudo-umbilical, we have from (12) that $S_{I} \equiv 0$. It follows that $M^{n}$ lies in a totally geodesic sphere $S^{n+1}$ of $S^{n+p}$. From a result in [5], we get the following

Corollary 1. Under the same assumptions as in Proposition 1, we have:
(i) Suppose $n>2$. If $M^{n}$ is not pseudo-umbilical and $S \leq 2 \sqrt{n-1}$, then $S=2 \sqrt{n-1}$ and $M^{n}$ is a torus $S^{1}(r) \times S^{n-1}(s)$ in a totally geodesic sphere $S^{n+1}$ of $S^{n+p}$, where $r^{2}=1 /(1+\sqrt{n-1})$ and $s^{2}=\sqrt{n-1} /(1+\sqrt{n-1})$;
(ii) Suppose $n=2$. If $S \leq 2$, then $M^{2}$ is pseudo-umbilical.

Sketch of the proof of Corollary 1. (i) is obvious from [5]. To prove (ii), we need only to consider the case $S=2$. Supposing that $M^{2}$ is not umbilical, we have that $M^{2}$ can be immersed as a flat torus $S^{1}(r) \times S^{1}(s)$ into a totally geodesic sphere $S^{3}$ in $S^{p+2}$. But the only flat torus with $S=2$ in $S^{3}$ is the Clifford torus, which is minimal. This contradicts the assumption $H \neq 0$. We complete the proof.
Q.E.D.

From now on, we suppose that $M^{n}$ is pseudo-umbilical and $p \geq 2$. In this case, we know that $M^{n}$ can be minimally immersed into a hypersphere $S^{n+p-1}\left(1 / \sqrt{1+H^{2}}\right)$ of $S^{n+p}$.

Chen [2] proved the following classification result (see also Santos [10, pp. 411]): Let $M^{n}$ be a compact pseudo-umbilical submanifold of $S^{n+p}, p \geq 2$, with parallel mean curvature vector field. If $S \leq n\left(1+H^{2}\right) /\{2-1 /(p-1)\}$, then either (i) $S=0$ and $M^{n}$ is totally umbilical; or (ii) $S=n\left(1+H^{2}\right) /\{2-1 /(p-1)\}$ and $M^{n}$ is a minimal Clifford hypersurface in $S^{n+1}\left(1 / \sqrt{1+H^{2}}\right) \hookrightarrow S^{n+2}$ or $M^{2}$ is a Veronese surface in $S^{4}\left(1 / \sqrt{1+H^{2}}\right) \hookrightarrow S^{5}$.

We propose to give an improvement to this result.
Since $L_{n+1}=H I_{n}$ in this case, we have, from (10),

$$
\begin{equation*}
\sum_{(\beta>n+1)}\left(S_{n+1 \beta}\right)^{2}=0 \tag{15}
\end{equation*}
$$

It follows from (7) and (15) that

$$
\begin{equation*}
\sum_{(i, j ; \alpha>n+1)} h_{i j}^{\alpha} \Delta h_{i j}^{\alpha}=n\left(1+H^{2}\right) S_{I}-\sum_{(\alpha, \beta>n+1)}\left(S_{\alpha \beta}\right)^{2}-\sum_{(\alpha, \beta>n+1)} N\left(L_{\beta} L_{\alpha}-L_{\alpha} L_{\beta}\right) . \tag{16}
\end{equation*}
$$

We have to estimate the sum of the last two terms in the right-hand side of (16).
Li's [7] proved the following
Lemma 2. Let $A_{1}, A_{2}, \ldots, A_{q}$ be symmetric $(n \times n)$-matrices, where $q \geq 2$. We denote $S_{\alpha \beta}=\operatorname{Tr} A_{\alpha}^{T} A_{\beta}, S_{\alpha}=S_{\alpha \alpha}=N\left(A_{\alpha}\right)$ and $S=S_{1}+\cdots+S_{q}$. Then

$$
\begin{equation*}
\sum_{(\alpha, \beta)} S_{\alpha \beta}^{2}+\sum_{(\alpha, \beta)} N\left(A_{\beta} A_{\alpha}-A_{\alpha} A_{\beta}\right) \leq \frac{3}{2} S^{2} \tag{17}
\end{equation*}
$$

and the equality holds if and only if one of the following conditions holds:
(i) $A_{1}=\cdots=A_{q}=0$;
(ii) only two of the matrices $A_{1}, A_{2}, \ldots, A_{q}$ are different from zero. Moreover, assuming $A_{1} \neq 0, A_{2} \neq 0$ and $A_{3}=\cdots=A_{q}=0$, we have $S_{1}=S_{2}$ and there exists an orthogonal $(n \times n)$-matrix $U$ such that

$$
U A_{1} U^{T}=\sqrt{\frac{S_{1}}{2}}\left(\begin{array}{cc|c}
1 & 0 & 0 \\
0 & -1 & 0 \\
\hline 0 & & 0
\end{array}\right), \quad U A_{2} U^{T}=\sqrt{\frac{S_{1}}{2}}\left(\begin{array}{cc|c}
0 & 1 & 0 \\
1 & 0 & 0 \\
\hline 0 & 0
\end{array}\right)
$$

Together with the case $q=1$, we obtain

$$
\begin{equation*}
\sum_{(\alpha, \beta)} S_{\alpha \beta}^{2}+\sum_{(\alpha, \beta)} N\left(A_{\beta} A_{\alpha}-A_{\alpha} A_{\beta}\right) \leq[1+(1 / 2) \operatorname{sgn}(q-1)] S^{2} \tag{18}
\end{equation*}
$$

Replacing $A_{\alpha}$ 's in (18) by $L_{\beta}$ 's with $\beta>n+1$, we have

$$
\sum_{(\alpha, \beta<n+1)} S_{\alpha \beta}^{2}+\sum_{(\alpha, \beta>n+1)} N\left(L_{\beta} L_{\alpha}-L_{\alpha} L_{\beta}\right) \leq[1+(1 / 2) \operatorname{sgn}(p-2)] S_{I}^{2}
$$

Substituting above inequality into (16), we obtain

$$
\sum_{(i, j ; \alpha>n+1)} h_{i j}^{\alpha} \Delta h_{i j}^{\alpha} \geq S_{I}\left\{n\left(1+H^{2}\right)-[1+(1 / 2) \operatorname{sgn}(p-2)] S_{I}\right\}
$$

It follows that

$$
\begin{align*}
\frac{1}{2} \Delta S_{I} & =\sum_{(i, j ; k ; \alpha>n+1)}\left(h_{i j k}^{\alpha}\right)^{2}+\sum_{(i, j ; \alpha>n+1)} h_{i j}^{\alpha} \Delta h_{i j}^{\alpha}  \tag{19}\\
& \geq S_{I}\left\{n\left(1+H^{2}\right)-[1+(1 / 2) \operatorname{sgn}(p-2)] S_{I}\right\} .
\end{align*}
$$

Using (19), we can improve Chen's result as follows:
Proposition 2. Let $M^{n}$ be a closed pseudo-umbilical submanifold with nonzero parallel mean curvature vector field immersed into a unit sphere $S^{n+p}$ with $p \geq 2$. Then $M^{n}$ can be minimally immersed into a hypersphere $S^{n+p-1}\left(1 / \sqrt{1+H^{2}}\right)$ in $S^{n+p}$. Furthermore, if $S_{I} \leq n\left(1+H^{2}\right) /[1+(1 / 2) \operatorname{sgn}(p-2)]$, we have:
(i) $S_{I}=0$ and $M^{n}$ is a small sphere $S^{n}\left(1 / \sqrt{1+H^{2}}\right)$ in $S^{n+p}$;
(ii) $S_{I}=n\left(1+H^{2}\right)$ and $M^{n}$ is a Clifford torus $S^{k}(r) \times S^{n-k}(s)$ in a hypersphere $S^{n+1}\left(1 / \sqrt{1+H^{2}}\right)$ in a totally geodesic sphere $S^{n+2}$ of $S^{n+p}$;
(iii) $S_{I}=(4 / 3)\left(1+H^{2}\right)$ and $M^{2}$ is the Veronese surface in a hypersphere $S^{4}\left(1 / \sqrt{1+H^{2}}\right)$ in a totally geodesic sphere $S^{5}$ of $S^{n+p}$.

Proof. It is clear that $M^{n}$ can be minimally immersed into a hypersphere $S^{n+p-1}\left(1 / \sqrt{1+H^{2}}\right)$ in $S^{n+p}$. Let us prove assertions (i)-(iii).

First, we have to show that (19) works on the reduced immersion.
Recall that the normal connection matrix of $M^{n}$ in $S^{n+p}$ is $\left(\omega_{\alpha}\right)_{\alpha, \beta=n+1}^{n+p}$. Hence the normal connection matrix of $M^{n}$ in $S^{n+p-1}\left(1 / \sqrt{1+H^{2}}\right)$ can be expressed as $\left(\omega_{\alpha \beta}\right)_{\alpha, \beta=n+2}^{n+p}$ and the square of the length of the second fundamental form of $M^{n}$ in $S^{n+p-1}\left(1 / \sqrt{1+H^{2}}\right)$ is the same as the $S_{I}$ of $M^{n}$ in $S^{n+p}$. On the other hand, we have $\omega_{n+1 \alpha}=0, \alpha=n+1, \ldots, n+p$, since the mean curvature vector field $\xi=H e_{n+1}$ is parallel in the normal bundle $\mathscr{N}(M)$. Hence the covariant derivatives of $\left\{h_{i j}^{\alpha}\right\}$ in $S^{n+p-1}\left(1 / \sqrt{1+H^{2}}\right)$ are the same as that of $\left\{h_{i j}^{\alpha}\right\}$ in $S^{n+p}$. And so is the Laplacian of $\left\{h_{i j}^{\alpha}\right\}$.

Therefore (19) can also be considered as being computed on the minimal immersion from $M^{n}$ into $S^{n+p-1}\left(1 / \sqrt{1+H^{2}}\right)$ of constant curvature ( $1+H^{2}$ ).

Taking integration on both-sides of (19) on $M^{n}$, we have

$$
0 \geq \int_{M^{n}} S_{I}\left\{n\left(1+H^{2}\right)-[1+(1 / 2) \operatorname{sgn}(p-2)] S_{I}\right\}
$$

From (19') and the assumption, we have $S_{I}=0$ or $S_{I}=n\left(1+H^{2}\right) /$ $[1+(1 / 2) \operatorname{sgn}(p-2)]$, on $M^{n}$. Assertion (i) follows directly from $S_{I}=0$. If
$p=2$, then $S_{I}=n\left(1+H^{2}\right)$. Assertion (ii) follows from the result of Cherndo Carmo-Kobayashi [3]. If $p \geq 3$, then $S_{I}=(4 / 3)\left(1+H^{2}\right)$. Following the same arguments as in Li's [7], we obtain assertion (iii). This completes the proof.

Remark 1. From (19'), we can immediately get

$$
\begin{equation*}
0 \geq \int_{M^{n}} S_{I}\{n-[1+(1 / 2) \operatorname{sgn}(p-2)] S\} \tag{20}
\end{equation*}
$$

which will be used in next section.

## 3. Proof of the theorems

Let $C$ be defined as in (*). It is easy to see that

$$
4(n-1)-\frac{4}{9} n^{2}=-\frac{4}{9}[(n-2)(n-7)-5] \begin{cases}>0, & 2 \leq n \leq 7 \\ <0, & 8 \leq n\end{cases}
$$

Therefore we have

$$
C=\left\{\begin{array}{ll}
2 \sqrt{n-1}, & p=2 \quad \text { or } 8 \leq n  \tag{21}\\
2 n / 3, & p>2
\end{array} \quad \text { and } 2 \leq n \leq 7 .\right.
$$

If $S<C$, then $S<2 \sqrt{n-1}$. From Proposition 1 , we have that $M^{n}$ is pseudo-umbilical. In this case, it follows from (20) that $S_{I} \equiv 0$. Hence $S=$ $S_{I}+n H^{2}=n H^{2}$. Using Proposition 2, we can see that $M^{n}$ is a small sphere $S^{n}(1 / \sqrt{1+S / n})$ in $S^{n+p}$.

Therefore we obtain the following
Theorem 1. Let $M^{n}$ be an oriented closed submanifold immersed into the unit sphere $S^{n+p}$, with nonzero parallel mean curvature vector field. If $S<C$, then $S$ is constant and $M^{n}$ is a small sphere $S^{n}(1 / \sqrt{1+S / n})$ in $S^{n+p}$.

Now let us consider the case that $M^{n}$ is one with $S=C$.
Case 1. Suppose $n>2$. If $p=2$ or $n \geq 8$, then $C=2 \sqrt{n-1}<n /$ $[1+1 / 2 \operatorname{sgn}(p-2)]$. From (20) we have $S_{I} \equiv 0$. If $M^{n}$ is not pseudo-umbilical, it follows from Corollary 1 that $M^{n}$ is a torus $S^{1}(r) \times S^{n-1}(s)$ in a totally geodesic sphere $S^{n+1}$ of $S^{n+p}$ where $r^{2}=1 /(1+\sqrt{n-1})$ and $s^{2}=\sqrt{n-1} /(1+\sqrt{n-1})$. If $M^{n}$ is pseudo-umbilical, it follows from Proposition 2 that $M^{n}$ is a small sphere $S^{n}\left(r_{0}\right)$ in $S^{n+p}$ where $r_{0}^{2}=n /(n+2 \sqrt{n-1})$.

If $p>2$ and $n \leq 7$, we have $C=n /[1+1 / 2 \operatorname{sgn}(p-2)]<2 \sqrt{n-1}$. Therefore $M^{n}$ is pseudo-umbilical. In this case $S_{I}<S=2 n / 3<n\left(1+H^{2}\right) /$ $[1+1 / 2 \operatorname{sgn}(p-2)]$. It follows from Proposition 2 that $S_{I}=0$ and $M^{n}$ is a small sphere $S^{n}(\sqrt{3 / 5})$ in $S^{n+p}$.

From the above discussions plus the case $p=1$, we obtain the following
Theorem 2. Let $M^{n}$ be an oriented closed submanifold immersed into the unit sphere $S^{n+p}$, with nonzero parallel mean curvature vector field. Suppose $n>2$ and $S=C$. Then:
(i) If $p=1,2$ or $n \geq 8$, then $C=2 \sqrt{n-1}$ and $M^{n}$ is either a small sphere $S^{n}\left(r_{0}\right)$ in $S^{n+p}$ or a torus $S^{1}(r) \times S^{n-1}(s)$ in a totally geodesic sphere $S^{n+1}$ of $S^{n+p}$, where $r_{0}^{2}=n /(n+2 \sqrt{n-1}), r^{2}=1 /(1+\sqrt{n-1})$ and $s^{2}=\sqrt{n-1} /(1+\sqrt{n-1})$;
(ii) If $p>2$ and $n \leq 7$, then $C=2 n / 3$ and $M^{n}$ is a small $n$-sphere $S^{n}(\sqrt{3 / 5})$ in $S^{n+p}$.

Case 2. Suppose $n=2$ and $p \geq 2$. If $p=2$, then $C=2<2\left(1+H^{2}\right)$. From (i) of Proposition 2 we have that $M^{2}$ is a sphere $S^{2}(1 / \sqrt{2})$.

If $p>2$, then $C=4 / 3<2$. It follows from Corollary 1 that the $M^{2}$ with $S=C$ is pseudo-umbilical. Thus $M^{2}$ can be minimally immersed into a hypersphere $S^{p+1}\left(1 / \sqrt{1+H^{2}}\right)$ of $S^{p+2}$. Note that $S_{I}<S=4 / 3<4\left(1+H^{2}\right) / 3$. From (i) of Proposition 2 we have that $M^{2}$ is a sphere $S^{2}(\sqrt{3 / 5})$.

For an arbitrary $\varepsilon>0$, we can choose $H_{\varepsilon}$ small enough such that

$$
\left(1+1 /\left[1+\frac{1}{2} \operatorname{sgn}(p-2)\right]\right) \cdot 2 H_{\varepsilon}^{2}<\varepsilon .
$$

Then we have

$$
C<S_{\varepsilon}=S_{I}+2 H_{\varepsilon}^{2}=2\left(1+H_{\varepsilon}^{2}\right) /\left[1+\frac{1}{2} \operatorname{sgn}(p-2)\right]+2 H_{\varepsilon}^{2}<C+\varepsilon .
$$

From (ii) of Proposition 2, we can see that the only minimal surface with $S_{I}=2\left(1+H_{\varepsilon}^{2}\right)$, in a hypersphere $S^{3}\left(1 / \sqrt{1+H_{\varepsilon}^{2}}\right)$ of a totally geodesic sphere $S^{4}$ of $S^{2+p}$, is the Clifford torus $S^{1}\left(1 / \sqrt{2\left(1+H_{\varepsilon}^{2}\right)}\right) \times S^{1}\left(1 / \sqrt{2\left(1+H_{\varepsilon}^{2}\right)}\right)$. From (iii) of Proposition 2, we can see that the only minimal surface with $S_{I}=$ $4\left(1+H_{\varepsilon}^{2}\right) / 3$, in a hypersphere $S^{4}\left(1 / \sqrt{1+H_{\varepsilon}^{2}}\right)$ of a totally geodesic sphere $S^{5}$ of $S^{2+p}$, is the Veronese surface.

Therefore we obtain the following.
Theorem 3. (i) Let $M^{2}$ be an oriented closed surface immersed into the unit sphere $S^{2+p}$, with nonzero parallel mean curvature vector field. If $p>1$ and $S=C$, then $M^{2}$ is a small sphere $S^{2}(1 / \sqrt{2})(p=2)$ or $S^{2}(\sqrt{3 / 5})(p \geq 3)$ in $S^{2+p}$.
(ii) For any $\varepsilon>0$, there exists a pseudo-umbilical surface $M_{\varepsilon}^{2}$ in $S^{2+p}$ such that:
(a) $M_{\varepsilon}^{2}$ is not totally umbilical;
(b) $M_{\varepsilon}^{2}$ is one with nonzero parallel mean curvature vector field;
(c) $C<S_{\varepsilon}<C+\varepsilon$, where $S_{\varepsilon}$ is the square of the length of the second fundamental form of $M_{\varepsilon}^{2}$.

Therefore we can claim our desired conclusion:

Corollary 2. Above theorems show that, when $p=1,2, n=2$ or $n \geq 8$, $C$ is the best possible pinching constant of $S$ depending only on $n$ and $p$.

Erbacher [4] suggested the following problem:
When can we reduce the codimension of an isometric immersion into a space form of constant curvature?
and got a result under an assumption on the first normal space of the isometric immersion.

From Theorems $1-3$, we can get the following
Proposition 3. Let $M^{n}$ be a closed submanifold immersed into the unit sphere $S^{n+p}$ with nonzero parallel mean curvature vector field. If $S \leq C$, then the codimension $p$ of $M^{n}$ can be reduced to one.

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