Remarks on a geometric constant of Yau

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§ 1. Introduction.

Let M be a compact m-dimensional Riemannian manifold with or without boundary. In [2], Yau defines an isoperimetric constant I(M) as follows: $I(M) = \inf \frac{\operatorname{Vol}(\partial M_1 \cap \partial M_2)}{\min \left(\operatorname{Vol} M_1, \operatorname{Vol} M_2\right)}, \text{ the infimum being taken over all decompositions } M = M_1 \cup M_2 \text{ with } \operatorname{Vol}(M_1 \cap M_2) = 0. \text{ By standard methods, Yau shows that}$

$$(1) I(M) = \inf \left\{ \int_{M} |\nabla f| / \inf_{\beta \in R} \int_{M} |f - \beta| \mid f \in C^{1}(M) \right\}.$$

I(M) is useful for estimating eigenvalues of the Laplacian from below. In this note we wish to investigate and clarify a geometric quantity ω associated to M (and defined below) that arises in trying to estimate I(M). At each $p \in M$, consider a subset \mathcal{R} of $T_p^1 M$ with the following property: The set of all points of M reachable by minimal geodesics from p with initial direction in \mathcal{R} has volume equal to or greater than $\operatorname{Vol} M/2$. Then ω_p is equal to the infimum of the (m-1)-dimensional areas of all such \mathcal{R} and $\omega = \inf_{p \in M} \omega_p$. Let $\alpha_{m-1} = (m-1)$ -dimensional area of $S^{m-1} \subset \mathbb{R}^m$. Clearly $0 < \omega/\alpha_{m-1} \le 1/2$ and for $M = S^m$, $\omega = \omega_p = \alpha_{m-1}/2$. One estimate we make is contained in the following proposition.

PROPOSITON 1. Suppose the Ricci curvature of M is equal to or greater than $(m-1)a^2$. Then for all $p \in M$

$$\omega_p/\alpha_{m-1} \ge \omega/\alpha_{m-1} \ge (1/2)V(a, d(M))^{-1} \cdot \operatorname{Vol}(M)$$
.

Here $V(a, \rho)$ is the volume of the solid ball of radius ρ in the space form of constant curvature a^2 , (a may be a real positive or a purely imaginary number) and d(M) is the diameter of M. The proof of Proposition 1 follows in § 3.

§ 2. To begin with, for $p \in M$ let (r, θ) denote polar coordinates on T_pM ; $\theta \in T_p^1M$, $r \ge 0$. For each $\theta \in T_p^1M$, let $r(\theta)$ be the distance to the cut locus of

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p in the direction θ . Let

$$D_p = \{(r, \theta) \mid \theta \in T_p^1 M, 0 \leq r \leq r(\theta)\}$$
.

For a set $E \subset T_pM$, define the following associated sets

$$S_p(E) = \{\theta \in T_p^1 M \mid \exists \bar{r} \leq r(\theta), \exists (\bar{r}, \theta) \in E\}$$

$$C_{p}(E) = \{(r, \theta) \mid \theta \in \mathcal{S}_{p}(E), 0 \leq r \leq r(\theta)\}.$$

Within the set D_p , $C_p(E)$ may be thought of as the cone over $\mathcal{S}_p(E)$ and $\mathcal{S}_p(E)$ itself is the set of directions in which points of E are first visible. Let $\omega_p(E)$ denote the (m-1)-dimensional volume of $\mathcal{S}_p(E) \subset T_p^1 M$. Yau defines

$$\omega = \inf \{ \omega_p(E) \mid p \in M, \operatorname{Vol}(\exp_p(E)) \ge \operatorname{Vol}(M/2) \}.$$

We note that in fact

$$\omega = \inf \{ \omega_p(C_p(E)) \mid p \in M, \operatorname{Vol}(\exp_p(C_p(E))) \ge \operatorname{Vol}(M/2) \}.$$

Therefore

$$\omega\!=\!\inf_{p\in M}\omega_p, \text{ where }\omega_p\!=\!\inf\{\operatorname{Vol}_{m-1}(\mathcal{R})\mid \mathcal{R}\!\subset\!T_p^1M, \operatorname{Vol}(\exp C_p(\mathcal{R}))\!\!\geq\!\!\operatorname{Vol}M/2\}.$$

Intuitively ω_p/α_{m-1} is the smallest proportion of the unit sphere of T_pM necessary to "view" at least half of M.

LEMMA 1. Let h be a C^1 function on M. If $Vol(h^{-1}(0)) \ge VolM/2$,

(2)
$$\int_{M} |h| \leq \int_{M} |\nabla h| \cdot (\omega/\alpha_{m-1})^{-1} d(M).$$

PROOF. If we define $(r, \theta) := \exp_p(r, \theta)$, then formulae (6.9) and (6.10) of [2], page 502 combine to give

$$\int_{M} |h| \leq \left(\int_{M} |\nabla h| \right) \cdot \sup_{p \in M} \int_{T_{n}^{1}M} \int_{0}^{r(\theta)} \left[\omega_{(r,\theta)}(\exp_{(r,\theta)}^{-1}(h^{-1}(0))) \right]^{-1} dr d\theta.$$

Therefore

$$\int_{\mathbf{M}} |h| \leq \left(\int_{\mathbf{M}} |\nabla h| \right) (\omega/\alpha_{m-1})^{-1} \int_{0}^{r(\theta)} dr \leq \left(\int_{\mathbf{M}} |\nabla h| \right) (\omega/\alpha_{m-1})^{-1} \cdot d(M). \quad \text{q. e. d.}$$

Proposition 2. If M is compact and $\partial M = \emptyset$, then

$$\lambda_1 = \inf_{\int_{\mathbf{w}} f = 0} \left(\int |\nabla f|^2 / \int f^2 \right) \ge 1/4 (\omega / \alpha_{m-1})^2 d(M)^{-2}.$$

PROOF. (Similar to [2], (5.5).) Given $f \in C^1(M)$, there always exists a constant β_0 such that both $\operatorname{Vol} f^{-1}([\beta_0, \infty))$ and $\operatorname{Vol} f^{-1}((-\infty, \beta_0])$ are equal to or greater than $\operatorname{Vol} M/2$. By the previous lemma applied repeatedly to $(f^+)^2$ and $(f^-)^2$, where

$$f^{+}(x) = \max\{f(x) - \beta_{0}, 0\}$$

 $f^{-}(x) = -\min\{f(x) - \beta_{0}, 0\},$

we have

$$\begin{split} \int_{M} |f - \beta_{0}|^{2} & \leq \int_{M} (f^{+})^{2} + (f^{-})^{2} + 2f^{+}f^{-} = \int_{M} (f^{+})^{2} + (f^{-})^{2} \\ & \leq (\omega/\alpha_{m-1})^{-1} d(M) \cdot 2 \int_{M} f^{+} |\nabla f^{+}| + f^{-} |\nabla f^{-}| \\ & = 2(\omega/\alpha_{m-1})^{-1} d(M) \int_{M} (f^{+} + f^{-}) |\nabla (f^{+} + f^{-})| \\ & = 2(\omega/\alpha_{m-1})^{-1} d(M) \int_{M} |f - \beta_{0}| |\nabla (f - \beta_{0})| \\ & \leq 2(\omega/\alpha_{m-1})^{-1} d(M) \left(\int_{M} |f - \beta_{0}|^{2} \right)^{1/2} \left(\int_{M} |\nabla f|^{2} \right)^{1/2}. \end{split}$$

Hence
$$\int_{M} |f - \beta_{0}|^{2} / \int_{M} |\nabla f|^{2} \leq 4 (\omega / \alpha_{m-1})^{-2} d(M)^{2}$$
. But if $\int_{M} f = 0$, then $\int_{M} |f - \beta_{0}|^{2} \geq \int_{M} f^{2}$.

The calculations of the previous lemma and proposition imply the following.

Proposition 3. (Yau) Let $f \in C^1(M)$, then

$$\left(\int_{M} |\nabla f|^{2}\right)^{1/2} \ge I(M) / 2 \left(\int_{M} |f - \beta_{0}|^{2}\right)^{1/2}$$
,

where β_0 is as in the previous proposition.

§ 3. We now prove Proposition 1. Let $\mathcal{R} \subset T_p^1(M)$ satisfy $\operatorname{Vol} M/2 \leq \operatorname{Vol} (\exp_p(C_p\mathcal{R}))$. If dV is the volume element of M, we may write, in terms of the coordinate system $(r, \theta) \in D_p \to \exp_p(r, \theta)$,

$$dV = \sqrt{g_p(r, \theta)} r^{n-1} dr d\theta$$
.

Then

$$Vol M/2 \leq \int_{\mathcal{R}} \int_0^{r(\theta)} \sqrt{g_{p}(r, \theta)} r^{m-1} dr d\theta.$$

Since Ric $M \ge (m-1)a^2$,

(3)
$$\sqrt{g_p(r,\theta)} \leq \left[\frac{\sin ar}{ar}\right]^{m-1},$$

where we use the complex extension of sin if $a^2 < 0$, and consider $(\sin ar)/ar = 1$ if a = 0, (see [1], pp. 253-257). Consequently,

$$\operatorname{Vol} M/2 \leq \int_{\mathcal{R}} \int_{0}^{d(M)} \left[\frac{\sin ar}{ar} \right]^{m-1} r^{m-1} dr d\theta$$

$$\leq \left(\operatorname{Vol}_{m-1}(\mathcal{R}) / \alpha_{m-1} \right) \alpha_{m-1} \int_{0}^{d(M)} \left[\frac{\sin ar}{ar} \right]^{m-1} r^{m-1} dr.$$

Therfore

$$(4) \qquad \text{Vol} M/2 \leq (\omega_p/\alpha_{m-1})\alpha_{m-1} \int_0^{d(M)} \left[\frac{\sin ar}{ar} \right]^{m-1} r^{m-1} dr \leq (\omega_p/\alpha_{m-1}) \cdot V(\alpha, d(M)).$$

COROLLARY 1. If M is a compact Riemannian manifold with $\partial M = \emptyset$ on which $\text{Ric}(M) \geq (m-1)a^2$, then

$$\lambda_1 \ge \frac{1}{16} (\text{Vol}M/V(a, d(M)))^2 d(M)^{-2}.$$

If in addition the sectional curvature of M is bounded above by b^2 ,

$$\lambda_1 \ge \frac{1}{16} \left(\frac{V(b, r)}{V(a, d(M))} \right)^2 d(M)^{-2},$$
 where $r = maximum$ injectivity radius of M .

§4. We conclude with a proposition which provides a lower bound for I(M) in terms of d(M) and ω . As a corollary to this proposition, we have a Theorem of Yau giving a lower bound for I(M) on a closed manifold M with Ricci curvature bounded from below.

PROPOSITION 4. Suppose M is compact without boundary. Then

$$(5) I(M) \ge d(M)^{-1} \cdot \omega / \alpha_{m-1}.$$

COROLLARY 2. (Yau). If M is as in Proposition 4 and also has Ricci curvature bounded below by $(m-1)a^2$, then

(6)
$$I(M) \ge \operatorname{Vol} M/2 \left[d(M) \alpha_{m-1} \int_0^{d(M)} \left[\frac{\sin ar}{a} \right]^{m-1} dr \right]^{-1}.$$

PROOF. Let $f \in C^1(M)$ and choose β_0 as in the proof of Proposition 2. Then the functions

$$f^{+} = \max\{f(x) - \beta_0, 0\}$$

and

$$f = -\min\{f(x) - \beta_0, 0\}$$

both satisfy the hypothesis of Lemma 1, namely

$$Vol((f^+)^{-1}(0)) \ge Vol M/2$$

$$Vol((f^{-})^{-1}(0)) \ge Vol M/2$$
.

Moreover f^+ and f^- are C^1 except on a set of measure zero on which f^+ and

 f^- both vanish. The conclusion of Lemma 1 clearly holds for these functions. Now

$$f - \beta_0 = f^+ - f^-$$

$$|f - \beta_0| = f^+ + f^- = |f^+| + |f^-|$$

$$|\nabla f| = |\nabla f^+ - \nabla f^-| = |\nabla f^+| + |\nabla f^-|$$

and

almost everywhere. By (2) together with the above equalities we have

$$\begin{split} \int_{M} |f - \beta_{0}| &= \int_{M} |f^{+}| + \int_{M} |f^{-}| \\ &\leq \left(\int_{M} |\nabla f^{+}| + \int_{M} |\nabla f^{-}| \right) (\omega / \alpha_{m-1})^{-1} d(M) \\ &= \left(\int |\nabla f| \right) (\omega / \alpha_{m-1})^{-1} d(M) \,. \end{split}$$

Thus

(7)
$$\int_{M} |\nabla f| / \left(\inf_{\beta \in \mathbb{R}} \cdot \int_{M} |f - \beta| \right) \ge (\omega / \alpha_{m-1}) d(M)^{-1}.$$

By using equation (1) we conclude that

$$I(M) \ge d(M)^{-1} \cdot \omega / \alpha_{m-1}$$
.

This proves the proposition. We now prove Corollary 2. If $Ric(M) \ge (m-1)a^2$, then estimate (3) holds and we may use the estimate (4) in the proof of Proposition 1 to conclude that

(8)
$$\omega/\alpha_{m-1} \ge \operatorname{Vol} M/2 \left[\alpha_{m-1} \int_0^{d(M)} \left[\frac{\sin ar}{a}\right]^{m-1} dr\right]^{-1}.$$

Combined with (5) this proves (6).

References

- [1] R. Bishop and R. Crittenden, Geometry of Manifolds, Academic Press, New York, 1964.
- [2] Shing-Tung Yau, Isoperimetric constants and the first eigenvalue of a compact Riemannian manifold, Ann. Sci. École Norm. Sup., 4, 8 (1975), 487-507.

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